

Lead Agency: County Human Services

Program Contact: Betty Schallberger

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics:

Executive Summary

School Based Mental Health is an essential component of the mental health system of care for children and families. This program serves 1,021 children and teens with serious mental health disorders in over 92 school settings throughout the county.

Mental health professionals provide culturally-competent, family-focused, evidence-based treatment. Children and teens receive service that decreases the risk of hospitalization or other restrictive and costly services. Additional children with emotional and behavioral needs are helped through 11,512 preventative consultation contacts with school based health center staff and others that averted need for higher level of care. Sustainability efforts have been focused on improving the program's OHP billing reimbursement, which increased 21% in the last year.

Program Description

Mental health treatment is provided in schools to decrease barriers such as stigma, cost and transportation for 1,008 underserved families. This program reaches youth who have not accessed services in a mental health center and 51% of those served were children of color. Approximately 97% of the children served were uninsured or insured by the Oregon Health Plan.

School-based mental health consultants provide crisis intervention, mental health assessment, individual, group and family treatment and clinical case management as well as interventions with schools to help manage a child's mental health disorder. Consultation on children's mental health is provided to school and school-based health clinic staff as well as community providers. Mental health consultants are co-located in School-Based Health Centers when possible to provide seamless services. About 71% of the families receive linkage services of mental health screenings and referral to community mental health centers.

Locating mental health services in schools is a best practice and Multnomah County has been a leader in the nation by providing this program since 1967. Through this program children and teens who are at risk of harming themselves or others are identified and receive intervention. This is important because, in Oregon, suicide is the number two cause of death among young people. Earlier identification and treatment can divert children from needing higher cost and more restrictive services. This program meets a child's basic need for mental health and is congruent with the goals of the School Age Policy Framework. It is also a part of the Children's Mental Health Redesign.

Performance Measures

| Measure Type | Primary Measure | Previous Year Actual (FY09-10) | Current Year Purchased (FY10-11) | Current Year Estimate (FY10-11) | Next Year Offer (FY11-12) |
|--------------|---|--------------------------------|----------------------------------|---------------------------------|---------------------------|
| Output | Total unduplicated children receiving mental health services. | 1,000 | 950 | 1,008 | 1,050 |
| Outcome | % of children receiving services showing improved school behavior & attendance ¹ | 88.0% | 80.0% | 86.0% | 86.0% |

Performance Measure - Description

¹Improvements in school behavior and attendance are measures that reflect a child's overall success at home, in school and in the community.

Legal/Contractual Obligation

School districts contract with MHASD for school-based mental health staff to serve their students.

Revenue/Expense Detail

| | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|-------------------------|-----------------------|----------------------|-----------------------|----------------------|
| Program Expenses | 2011 | 2011 | 2012 | 2012 |
| Personnel | \$437,529 | \$912,485 | \$440,734 | \$991,724 |
| Materials & Supplies | \$6,565 | \$25,008 | \$14,556 | \$29,667 |
| Internal Services | \$87,820 | \$45,947 | \$79,630 | \$36,569 |
| Total GF/non-GF: | \$531,914 | \$983,440 | \$534,920 | \$1,057,960 |
| Program Total: | \$1,515,354 | | \$1,592,880 | |
| Program FTE | 4.02 | 9.22 | 4.12 | 9.72 |
| Program Revenues | | | | |
| Intergovernmental | \$0 | \$983,440 | \$0 | \$1,057,960 |
| Total Revenue: | \$0 | \$983,440 | \$0 | \$1,057,960 |

Explanation of Revenues

\$620,775 - State Mental Health Grant Child/Adolescent MH Services: Based on FY11 revised budget

\$157,029 - FQHC: Based on FY11 revised budget

\$10,000 - Parkrose School District; \$75,000 - Centennial School District; \$26,497 - Roosevelt High School: Based on FY11 revised budget

\$168,659 - Fee for Service Insurance Receipts: Based on current year projections

\$534,920 - County General Fund

Significant Program Changes

Last year this program was:

Longstanding revenue contracts with Parkrose School District for \$10,000 and with Centennial School District for \$75,000 continued for this school year. A new revenue contract with Portland Public School District was initiated for \$26,497 to fund .5FTE Mental Health Consultant at Roosevelt High School from 9-1-10 through 6-30-11. This contract will continue into FY12-03 and into FY13-04 due to a three year state school improvement grant that Roosevelt High received in FY11.