

Lead Agency: Health Department

Program Contact: RUMINSKI Diane T

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics: In Target

Executive Summary

ECS provides home based services to pregnant women and families with young children to assure optimal maternal and infant health and assist parents in meeting their child's basic health and developmental needs. The conditions of our early life have a profound impact on our long-term health and stability. We expect to screen 2850 first birth families for eligibility for home visiting service and deliver home visiting services to 9,600 women and children.

Program Description

Voluntary home visiting programs have demonstrated positive changes in parenting practices, gains in child growth and development, increased readiness for school, reductions in the incidence of child abuse and neglect, low birth weight and prematurity, and improvements in maternal life course. High risk families including teens, African Americans and other groups experiencing health disparities, low income, and single parents appear to benefit the most from these interventions. Long term benefits to the county include a healthier, well prepared work force and decreased costs related to school failure, juvenile crime and chronic disease.

Nurse Family Partnership Program (NFP) is offered to first-time low income pregnant women. Services begin in early pregnancy and follow families to their child's second birthday. NFP evaluations demonstrate improved prenatal outcomes, fewer subsequent births, increased intervals between births, increased rates of breast feeding, and fewer childhood injuries. Long-term benefits for children receiving NFP services has shown at age 15 they are more likely to be in school, and less likely to be in the criminal justice system. The mothers who received NFP services are more likely to have finished high school, be in the workforce, and not use public assistance.

Healthy Start is a state wide program serving first birth families with overall goals to reduce child abuse/neglect, improve school readiness and promote healthy growth and development of young children up to age three years. Last year over 2850 families received screenings at the time of birth and over 600 families were served in home visits. Healthy Start follows the "Healthy Families America(HFA)" model of home visiting--a best practice model delivered by highly trained staff through community-based agencies. Nurse consultants provide additional health support to families and staff.

General home visiting services: Families who do not meet the criteria to enter the NFP/Healthy Start programs are also offered home visits. These include pregnant women with medical conditions, women experiencing domestic violence or alcohol/drug use. Infants served are those born prematurely or of low birth weight, with medical conditions, or having parents unable to provide appropriate care without support. Home visits by nurses and community health workers provide significant support to families, tailored to their needs as observed in their home environment. Services include health screening/assessment, case management, health promotion, breast feeding/parenting support, childbirth classes, and community referrals. Nursing consultation is also provided to pregnant and parenting families enrolled in the Mt Hood Head Start program.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY09-10)	Current Year Purchased (FY10-11)	Current Year Estimate (FY10-11)	Next Year Offer (FY11-12)
Output	% infants 0-12 months with developmental screening	76.0%	80.0%	80.0%	80.0%
Outcome	% of mothers enrolled in NFP who are still breastfeeding at 6 months	48.0%	50.0%	50.0%	50.0%
Quality	% of clients completing survey who are very satisfied/satisfied with services*	0.0%	0.0%	0.0%	80.0%
Outcome	% Healthy Start parents who report reading to /with child at least 3X/week.	80.0%	82.0%	90.0%	90.0%

Performance Measure - Description

 **Measure Changed**

* New performance measure designed to obtain client input on services offered by measuring client satisfaction.

Legal/Contractual Obligation

Healthy Start must comply with Healthy Families America(HFA) credentialing requirements and the state OCCF Healthy Start contract requirements. Failure to comply may result in disaffiliation with HFA and withholding of funding. Babies First & CaCoon state funds must comply with contract requirements. Medicaid reimbursements must comply with Medicaid rules.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2011	2011	2012	2012
Personnel	\$2,490,396	\$2,794,957	\$1,930,619	\$2,744,014
Contracts	\$702,745	\$1,399,375	\$1,161,360	\$1,028,215
Materials & Supplies	\$25,370	\$139,088	\$74,811	\$121,181
Internal Services	\$168,542	\$738,022	\$220,263	\$497,222
Total GF/non-GF:	\$3,387,053	\$5,071,442	\$3,387,053	\$4,390,632
Program Total:	\$8,458,495		\$7,777,685	
Program FTE	27.71	26.80	16.80	25.60
Program Revenues				
Indirect for dep't Admin	\$196,767	\$0	\$164,606	\$0
Fees, Permits & Charges	\$0	\$0	\$0	\$586,123
Intergovernmental	\$0	\$5,071,442	\$0	\$3,804,509
Total Revenue:	\$196,767	\$5,071,442	\$164,606	\$4,390,632

Explanation of Revenues

Early Childhood Services-Pregnant/Parenting Families-Mid/East/Healthy Start is funded by county general fund, Medicaid fees for: 1) Maternity Case Management (MCM) home visits conducted from pregnancy through two months postpartum (\$249/visit), and 2) Targeted Case Management (TCM) for infants and children up to age 5 (\$303/visit). CaCoon is a Care Coordination grant serving children with special health care needs and is shared with Program Offer 40013A. The Babies First! state general fund is also shared with 40013A. The Healthy Start Program is primarily funded through state general funds from the Oregon Commission on Children and Families (OCCF) via the Multnomah Commission on Children, Families and Communities. The state general fund portion of \$1,555,863 represents a decrease of \$253,316 over last year.

Healthy Start: \$1,555,863, Medical fees and administrative claiming: \$2,654,581

CaCoon and Babies First grants: \$110,288; Mt Hood Community College Head Start: \$69,900; County general fund: \$3,387,053

Significant Program Changes

 **Significantly Changed**

Last year this program was: #40013B, Early Childhood Services for High Risk Prenatal, Infants & Children

This program offer structure, not services, has been changed for ease of monitoring and reporting on the budget. Offer A is now for staff working out of the N/NE office. Offer B is for staff working out of Mid and East County office. The services described herein are provided to the whole community.

Programmatic changes include changes in response to State rules changes to Medicaid funded services. These rule changes affect provider types, initial assessment visits and place of service restrictions, resulting in the same number of patient visits but fewer reimbursable visits. Changes to the match rate have offset some of the revenue shortfall. Other changes include the CDC-Intimate Partner Violence/ Nurse Family Partnership grant ended in FY 2011. All staff from this grant were retained and redeployed with the Early Childhood Services programs. The result of these changes to the ECS programs is a net reduction in State and Medicaid revenue of \$854,649 and 4.80 FTE. The reduction in FTE was achieved without reducing services, eliminating vacancies and staff reassignment prevented layoffs.