

Lead Agency: Health Department

Program Contact: Jessica Guernsey

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: In Target

Executive Summary

Early Childhood Home Based Services provides evidence based home visiting programs to first birth parents and children. The goal is to assure that children at risk for poor health outcomes receive the support, education and resources needed to achieve optimal health during the critical early years of life. These programs include Nurse Family Partnership (NFP) and Healthy Families America (Healthy Start of Oregon). We expect to screen approximately 2,200 first birth families for eligibility for home visiting services, and to enroll approximately 400 families in NFP and over 600 families in Healthy Start.

Program Description

Voluntary home visiting programs have demonstrated positive changes in parenting practices, gains in child growth and development, increased readiness for school, reductions in incidences of child abuse and neglect, low birth weight and pre-maturity, and improvements in health outcomes for mothers. The programs target high risk families, including pregnant teens and racial and ethnic groups experiencing health disparities. Low income, single, first birth parents benefit the most from these interventions which help establish positive lifelong parenting practices. Long term benefits to the county include healthy children ready to learn, a healthier work force, and decreased costs related to school failure, juvenile crime, and chronic disease.

The Nurse Family Partnership Program (NFP) is offered to first-time low income pregnant women. Services begin in early pregnancy and follow families up to their child's second birthday. NFP evaluations demonstrate improved prenatal outcomes, fewer subsequent births, increased intervals between births, increased rates of breast feeding, and fewer childhood injuries. Research on the long-term benefits for children receiving NFP services has shown at age 15 they are more likely to be in school, and less likely to be in the criminal justice system. The mothers who received NFP services commonly do not have high school diplomas, employment and/or public assistance.

Healthy Start is a state wide program also serving first birth families with the overall goals to reduce child abuse/neglect, improve school readiness and promote healthy growth and development of young children up to age three years. Last year over 2,200 families received screening at the time of birth and over 700 families were referred into home visiting services. Healthy Start follows the "Healthy Families America (HFA)" model of home visiting--a best practice model delivered by highly trained staff through community-based agencies. These agencies currently include IRCO (Immigrant and Refugee Community organization), Impact NW and Insights Teen parent program. Nurse consultants provide additional health support to families and staff at these agencies. Through a a continuing HRSA Maternal Infant and Early Childhood Home Visiting grant, we have served an additional 50 pregnant and parenting teens of color through our Healthy Start Teen Insights program and added funding to Early Head Start programs at Albina, Mt. Hood and Oregon Child Development Coalition.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	% of infants 0-12 months with developmental screening	61.0%	75.0%	63.0%	63.0%
Outcome	% of mothers enrolled in NFP services who are breastfeeding at 6 months	52.0%	50.0%	50.0%	50.0%
Quality	% of clients completing survey who are very satisfied/satisfied with services*	98.0%	98.0%	95.0%	95.0%
Output	% of Healthy Start parents who report reading to /with child at least 3X/week	94.0%	95.0%	93.0%	94.0%

Performance Measure - Description

*Performance measure designed to obtain client input on services offered by measuring client satisfaction.

Legal/Contractual Obligation

Nurse Family Partnership (NFP) complies with contractual program guidelines set forth by the NFP National Service Office to assure fidelity to the model. Healthy Start must comply with Healthy Families America (HFA) credentialing requirements and the state OCCF Healthy Start contract requirements. Failure to comply may result in disaffiliation with HFA and withholding of funding. OMB Circular A-87, LPHA State/Federal Program Requirements, FQHC Rulebook OAR 410-147-0595, MCM OAR 410-130-0595, TCM OAR 410-138-0000 through 410-138-0420, Title V/Maternal Child Health.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2013	2013	2014	2014
Personnel	\$1,796,316	\$1,795,625	\$2,451,643	\$1,250,007
Contracts	\$1,590,412	\$1,118,307	\$541,160	\$1,319,964
Materials & Supplies	\$92,205	\$84,934	\$101,384	\$48,690
Internal Services	\$218,414	\$315,914	\$264,406	\$311,026
Total GF/non-GF:	\$3,697,347	\$3,314,780	\$3,358,593	\$2,929,687
Program Total:	\$7,012,127		\$6,288,280	
Program FTE	16.15	16.80	20.95	11.90
Program Revenues				
Indirect for dep't Admin	\$122,164	\$0	\$101,613	\$0
Fees, Permits & Charges	\$0	\$666,297	\$0	\$0
Intergovernmental	\$0	\$2,648,483	\$0	\$2,896,171
Other / Miscellaneous	\$0	\$0	\$0	\$33,516
Total Revenue:	\$122,164	\$3,314,780	\$101,613	\$2,929,687

Explanation of Revenues

The Nurse Family Partnership Program (NFP) is funded by county general fund, and Medicaid fees from: 1) Maternity Case Management (MCM) home visits conducted from pregnancy through two months postpartum and 2) Targeted Case Management (TCM) for infants and children up to age 5 years.

NFP Revenue Summary--Medicaid MCM: \$422,466; Medicaid TCM: \$1,043,700; fed/state maternal infant & early childhood home visiting grant: \$84,889; state/local grants: \$33,516; county general fund: \$2,623,934.

The Healthy Start Program is funded with a combination of state and federal grant funds and county general fund support. The Healthy Start grant has a 25% match requirement.

Healthy Start Revenue Summary--Healthy Start grant: \$1,225,116; Medicaid Administrative Claiming: \$120,000; county general fund \$734,659.

Significant Program Changes

Last year this program was: #40013A, Early Childhood Home Based Services

Overall supervisory time in Early Childhood Services is reduced and nursing staff levels are unchanged. ECS home visiting services is consolidating models with a move towards training more Community Health Nurses in the Nurse Family Partnership model, a best practice, outcome based, home-visiting model that we already employ. ECS has received a no-cost extension on the state home visiting grant and will be competing in a 2nd round of federal home visiting grants. The impact of the addition of NFP-trained CHNs will mean that there will be more women and families in early pregnancy. This change results in an increase in Maternity Case Management revenue.