

Lead Agency: County Human Services

Program Contact: Neal Rotman

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: In Target

Executive Summary

The adult treatment continuum consists of: outpatient addictions treatment including various counseling options, medication management and relapse prevention; residential treatment, (intensive addictions services in a 24-hour setting); community recovery (aftercare services for clients learning to live sober); and a specialized program for persons who are severely addicted, multi-diagnosed, and homeless. The continuum will serve approximately 3,500 clients next year. Research shows that every dollar invested in addiction treatment yields a cost offset of up to \$10 in other publicly-supported services.

Program Description

The Oregon Health Authority estimates 300,000 Oregonians have a diagnosable substance use disorder, roughly 18% of those needing addiction services access treatment, and more than 40% of those who try to get help experience barriers related to cost or lack of insurance. The overall goal of addiction treatment is to have as many clients as possible successfully complete treatment and maintain sobriety. Oregon's successful completion rate is 55%, higher than the national rate of 45%. Our adult treatment continuum supports recovery and a return to a healthy lifestyle by offering access to addictions treatment that addresses the negative consequences of alcohol and other drugs. Community recovery support programs provide a variety of sober social support activities for clients and their families.

Services are delivered throughout Multnomah County by a network of state licensed providers. These providers are culturally competent and many have bilingual staff. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life. The system treats about 5,000 outpatient clients annually.

Residential treatment provides intensive services in a 24/7 setting with clients living in the treatment center during their course of treatment, usually for two to six months. Clients needing this level of care often have multiple failures in outpatient treatment, often related to the severity and length of their addiction, as well as risk factors like chronic unemployment and housing problems. Residential treatment serves about 500 clients annually.

Treatment helps clients shift from ambivalence and denial about their addiction to acceptance and incentive to change. Clients address issues that are barriers to recovery, and develop strategies and skills to overcome them. Providers also address the self sufficiency needs of each client through help with: parenting skills; stress and anger management; housing issues; independent living skills; referrals for physical and mental health issues; linkages to employment services; and recreation and healthy use of leisure time.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY10-11)	Current Year Purchased (FY11-12)	Current Year Estimate (FY11-12)	Next Year Offer (FY12-13)
Output	Number served in treatment (all levels) ¹	3,606	5,200	3,519	3,500
Outcome	Percentage of clients who successfully complete treatment (Outpatient) ²	44.6%	58.0%	20.7%	58.0%

Performance Measure - Description

¹ The continued reduction in the number of adults served in this program offer reflects the successful Federal and State transformation of healthcare benefits for adults into other insurance systems.

² A significant number of client records in our data system are not coded with completion information. This could be artificially lowering the successful outcome percentage. We are beginning an audit process in FY 12-13 to close records for clients who have successfully completed treatment and expect the outcome percentage will increase.

Legal/Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A-D 61 is Adult Alcohol & Drug Residential Treatment Services and Service Element A-D 66 is Continuum of Care Services). Also, Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2012	2012	2013	2013
Personnel	\$280,485	\$429,808	\$276,476	\$584,547
Contracts	\$2,484,047	\$8,037,682	\$2,440,421	\$8,013,766
Materials & Supplies	\$16,213	\$840	\$17,907	\$840
Internal Services	\$51,512	\$8,449	\$51,536	\$8,425
Total GF/non-GF:	\$2,832,257	\$8,476,779	\$2,786,340	\$8,607,578
Program Total:	\$11,309,036		\$11,393,918	
Program FTE	2.50	5.20	2.70	5.99
Program Revenues				
Intergovernmental	\$0	\$8,476,779	\$0	\$8,607,578
Total Revenue:	\$0	\$8,476,779	\$0	\$8,607,578

Explanation of Revenues

\$333,992 - State Mental Health Grant Local Admin: Based on FY12 award
\$154,079 - State Mental Health Grant Special Projects: Based on FY12 award
\$4,493,881 - State Mental Health Grant A&D Adult Residential: Based on FY12 award.
\$1,051,200 State Mental Health Grant A&D Adult Res. Capacity: Based on FY12 award.
\$301,563 State Mental Health Grant A&D Dependent Child Res.: Based on FY12 award.
\$105,741 State Mental Health Grant A&D Prevention: Based on FY12 award
\$2,010,739 State Mental Health Grant A&D Continuum of Care: Based on FY12 award.
\$156,383 Local 2145 Beer and Wine Tax Revenues: Based on FY12 award.
\$2,786,340 County General Fund

Significant Program Changes

Last year this program was: #25080, Adult Addictions Treatment Continuum
Increased 1.0 FTE-Program Specialist.