

Lead Agency: County Human Services

Program Contact: Ebony Clarke

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: Measure 5 Education

Executive Summary

School Based Mental Health is an essential component of the mental health system of care for children and families. This program serves 1,150 children and teens with serious mental health disorders in over 89 school settings throughout the county. Mental health professionals provide culturally competent, family-focused, evidence-based treatment. Children and teens receive service that decreases the risk of hospitalization or other restrictive and costly services. Additional children with emotional and behavioral needs are helped through 11,003 consultation contacts with school based health center staff and others that avert the need for higher level of care. Sustainability efforts have been focused on improving the program's Oregon Health Plan billing reimbursement, which increased 24% in the last year.

Program Description

Mental health treatment is provided in schools to decrease barriers such as stigma, cost and transportation for 1,150 underserved families. This program reaches youth who have not accessed services in a mental health center and 52% of those served were children of color. Approximately 93% of the children served were uninsured or insured by the Oregon Health Plan.

School based mental health consultants provide crisis intervention, mental health assessment, individual, group and family treatment and clinical case management as well as interventions with schools to help manage a child's mental health disorder. Consultation on children's mental health is provided to school and school based health clinic staff, as well as community providers. Mental health consultants are co-located in School Based Health Clinics when possible to provide integrated services. About 57% of the families receive linkage services for mental health screenings and referral to community mental health centers.

Locating mental health services in schools is a best practice and Multnomah County has been a leader in the nation by providing this program since 1967. Through this program children and teens who are at risk of harming themselves or others are identified and receive intervention. This is important because, in Oregon, suicide is the second leading cause of death among young people. Earlier identification and treatment can divert children from needing higher cost and more restrictive services. This program meets a child's basic need for mental health and is congruent with the goals of the School Age Policy Framework.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY10-11)	Current Year Purchased (FY11-12)	Current Year Estimate (FY11-12)	Next Year Offer (FY12-13)
Output	Total unduplicated children receiving mental health services.	1,150	1,050	1,100	1,150
Outcome	% of children receiving services showing improved school behavior & attendance*	93.0%	86.0%	90.0%	86.0%

Performance Measure - Description

*Improvements in school behavior and attendance are measures that reflect a child's overall success at home, in school and in the community.

Legal/Contractual Obligation

Longstanding revenue contracts with Parkrose School District for \$10,000 and with Centennial School District for \$75,000 continued for this school year. A new revenue contract with Portland Public School District was initiated for \$26,497 to fund .5FTE Mental Health Consultant at Roosevelt High School from 9-1-10 through 6-30-11. This contract will continue into FY13-04 due to a three year state school improvement grant that Roosevelt High received in FY11.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2012	2012	2013	2013
Personnel	\$440,734	\$991,724	\$573,237	\$880,058
Materials & Supplies	\$14,556	\$29,667	\$18,056	\$29,182
Internal Services	\$79,630	\$36,569	\$114,356	\$2,666
Total GF/non-GF:	\$534,920	\$1,057,960	\$705,649	\$911,906
Program Total:	\$1,592,880		\$1,617,555	
Program FTE	4.12	9.72	5.12	8.73
Program Revenues				
Intergovernmental	\$0	\$1,057,960	\$152,212	\$911,906
Total Revenue:	\$0	\$1,057,960	\$152,212	\$911,906

Explanation of Revenues

\$628,575 - State Mental Health Grant Child/Adolescent MH Services: Based on FY12 grant award
 \$10,000 - Parkrose School District; \$75,000 - Centennial School District; \$26,497 - Roosevelt High School: Based on FY12 revised budget
 \$171,834 - Fee for Service Insurance Receipts: Based on current year projections
 \$152,212 - FQHC: Based on FY12 revised budget
 \$553,437 - County General Fund

Significant Program Changes

Last year this program was: #25075, School Based Mental Health Services