

Lead Agency: County Human Services

Program Contact: Ray Hudson

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics:

Executive Summary

Gambling addiction treatment uses evidence-based practices in an outpatient setting to provide treatment to persons diagnosed with problem or pathological gambling. The county's community-based providers treat approximately 513 gamblers and their family members annually. Countywide data shows that problem gamblers and family members seeking treatment can access services in less than five days, 99% of the time.

Program Description

Multnomah County's Problem Gambling Services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy factors influencing gambling and health. Gambling treatment and prevention services incorporate prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues for the gambler, family members, and communities. Based on community norms (3% of problem gamblers seek treatment), 436 adults can be expected to access treatment each year in Multnomah County. This year 443 gamblers enrolled in treatment (102% of projection). As noted, family participation is important and approximately 60 family members enrolled in treatment as well.

Multnomah County has one of the highest rate per capita (18 years and older) of lottery sales statewide. Approximately 74% of the gambling treatment clients report video poker as their primary gambling activity. Problem gambling treatment services are closely aligned to the county's Basic Living Needs priority by promoting healthy behaviors. The treatment focus is on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Problem gambling treatment assists the gambler and family in managing money/finances, rebuilding trust within the family, learning gambling prevention techniques, and maintaining recovery.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY09-10)	Current Year Purchased (FY10-11)	Current Year Estimate (FY10-11)	Next Year Offer (FY11-12)
Output	Gamblers and family members accessing treatment annually ¹	356	500	350	356
Outcome	Gambler successful completion rate ²	62.0%	34.0%	63.0%	63.0%

Performance Measure - Description

¹'Gamblers and family members accessing treatment annually' means the number of problem and/or pathological gamblers completing enrollment and entering treatment annually.

²'Successful completion rate' is defined as the gambling client having completed a minimum of 75% of the short-term treatment goals, completion of a continued wellness plan, and lack of engagement in problem gambling behaviors for at least 30 days prior to discharge.

Legal/Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A D 80 is Problem Gambling Prevention Services and Service Element A-D 81 is Outpatient Problem Gambling Treatment Services).

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2011	2011	2012	2012
Personnel	\$0	\$33,818	\$0	\$34,653
Contracts	\$0	\$780,000	\$0	\$318,889
Internal Services	\$0	\$2,183	\$0	\$1,995
Total GF/non-GF:	\$0	\$816,001	\$0	\$355,537
Program Total:	\$816,001		\$355,537	
Program FTE	0.00	0.30	0.00	0.30
Program Revenues				
Intergovernmental	\$0	\$816,001	\$0	\$355,537
Total Revenue:	\$0	\$816,001	\$0	\$355,537

Explanation of Revenues

\$36,648 - State Mental Health Grant Local Admin; \$25,000 - State Mental Health Grant Gambling Prevention; \$293,889- State Mental Health Grant Gambling Treatment Services: All based on FY11 revised budget

Significant Program Changes

Last year this program was: