

Lead Agency: County Human Services

Program Contact: David Hidalgo

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: In Target

Executive Summary

The alcohol and drug prevention program provides an array of prevention services for children and families at high risk for substance abuse, school failure and juvenile justice problems. Prevention services include structured after-school activities (homework assistance, tutoring and home visits), individualized support for youth, and a family engagement/education program. These programs promote school success, family bonding, improved parenting skills and youth life skills. The aim is to reduce youth substance abuse, school failure and juvenile crime. The program is primarily focused on serving youth living in public housing, and is projected to provide over 1,500 prevention service contacts to over 200 participants. In addition, a new state grant-funded initiative is addressing alcohol abuse and dependence among young adults through environmental prevention strategies, e.g., changes in community policies, laws and norms.

Program Description

The structured after-school program for public housing residents is a long-standing collaboration with Home Forward (formerly the Housing Authority of Portland--HAP), providing afternoon and evening services offering on-site homework help, socializing and skill building activities to 200 youth whose families live in public housing. The structured services at Home Forward housing sites also include tutoring, mentoring and family-support home visits, primarily serving youth between the ages of 4 to 17.

By directly addressing community risk factors, prevention reduces multiple problem behaviors and improves outcomes for children and families. The Multnomah County prevention program builds partnerships with collaborative community partners and local prevention coalitions, using natural helpers, volunteer organizations, professionals and cultural mentors to promote developmental assets and academic achievement.

As one of 12 counties to receive an Oregon Strategic Prevention Framework State Incentive Grant (SPF-SIG), Multnomah County is starting a new collaborative effort to address the issue of high risk drinking among young adults between the ages of 18 and 25. High risk drinking is defined as binge drinking, heavy drinking and underage drinking by the young adult target group. This project is in its initial stages of conducting a community needs assessment and developing an advisory council/coalition to oversee strategic planning and implementation of environmental strategies addressing community change in the remaining 2 ½ years of the grant.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY10-11)	Current Year Purchased (FY11-12)	Current Year Estimate (FY11-12)	Next Year Offer (FY12-13)
Output	Youth served at public housing sites ¹	435	200	250	200
Outcome	Core group ² youth w/ improved behavior	83.0%	75.0%	75.0%	75.0%
Outcome	Core group youth w/ improved academic achievement	73.0%	75.0%	75.0%	75.0%

Performance Measure - Description

¹ Public Housing measures are for the entire collaborative after-school program serving youth in public housing, including all after-school activities.

² Intensive core group services will be provided to 30 families with youth exhibiting behavioral and academic risk factors, based on youth self-reports, parent feedback and teacher observation. Outcomes of improved behavior (e.g., less disruptive, better attendance, fewer suspensions) and improved academic achievement are good predictors of reduced future substance abuse.

Legal/Contractual Obligation

Contractual obligation: This program is funded with federal substance abuse prevention resources and state general funds through the State Oregon Health Authority (OHA) Addictions and Mental Health Division (AMH) contract. Program planning is developed based on AMH requirements and submitted in the "Biennial Implementation Plan" in conformance with the local Community Comprehensive Plan (SB555) and any other State Mental Health Grant Award requirements. Because Multnomah County accepts the State Mental Health grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements A-D 70, Prevention Services, and A-D 60, Strategic Prevention Framework (SPF).

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2012	2012	2013	2013
Contracts	\$0	\$194,259	\$0	\$301,952
Total GF/non-GF:	\$0	\$194,259	\$0	\$301,952
Program Total:	\$194,259		\$301,952	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$194,259	\$0	\$301,952
Total Revenue:	\$0	\$194,259	\$0	\$301,952

Explanation of Revenues

\$209,259 State Mental Health Grant A&D Prevention: Based on FY12 award.

\$92,693 State Mental Health Grant A&D Special Projects: Based on FY12 award.

Significant Program Changes

✔ Significantly Changed

Last year this program was: #25086, Addiction Services Alcohol and Drug Prevention

As a recipient of an Oregon Strategic Prevention Framework State Incentive Grant (SPF SIG), the Multnomah County addictions prevention program will address an important transitional age group, young adults, in addition to current prevention efforts to children, youth and families.

Oregon's chosen priority is high-risk drinking among 18 to 25 year olds, ultimately leading to the reduction of alcohol abuse and dependence. Indicators contributing to high risk drinking are:

- Binge drinking. (Males: 5 or more drinks on any one occasion, or within a couple of hours. Females: 4 or more drinks on any one occasion.)
- Heavy drinking. (Males that exceed 2 drinks per day or females that exceed 1 per day.)
- Underage drinking. Any use of alcohol by persons 18-20.

The SPF SIG project is based on a population-based public health approach, with the focus on change for entire populations; outcomes-based prevention using knowledge of alcohol consumption and consequences to determine priorities and strategies to address them; and data-informed decision-making across all steps of the SPF process.