

### Program # 25078 - Culturally Specific Mental Health Services

Lead Agency: Program Offer Type:

County Human Services Existing Operating

#### **Related Programs:**

**Program Characteristics:** 

### **Executive Summary**

Culturally specific outpatient mental health services provide treatment for five underserved communities in our county (Asian, African-American, Eastern European, Latino and Native-American). These communities have encountered difficulty finding mental health treatment that incorporates their culture, tradition and language. These services provide culturally and linguistically relevant care for these populations. Some communities of color are also overrepresented in the criminal justice system. Approximately 400 individuals receive services.

### **Program Description**

The system of care built and maintained by Multnomah County must reflect the demographics of those we serve. To ensure that all members of our community have treatment options that incorporate specific cultural needs, DCHS contracts for mental health services for individuals from five communities currently underserved or insufficiently served. Those communities are: Eastern European, African-American, Asian-American, Latino-American, and Native American.

Data suggests that members of the African-American and Native American communities are more likely than other populations to suffer from severe mental illnesses that require a more intensive level of care. African-Americans are four times more likely to be involuntarily placed in a hospital setting than members of other culturally specific groups. African-Americans are also overrepresented in jail and the criminal justice system.

The culturally specific services address mental health problems through early access to culturally and linguistically appropriate treatment. Early intervention can mitigate the need for expensive hospital, residential care, or crisis services. Treatment also reduces the risk of inappropriate incarceration or homelessness.

These mental health providers understand community cultural norms and have a relationship of trust with the communities they serve. These providers offer a wide variety of mental health services in a supportive and culturally appropriate setting.

#### **Performance Measures**

| Measure<br>Type | Primary Measure                                                                              | Previous<br>Year Actual<br>(FY08-09) | Current<br>Year<br>Purchased<br>(FY09-10) | Current<br>Year<br>Estimate<br>(FY09-10) | Next Year<br>Offer<br>(FY10-11) |
|-----------------|----------------------------------------------------------------------------------------------|--------------------------------------|-------------------------------------------|------------------------------------------|---------------------------------|
| Output          | Total Culturally Diverse Individuals Receiving Services                                      | 410                                  | 383                                       | 400                                      | 400                             |
|                 | Culturally Specific Persons Served per 1000 Culturally<br>Diverse in Population <sup>2</sup> | 2                                    | 2                                         | 2                                        | 2                               |

### **Performance Measure - Description**

<sup>1</sup> This total includes all persons served under this contract and does not include those culturally diverse persons served by Verity or in other programs.

<sup>2</sup> Service Rate Per 1000 Calculation- Numerator: Total unduplicated culturally diverse individuals served. Denominator: Total county census for similar groups taken from the American Community Survey estimates for 2008.

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Program Contact:

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# Legal/Contractual Obligation

## **Revenue/Expense Detail**

|                  | Proposed General<br>Fund | Proposed Other<br>Funds | Proposed General<br>Fund | Proposed Other<br>Funds |  |  |  |
|------------------|--------------------------|-------------------------|--------------------------|-------------------------|--|--|--|
| Program Expenses | 2010                     | 2010                    | 2011                     | 2011                    |  |  |  |
| Contracts        | \$1,266,900              | \$0                     | \$1,292,239              | \$0                     |  |  |  |
| Total GF/non-GF: | \$1,266,900              | \$0                     | \$1,292,239              | \$0                     |  |  |  |
| Program Total:   | \$1,266,900              |                         | \$1,292,239              |                         |  |  |  |
| Program FTE      | 0.00                     | 0.00                    | 0.00                     | 0.00                    |  |  |  |
| Program Revenues |                          |                         |                          |                         |  |  |  |
| Total Revenue:   | \$0                      | \$0                     | \$0                      | \$0                     |  |  |  |

# **Explanation of Revenues**

\$1,292,239 - County General Fund

## Significant Program Changes

Last year this program was: #25078A, Culturally Specific Mental Health Services This program offer includes a 2% inflationary increase of \$ 25,339 over FY10 for the County General Fund portion of contracted client services.