

Lead Agency: Health Department

Program Contact: Kim Toevs

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: Measure 5 Education

Executive Summary

The Adolescent Health Program implements community and school-based parent and youth education and teacher training designed to address key health disparities among adolescents that include: teen pregnancy, educational attainment, sexually transmitted infections, and other health concerns.

Program Description

The overall teen pregnancy rate in Multnomah County is higher than the state's rate. Significant disparities exist among Latinas, American Indians, and African Americans when compared to the County as a whole. A recent study of drop out rates in Oregon showed that Multnomah County high schools have the worst graduation rate in the state with dropout rates ranging from 43% to 47%. Teen pregnancy is a factor contributing to dropout rates. Furthermore, STD rates are highest among teens of any age range, and significant disparities exist within this subset as well for African Americans, Latinos, and gay youth.

This program works to reduce teen pregnancy, delay the onset of sexual activity, and strengthen healthy relationship and sexuality skills of adolescents. All program components stress prevention and use culturally specific, evidence based, population focused approaches. Youth education and skill building: Health Educators teach high school and middle school youth directly, using evidence-based culturally specific or general education approaches as appropriate. Sites include public and alternative high schools, SUN programs, public housing units, congregations, and other community sites. Community Services: Based on the theoretical framework of positive youth development, best practice models provide educational sessions that increase skills and knowledge of parents and other supportive adults to communicate with youth about sexual health, relationship skills, and decision making. Teacher Training: Due to ongoing budget deficits, Multnomah County middle schools have eliminated many health teachers and reassigned health education to other areas. The program will support school districts in providing evidence-based comprehensive sexuality education through technical assistance and capacity building effort for teachers, including co-teaching, training, and coaching, as well as curriculum support. Efforts are focused on highest areas of need demographically/geographically based on current local epidemiology.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	Number of participants in educational sessions/training	5,089	3,750	4,500	4,000
Outcome	Percent of participants demonstrating increased knowledge	96.0%	80.0%	90.0%	80.0%
Quality	% of participants utilizing skills to increase parent to youth communication	80.0%	80.0%	75.0%	80.0%

Performance Measure - Description

2) Outcome: The percentage of program participants that demonstrate increased knowledge about youth sexual health, relationship skills, and decision making skills, of those participants who completed a full evaluation survey.

3) Quality: The percentage of parent program participants that feel confident they can implement new or improved skills to communicate effectively with their youth.

Legal/Contractual Obligation

NW Family Services contract requires 3600 youth served with 6-8 hours of healthy relationship curriculum each, primarily through High School Settings. Latina Teen Pregnancy Prevention Grant requires 250 youth served with 6 hour curriculum.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2013	2013	2014	2014
Personnel	\$245,341	\$333,876	\$230,525	\$341,655
Materials & Supplies	\$17,694	\$8,747	\$17,125	\$1,096
Internal Services	\$35,901	\$53,583	\$51,107	\$53,455
Total GF/non-GF:	\$298,936	\$396,206	\$298,757	\$396,206
Program Total:	\$695,142		\$694,963	
Program FTE	2.70	3.85	2.25	3.15
Program Revenues				
Indirect for dep't Admin	\$24,574	\$0	\$25,407	\$0
Intergovernmental	\$0	\$396,206	\$0	\$396,206
Total Revenue:	\$24,574	\$396,206	\$25,407	\$396,206

Explanation of Revenues

NW Family Services/Healthy Relationships grant - \$309,000
Fed/State Latina Teen Pregnancy Prevention grant - \$87,206
County General Fund: \$298,757

Significant Program Changes

Last year this program was: #40025, Adolescent Health Promotion

Several minor changes were made in management staffing of the program as the Adolescent Health Program was fully integrated into its new location at SEHC as part of the broader STD/HIV/HCV program. A 1.0 FTE reduction in staffing resulted in a limited duration position being moved into the temporary personnel category. This results in no impact on services.