

**Lead Agency:** County Human Services

**Program Contact:** David Hidalgo

**Program Offer Type:** Innovative/New Program

**Related Programs:**

**Program Characteristics:** Out of Target

**Executive Summary**

Mental Health First Aid is a groundbreaking public education program that helps the public identify, understand, and respond to signs of mental illnesses and substance use disorders. Mental Health First Aid increases mental health literacy in the community. Increasing mental health literacy is a preventive and empowering tool in the community. It provides the public with the education necessary to intervene before they potentially reach mental health crisis.

The program offer requests funding for two Mental Health First Aid trainings per month for up to 30 participants per training. It also requests funds to host a Youth Instructor Certification training to increase the number trainers certified in youth Mental Health First Aid in the area. The total request is for \$207,000 in new County General Funds.

**Program Description**

Mental Health First Aid USA is coordinated by the National Community for Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health. They train and certify instructors to deliver the 12-hour Mental Health First Aid course in our communities. Youth Mental Health First Aid is an 8-hour course. The interactive 12-hour course presents an overview of mental illness and substance use disorders in the U.S. and introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact, and overviews common treatments. Participants of 12-hour course become certified as Mental Health First Aiders and learn a 5-step action plan encompassing the skills, resources and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care. The 12-hour Mental Health First Aid USA course has benefited a variety of audiences and key professions, including: primary care professionals, employers and business leaders, faith communities, school personnel and educators, state police and corrections officers, nursing home staff, mental health authorities, state policymakers, volunteers, young people, families and the general public.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	# of individuals trained in Mental Health First Aid	0	0	0	720
Outcome	% of individuals who report greater understanding of mental illness.	0.0%	0.0%	0.0%	95.0%

**Performance Measure - Description**

**Legal/Contractual Obligation****Revenue/Expense Detail**

	<b>Proposed General Fund</b>	<b>Proposed Other Funds</b>	<b>Proposed General Fund</b>	<b>Proposed Other Funds</b>
<b>Program Expenses</b>	2013	2013	2014	2014
Contracts	\$0	\$0	\$207,000	\$0
Total GF/non-GF:	<b>\$0</b>	<b>\$0</b>	<b>\$207,000</b>	<b>\$0</b>
Program Total:	<b>\$0</b>		<b>\$207,000</b>	
Program FTE	0.00	0.00	0.00	0.00
<b>Program Revenues</b>				
Total Revenue:	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>

**Explanation of Revenues**

\$207,000 - County General Fund

**Significant Program Changes**

**Last year this program was:**

New program offer.