

Lead Agency: Health Department

Program Contact: NORMAN Kathy M

Program Offer Type: Existing Operating

Related Programs:

Program Characteristics:

Executive Summary

This program is designed to support kids' academic success by breaking down barriers to staying in school. Teen parents face significant challenges to success in school. Research indicates young people who delay sexual involvement until the age of 16.5 are more likely to protect themselves from pregnancy and disease. This program gives students the skills and confidence to delay sexual involvement and reduces participation in other risky activities while building healthy relationships. It also improves health, access to information and resources for 11,000 school aged students and their parents in five school districts (57 schools total) in Multnomah County, and offers workshops to community-based organizations. The program uses three strategies: youth development and leadership training; parent involvement; and classroom healthy relationship and sexuality education.

Program Description

The Adolescent Health Promotion Program (AHPP) is designed to delay sexual activity and build healthy relationships for middle school students using peer educators to teach five sexuality education sessions that focus on media influences, correcting misconceptions about teen sexuality, and building assertiveness skills to refuse pressure. AHPP at the high school level focuses on skill building and assertiveness training to develop healthy relationships for life. AHPP employs three proven strategies: 1) Youth Development/Leadership Training: The peer education and empowerment approach, provided in a school setting, further contributes to developing and ensuring success in school. The program engages teens in discussions and activities allowing them to build skills and confidence in healthy decision making, planning for the future, self-risk assessment, and encourages communication with parents about healthy relationships and sexuality. 2) Parent Involvement: provides resources and workshops to assist parents in talking to their child about healthy relationships and sex. 3) Healthy Relationships and Sexuality Education sessions: AHPP is culturally and developmentally appropriate and delivered in schools and community-based organizations, focusing on healthy relationships, the effect of drugs and alcohol on sexual behavior, access to health services, and skill and confidence building. Research shows that teens who delay sexual activity are more likely to have fewer partners and take action to protect them against pregnancy and sexually transmitted infections (STIs). Since 1995, statewide evaluations have consistently shown that students who received AHPP out-performed students in the control schools on measures of knowledge about sexuality and attitude toward postponing. The teen pregnancy rate is one of the primary health indicators for a community. In Multnomah County the teen pregnancy rate has continued to decline since the mid-1990s. However, the Multnomah County teen pregnancy rate remains higher than the state's rate and is significantly higher for Hispanic teens. When young people have hope for their future, they are less likely to engage in a range of risky behaviors including drug and alcohol abuse, smoking, and early initiation of sex, among others (Prothrow-Stith, date; Wilson et al, 2006). Therefore, AHPP works to empower young people, and increase their sense of control over their lives and their health.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY08-09)	Current Year Purchased (FY09-10)	Current Year Estimate (FY09-10)	Next Year Offer (FY10-11)
Output	# of high school teen leaders trained	260	260	235	250
Outcome	Increase the % of HS/College students that participate as leaders	65.0%	68.0%	68.0%	68.0%
Output	Increase of the # of students and their parents who receive the program	13,000	11,000	14,000	14,000

Performance Measure - Description

1) Positively impact outcomes known to decrease teen pregnancy and other high risk behaviors: knowledge of the risk and impact of teen pregnancy and sexually transmitted infections (STIs) and attitude towards delaying sexual activity. 2) % of trained teen leaders that participate for more than one year. 3) Number of students/parents receiving healthy relationship and sexuality sessions annually. Have scaled back number of health fairs but are increasing intensity/1:1 parent target portion of program.

Legal/Contractual Obligation

AHPP Contractual agreement with Northwest Family Services (NWFS) to serve 3,087 10th grade students and their parents with outreach to the faith-based African American(AA) community. Administration for Children and Families indicates that 7,000 middle school students and their parents will be served, with special outreach to teen parents, the (AA), and Latino community.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2010	2010	2011	2011
Program Expenses				
Personnel	\$0	\$619,219	\$78,345	\$628,785
Contracts	\$0	\$68,500	\$0	\$46,650
Materials & Supplies	\$0	\$11,616	\$655	\$5,016
Internal Services	\$0	\$145,086	\$0	\$144,292
Total GF/non-GF:	\$0	\$844,421	\$79,000	\$824,743
Program Total:	\$844,421		\$903,743	
Program FTE	0.00	7.94	1.00	7.62
Program Revenues				
Indirect for dep't Admin	\$51,621	\$0	\$49,044	\$0
Intergovernmental	\$0	\$851,400	\$0	\$824,743
Total Revenue:	\$51,621	\$851,400	\$49,044	\$824,743

Explanation of Revenues

\$551,400 Federal grant revenue received Oct. 2006. Currently in year 3 of the 5 year grant. \$300,000.00 per year contract revenue received through Northwest Family Services. Currently in year 3 of the 5-year grant.

Significant Program Changes

Last year this program was: #40025, Adolescent Health Promotion Program
Expansion to David Douglas School District; 64 4th & 5th grade classroom presentations in 8 schools.