

Lead Agency: County Human Services

Program Contact: Devarshi Bajpai

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: In Target

Executive Summary

The alcohol and drug prevention program provides an array of prevention services for children and families at high risk for substance abuse, school failure and juvenile justice problems. Prevention services include structured after-school activities (homework assistance, tutoring and home visits), individualized support for youth, and a family engagement/education program. These programs promote school success, family bonding, improved parenting skills and youth life skills. The aim is to reduce youth substance abuse, school failure and juvenile crime. The program is primarily focused on serving youth living in public housing, and is projected to provide over 3,000 prevention service contacts to over 200 participants. In addition, a new state grant-funded initiative is addressing alcohol abuse and dependence among young adults through environmental prevention strategies, e.g., changes in community policies, laws and norms.

Program Description

The structured after-school program for public housing residents is a long-standing collaboration with Home Forward (formerly the Housing Authority of Portland--HAP), providing afternoon and evening services offering on-site homework help, socializing and skill-building activities to a minimum of 200 youth whose families live in public housing. The structured services at Home Forward housing sites also include tutoring, mentoring and family-support home visits, primarily serving children and youth between 5 - 15 years old.

By directly addressing community risk factors, prevention reduces multiple problem behaviors and improves outcomes for children and families. The Multnomah County prevention program builds partnerships with collaborative community partners and local prevention coalitions, using natural helpers, volunteer organizations, professionals and cultural mentors to promote developmental assets and academic achievement.

As one of 12 counties to receive an Oregon Strategic Prevention Framework State Incentive Grant (SPF-SIG), Multnomah County has initiated a new collaborative effort to reduce high risk drinking among young adults ages 18-25. High risk drinking is defined as binge drinking, heavy drinking and underage drinking. A community needs assessment identifying consumption patterns, consequences, contributing factors and local conditions has been completed along with an implementation plan to reduce high risk drinking in Multnomah County. Two task forces have formed to carry out the plan: one task force works with colleges and universities to adopt best practice policies and programs and foster positive campus norms; the other engages stakeholders in Portland's "nightlife and entertainment district" to reduce over-service and advocate for policies that promote prevention.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	Youth served at public housing sites ¹	339	200	250	200
Outcome	Core group ² youth w/ improved behavior	71.0%	75.0%	75.0%	75.0%
Outcome	Core group youth w/ improved academic achievement	78.0%	75.0%	75.0%	75.0%

Performance Measure - Description

¹ This Public Housing measure is for the entire collaborative after-school program serving youth in public housing, including all participants in after-school activities.

² Intensive core group services will be provided to 30 families with youth exhibiting behavioral and academic risk factors, based on youth self-reports, parent feedback and teacher observation. Outcomes of improved behavior (e.g., less disruptive, better attendance, fewer suspensions) and improved academic achievement are good predictors of reduced future substance abuse.

Legal/Contractual Obligation

Contractual obligation: This program is funded with federal substance abuse prevention resources and state general funds through the State Oregon Health Authority (OHA) Addictions and Mental Health Division (AMH) contract. Program planning is developed based on AMH State Mental Health Grant Award requirements and submitted in the "Biennial Implementation Plan." Because Multnomah County accepts the State Mental Health grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements A-D 70 (Prevention Services), MHS 37 (Flexible Funding, MHS Special Projects), and A-D 60 (Strategic Prevention Framework - SPF).

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2013	2013	2014	2014
Contracts	\$0	\$339,501	\$0	\$425,193
Total GF/non-GF:	\$0	\$339,501	\$0	\$425,193
Program Total:	\$339,501		\$425,193	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$301,952	\$0	\$425,193
Other / Miscellaneous	\$0	\$37,549	\$0	\$0
Total Revenue:	\$0	\$339,501	\$0	\$425,193

Explanation of Revenues

\$332,500 - State Mental Health Grant Flex Funds: Based on FY13 award

\$92,693 - State Mental Health Grant A&D Special Projects: Based on FY13 award

Significant Program Changes

Last year this program was: #25086, Addiction Services Alcohol and Drug Prevention