

# Program # 25085 - Addiction Services Gambling Treatment and Prevention

Lead Agency: Program Offer Type: Related Programs: County Human Services Existing Operating Program Contact:

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Program Characteristics:

## **Executive Summary**

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with problem or pathological gambling. Based on 2010-2011 data the county's community-based providers treated approximately 309 gamblers and their family members. Countywide data shows that problem gamblers and family members seeking treatment can access services in less than five days 99% of the time.

### **Program Description**

Multnomah County's Problem Gambling Services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy factors influencing gambling and health. Gambling treatment and prevention services incorporate prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues, for the person who gambles, family members, and communities. Based on community norms (3% of problem gamblers seek treatment) 436 adults can be expected to access treatment each year in Multnomah County. In 2010-2011 234 gamblers enrolled in treatment. As noted, family participation is important and approximately 47 family members enrolled in treatment as well.

Multnomah County has one of the highest rate per capita (18 years and older) of lottery sales statewide. Approximately 74% of the gambling treatment clients report video poker as their primary gambling activity. Problem gambling treatment services are closely aligned to the county's Basic Living Needs priority by promoting healthy behaviors. The treatment focus is on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Problem gambling treatment assists the gambler and family in managing money/finances, rebuilding trust within the family, learning gambling prevention techniques, and maintaining recovery.

### **Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY10-11)	Current Year Purchased (FY11-12)	Current Year Estimate (FY11-12)	Next Year Offer (FY12-13)
•	Gamblers and family members accessing treatment annually <sup>1</sup>	281	356	309	309
Outcome	Gambler successful completion rate <sup>2</sup>	36.2%	63.0%	36.0%	36.0%

## **Performance Measure - Description**

<sup>1</sup>'Gamblers and family members accessing treatment annually' means the number of problem and/or pathological gamblers completing enrollment and entering treatment annually.

<sup>2</sup> 'Successful completion rate' is defined as the gambling client having completed a minimum of 75% of the short-term treatment goals, completion of a continued wellness plan, and lack of engagement in problem gambling behaviors for at least 30 days prior to discharge.

The source of this performance data is the State's Gambling Performance Monitoring System (GPMS). Data is provided to all counties throughout Oregon by the GPMS system. For FY 10/11 the statewide competition rate was 46.2%. The FY 11/12 purchased completion rate of 63% was inaccurately projected based on previous year's performance.

## **Legal/Contractual Obligation**

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A D 80 is Problem Gambling Prevention Services and Service Element A-D 81 is Outpatient Problem Gambling Treatment Services).

#### **Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds		
Program Expenses	2012	2012	2013	2013		
Personnel	\$0	\$34,653	\$0	\$36,000		
Contracts	\$0	\$318,889	\$0	\$680,000		
Internal Services	\$0	\$1,995	\$0	\$1,995		
Total GF/non-GF:	\$0	\$355,537	\$0	\$717,995		
Program Total:	\$355,537		\$717,995			
Program FTE	0.00	0.30	0.00	0.31		
Program Revenues						
Intergovernmental	\$0	\$355,537	\$0	\$717,995		
Total Revenue:	\$0	\$355,537	\$0	\$717,995		

### **Explanation of Revenues**

\$37,995 State Mental Health Grant Gambling Local Admin: Based on FY12 award.\$60,000 State Mental Health Grant Gambling Prevention: Based on FY12 award.\$620,000 State Mental Health Grant Gambling Treatment: Based on FY 12 award.

## Significant Program Changes

Last year this program was: #25085, Addiction Services Gambling Treatment and Prevention