

**Lead Agency:** County Human Services

**Program Contact:** Neal Rotman

**Program Offer Type:** Existing Operating

**Related Programs:**

**Program Characteristics:**

**Executive Summary**

Culturally specific outpatient mental health services provide treatment for five underserved communities in our county (Asian-American, African-American, Eastern European, Latino and Native-American). These communities have encountered difficulty finding mental health treatment that incorporates their culture, tradition and language. These services provide culturally and linguistically relevant care for these populations, mitigating historical inequities accessing services. Some communities of color are also over-represented in the criminal justice system. Approximately 702 individuals received services in FY12.

**Program Description**

The system of care built and maintained by Multnomah County must reflect the demographics of those we serve. To ensure that all members of our community have treatment options that incorporate specific cultural needs, DCHS contracts for mental health services for individuals from five communities currently underserved or insufficiently served. Those communities are: Eastern European, African-American, Asian-American, Latino, and Native American. Multnomah County Mental Health prevalence data suggests that members of the African-American and Native American communities are more likely to be placed in restrictive settings such as hospitals and jails as a result of mental health symptoms. African-Americans are also over represented in the correctional facilities and the criminal justice system. Culturally specific services address mental health problems through early access to culturally and linguistically appropriate treatment including nontraditional but culturally appropriate outreach, engagement, and treatment services. Early intervention can mitigate the need for expensive hospital, residential care, or crisis services.

Treatment also reduces the risk of inappropriate incarceration or homelessness. These mental health providers understand community cultural norms and have a relationship of trust with the communities they serve.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY11-12)	Current Year Purchased (FY12-13)	Current Year Estimate (FY12-13)	Next Year Offer (FY13-14)
Output	Total culturally diverse individuals receiving services <sup>1</sup>	702	750	712	712
Outcome	Culturally specific persons served per 1000 culturally diverse in population <sup>2</sup>	3	4	3	3

**Performance Measure - Description**

<sup>1</sup> This total includes all persons served under this contract and does not include those culturally diverse persons served by Multnomah Mental Health or in other programs.

<sup>2</sup> Service Rate Per 1000 Calculation- Numerator: Total unduplicated culturally diverse individuals served. Denominator: Total county census for similar groups taken from the American Community Survey estimates for 2011.

### Legal/Contractual Obligation

Funding for culturally specific contracts is a longstanding policy initiative of the Multnomah County Board of County Commissioners.

### Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2013	2013	2014	2014
Contracts	\$1,324,545	\$0	\$1,354,347	\$0
Total GF/non-GF:	<b>\$1,324,545</b>	<b>\$0</b>	<b>\$1,354,347</b>	<b>\$0</b>
Program Total:	<b>\$1,324,545</b>		<b>\$1,354,347</b>	
Program FTE	0.00	0.00	0.00	0.00
<b>Program Revenues</b>				
Total Revenue:	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>

### Explanation of Revenues

\$1,354,347 - County General Fund

### Significant Program Changes

Last year this program was: #25078, Culturally Specific Mental Health Services