

**Lead Agency:** County Human Services

**Program Contact:** Cathy Clay-Eckton

**Program Offer Type:** Existing Operating

**Related Programs:** 25023B

**Program Characteristics:** In Target

**Executive Summary**

Aging and Disability Services Division (ADS) Long Term Care (LTC) program annually determines eligibility for financial, nutritional, medical and case management services for 43,446 low-income older adults and persons with disabilities. Intensive case management is provided to almost 7,000 clients each month who meet state criteria for nursing home care due to the need for help with daily self-care tasks such as mobility, eating and toileting. Of that number, Long Term Care serves 5,640 clients in community-based settings and 1,347 clients in nursing facilities. This program offer brings more than \$29.8 million into the local economy through SNAP (Supplemental Nutrition Assistance Program, formerly Food Stamps), and medical and long term care benefits received by ADS program clients.

**Program Description**

Under contract with the state, the Long Term Care program determines eligibility and enrolls older adults and people with disabilities in programs that meet basic health, financial and nutritional needs through the Oregon Health Plan, Medicaid and SNAP programs. Clients receive counseling to help them choose the most appropriate managed care and Medicare Part D plans. The program provides referrals to community resources to address other critical unmet needs. These vulnerable adults typically have incomes below the poverty level and also include individuals with a mental illness or a developmental disability.

Case managers assess clients' needs, create service plans, and authorize, coordinate and monitor services that address health and welfare risks in the least restrictive environment. They ensure early intervention and effective management of the complex and fluctuating care needs of this high-risk population. Nurses provide consultation to case managers to ensure appropriate care planning for medically complicated and unstable cases. Additionally, they support caregivers and provide wellness counseling/education and disease management for clients to optimize health. Collaboration with other professionals, divisions and community agencies to address the needs of a diverse client population is an essential aspect of this program.

A primary goal of case management is to promote and support healthy and independent living in the community, preventing or minimizing more costly nursing home care and hospitalizations and readmissions whenever possible. Case managers provide services for a monthly average of 6,988 nursing home-eligible clients; 5,640 clients (81%) receive in-home or community-based services that promote or support their independence outside of a nursing home, while an additional 1,347 (19%) are served in a nursing home setting. While the proportion of nursing home-eligible clients residing in community-based settings in Multnomah County far exceeds the national average, it is a major program priority to improve on this percentage through more intensive case management and the expansion of programs targeting community-based care enhancements. The future will bring even greater challenges, and therefore, opportunities for innovation, as the over 85 population—the demographic most likely to utilize nursing facility care—grows in number and proportion of the total population.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	Avg monthly # of nursing home-eligible clients receiving long term care asst <sup>1</sup>	6,988	7,269	7,178	7,332
Outcome	Ratio of nursing home-eligible clients served in the community vs. nursing home <sup>2</sup>	80.9%	81.0%	81.0%	81.0%

**Performance Measure - Description**

<sup>1</sup>Projection derived from state LTC forecast over the next biennium of 2.4%.

<sup>2</sup>A higher ratio indicates a better outcome.

## Legal/Contractual Obligation

Section 1903(a) of the Social Security Act, 42 CFR-Medicaid Administration; 7 CFR-Food Stamps (SNAP); Sections 1915c and 1115 of Title XIX of the Social Security Act. All Oregon Administrative rules related to and governing programs administered by Aging and Disability Services.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2013	2013	2014	2014
Personnel	\$0	\$17,994,092	\$0	\$18,357,458
Contracts	\$1,935,552	\$113,460	\$2,028,891	\$120,912
Materials & Supplies	\$0	\$328,450	\$0	\$348,347
Internal Services	\$0	\$4,272,015	\$0	\$4,558,639
Total GF/non-GF:	<b>\$1,935,552</b>	<b>\$22,708,017</b>	<b>\$2,028,891</b>	<b>\$23,385,356</b>
Program Total:	<b>\$24,643,569</b>		<b>\$25,414,247</b>	
Program FTE	0.00	218.80	0.00	214.80
<b>Program Revenues</b>				
Indirect for dep't Admin	\$5,265	\$0	\$5,703	\$0
Fees, Permits & Charges	\$0	\$21,573	\$0	\$0
Intergovernmental	\$0	\$22,458,167	\$0	\$23,133,855
Other / Miscellaneous	\$0	\$228,277	\$0	\$251,501
Total Revenue:	<b>\$5,265</b>	<b>\$22,708,017</b>	<b>\$5,703</b>	<b>\$23,385,356</b>

## Explanation of Revenues

\$23,133,855 - Title XIX  
\$132,261 - Providence Medical Center  
\$119,240 - Oregon Health Sciences University Case Manager (FTE) grant  
\$2,028,891 - County General Fund Match

## Significant Program Changes

✔ Significantly Changed

**Last year this program was:** #25023, ADS Long Term Care

This program offer represents a reduced level of state funding. The balance of state funding to maintain the current service level has been moved to program offer 25023B.

Reduced 1.0 Program Coordinator (purchased in FY13 with one time only funding, included in out of target program offer #25037), 0.75 Case Manager 1 (purchased in FY13 with one time only funding), 4.0 Case Manager 2's (budgeted in in-target program offer #25023B).