

**Lead Agency:** County Human Services

**Program Contact:** Ray Hudson

**Program Offer Type:** Existing Operating

**Related Programs:**

**Program Characteristics:** In Target

### Executive Summary

The adult treatment continuum consists of: outpatient addictions treatment including various counseling options, medication management and relapse prevention; residential treatment, (intensive addictions services in a 24-hour setting); community recovery (aftercare services for clients learning to live sober); and a specialized program for severely addicted and multidisabled homeless clients. The continuum will serve about 5,500 clients. Research has shown that Oregon taxpayers save \$5.60 for every dollar spent on treatment.

### Program Description

The overall goal of addiction treatment is to have as many clients as possible successfully complete treatment and maintain sobriety (average successful completion statewide is about 50%). Services are delivered throughout Multnomah County by a network of state licensed providers. These providers are culturally competent and many have bilingual staff. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life. The system treats about 5,000 outpatient clients annually.

Residential treatment provides intensive services in a 24/7 setting with clients living in the treatment center during their course of treatment, usually for two to six months. Clients needing this level of care often have multiple failures in outpatient treatment, related to the severity and length of their addiction, as well as risk factors like chronic unemployment and housing problems. Residential treatment serves about 500 clients annually.

Treatment helps clients shift from ambivalence and denial about their addiction to acceptance and incentive to change. Clients address issues that are barriers to recovery, and develop strategies and skills to overcome them. Providers also address the self sufficiency needs of each client through help with: parenting skills; stress and anger management; housing issues; independent living skills; referrals for physical and mental health issues; linkages to employment services; and recreation and healthy use of leisure time.

Community recovery programming provides a variety of sober social support activities for clients and their families, utilizing a community sited 'clubhouse' model.

This program supports recovery and a return to a healthy lifestyle by offering access to addictions treatment that addresses the negative consequences of alcohol and other drugs.

### Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY09-10)	Current Year Purchased (FY10-11)	Current Year Estimate (FY10-11)	Next Year Offer (FY11-12)
Output	Number served in treatment (all levels)	5,500	5,500	5,500	5,200
Outcome	Percentage of clients who successful complete treatment <sup>1</sup> (Outpatient)	55.0%	60.0%	60.0%	58.0%

### Performance Measure - Description

<sup>1</sup> "Successful completion of treatment" is defined as achieving at least 2/3 of treatment plan goals and having 90 days sobriety. Successful completion of treatment has been repeatedly shown to help move people toward greater self-sufficiency by increasing their employability and income and reducing their criminal activities.

## Legal/Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A D 61 is Adult Alcohol & Drug Residential Treatment Services and Service Element A-D 66 is Continuum of Care Services). Also, Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	2011	2011	2012	2012
Personnel	\$270,204	\$422,421	\$280,485	\$429,808
Contracts	\$2,612,974	\$8,037,682	\$2,484,047	\$8,037,682
Materials & Supplies	\$83,150	\$0	\$16,213	\$840
Internal Services	\$59,842	\$9,243	\$51,512	\$8,449
Total GF/non-GF:	<b>\$3,026,170</b>	<b>\$8,469,346</b>	<b>\$2,832,257</b>	<b>\$8,476,779</b>
Program Total:	<b>\$11,495,516</b>		<b>\$11,309,036</b>	
Program FTE	2.50	4.20	2.50	4.20
<b>Program Revenues</b>				
Intergovernmental	\$0	\$8,469,346	\$0	\$8,476,779
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$8,469,346</b>	<b>\$0</b>	<b>\$8,476,779</b>

## Explanation of Revenues

\$156,383 - Local 2145 Beer and Wine Tax Revenues: Based on FY11 revised budget

\$261,584 - State Mental Health Grant Local Admin; \$71,772 - State Mental Health Grant Special Projects; \$4,493,881 - State Mental Health Grant A&D Residential Services; \$301,563 - State Mental Health Grant Drug Residential Care; \$2,034,655 - State Mental Health Grant A&D Continuum of Care Services; \$1,051,200 - State Mental Health Grant A&D Residential Capacity Services; \$105,741 - State Mental Health Grant Prevention Services: All above revenues based on FY11 revised budget

\$2,832,257 - County General Fund

## Significant Program Changes

Last year this program was: