

### Program # 25056A - Mental Health Crisis Assessment & Treatment Center (CATC)

Version 2/15/2013 s

Lead Agency: County Human Services Program Contact: Neal Rotman

Program Offer Type: Existing Operating

**Related Programs:** 

**Program Characteristics:** In Target

#### **Executive Summary**

The Mental Health and Addiction Services Division (MHASD) has identified alternatives to inpatient hospitalization as a missing service in the system of care. The Crisis Assessment and Treatment Center, CATC, offers 16 beds of short-term mental health treatment in a secure locked environment as a lower cost alternative to hospitalization for over 600 clients per year. Facility staffing includes physical and mental health professionals and peer support specialists.

### **Program Description**

CATC Sub-acute is a short-term stabilization program for those individuals who require a secure alternative to incarceration or hospitalization. It is a critical component in a full continuum of mental health services. Although it works with other community agencies that provide long term-care, the mission of the sub-acute facility is brief intervention when a person becomes a danger to themselves or others due to his/her mental illness. The target length of stay is 6 days. Since the individual remains linked to the community, length-of-stay is minimized and the person is less likely to lose critical recovery supports including Medicaid eligibility and housing. Sub-acute care is less expensive than hospitalization. Incarceration hinders recovery and strains the resources of courts and the jail. As part of a best practice model for facilities of this type, the proposed treatment team includes consumer positions on staff (Peer Support Specialists) to provide mentoring and linkage to services in the community. These positions are salaried members of the treatment team.

#### **Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	# of admissions that are Multnomah Mental Health members <sup>1</sup>	443	306	463	463
Outcome	# of Multnomah Mental Health inpatient(hospital) bed days per thousand members <sup>2</sup>	7	13	7	7
Output	# of admissions that are indigent Multnomah Residents	243	238	266	266
Output	# of inpatient days for uninsured/indigent adults <sup>2</sup>	4,044	4,544	3,672	3,672

## **Performance Measure - Description**

<sup>&</sup>lt;sup>1</sup> Number of Multnomah Mental Health (previously known as Verity) members and indigent/Medicare clients admitted who would otherwise have been hospitalized or jailed.

<sup>&</sup>lt;sup>2</sup> Inpatient days refers to hospital stays- a lower number indicates a reduction in use of this highest and most expensive level of care.

# **Legal/Contractual Obligation**

# Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds				
Program Expenses	2013	2013	2014	2014				
Contracts	\$597,500	\$2,546,295	\$597,500	\$2,546,295				
Internal Services	\$0	\$276,199	\$0	\$293,854				
Total GF/non-GF:	\$597,500	\$2,822,494	\$597,500	\$2,840,149				
Program Total:	\$3,419,994		\$3,437,649					
Program FTE	0.00	0.00	0.00	0.00				
Program Revenues								
Indirect for dep't Admin	\$41,973	\$0	\$41,661	\$0				
Intergovernmental	\$0	\$2,822,494	\$0	\$2,840,149				
Total Revenue:	\$41,973	\$2,822,494	\$41,661	\$2,840,149				

# **Explanation of Revenues**

\$405,173 - State Mental Health Grant Flex Funds: Based on FY13 grant award

\$1,837,476 - Oregon Health Plan Premium: Based on FY13 Rate per Client times number of clients as of 12/31/12

\$597,500 - City of Portland: Based on FY13 budget

\$597,500 - County General Fund

## Significant Program Changes

Last year this program was: #25056, Mental Health Crisis Assessment and Treatment Center (CATC)