

Lead Agency: County Human Services

Program Contact: Len Lomash

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: In Target

Executive Summary

This program offer describes the existing continuum of adult mental health care funded by Oregon Health Plan and managed by Multnomah Mental Health, the county's mental health organization. The continuum addresses the needs of adults at emergent (most acute), urgent and routine (least acute) levels of care. Psychiatric hospitalization treats persons at immediate risk to themselves or others. Respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to over 9,000 adults annually.

Program Description

This service continuum contains three distinct service elements that contribute to a system of care for adults: psychiatric inpatient, respite and outpatient services. Psychiatric inpatient hospitalization is the most intensive level of care in the adult system. Hospital admission is carefully monitored to ensure that it is only offered where medically and clinically appropriate.

Once admitted, individuals receive the full range of treatment services provided in a hospital setting. The Mental Health and Addiction Services Division (MHASD) Crisis Services works with the hospitals and providers to provide individuals a safety net of services as they transition into the community following discharge. The call center coordinated these services for 1,195 inpatient discharges in FY12.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a best practice when used in a continuum of treatment services.

Adult mental health outpatient services provide a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, general and intensive case management for individuals with severe mental illness, intensive outreach and medication management. Outpatient services address long and short-term mental health needs to lessen the need for more acute services. An average of 4,677 adults receive outpatient services each month, with many remaining in treatment for several months.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	Total adults receiving outpatient mental health services ¹	9,670	9,789	9,487	9,300
Outcome	Percent of adults readmitted to inpatient within 30 days of discharge ²	18.1%	20.0%	17.7%	17.3%

Performance Measure - Description

¹ Number of unduplicated Multnomah Mental Health (previously known as Verity) adult enrollees who received an outpatient mental health service during the measurement period.

² Percent of unduplicated Multnomah Mental Health (previously known as Verity) adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period.

Legal/Contractual Obligation

Mental Health Organization contract with state of Oregon. Risk Accepting Entity contract with Health Share of Oregon.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2013	2013	2014	2014
Personnel	\$0	\$75,255	\$0	\$504,737
Contracts	\$0	\$17,609,506	\$0	\$19,179,391
Materials & Supplies	\$0	\$3,103	\$0	\$5,558
Internal Services	\$0	\$1,031,137	\$0	\$907,052
Total GF/non-GF:	\$0	\$18,719,001	\$0	\$20,596,738
Program Total:	\$18,719,001		\$20,596,738	
Program FTE	0.00	0.50	0.00	4.45
Program Revenues				
Indirect for dep't Admin	\$425,348	\$0	\$460,906	\$0
Intergovernmental	\$0	\$18,441,720	\$0	\$20,596,738
Other / Miscellaneous	\$0	\$277,281	\$0	\$0
Total Revenue:	\$425,348	\$18,719,001	\$460,906	\$20,596,738

Explanation of Revenues

\$268,270 - State Mental Health Grant Flex Funds;

\$20,328,468 - Oregon Health Plan Premium: Based on FY13 Rate per Client times number of clients as of 12/31/12

Significant Program Changes

Last year this program was: #25062, Mental Health Services for Adults

Organizational alignment increased 3.95 FTE by adding the following from other Program Offers: 0.5 Program Manager, 0.25 Program Supervisor, 1.5 Mental Health Consultant, and 1.0 Program Specialist from Program Offer 25061; 0.7 Mental Health Consultant from Program Offer 25055.