

**Lead Agency:** County Human Services

**Program Contact:** Godwin Nwerem

**Program Offer Type:** Existing Operating

**Related Programs:**

**Program Characteristics:** Backfill State/Federal/Grant, Measure 5 Education

### Executive Summary

School Based Mental Health is an essential component of the mental health system of care for children and families. This program serves 924 children and teens with serious mental health disorders in over 88 school settings throughout the county. Mental health professionals provide culturally competent, family focused, evidence based treatment. Children and teens receive service that decreases the risk of hospitalization or other restrictive and costly services. Additional children with emotional and behavioral needs are helped through 12,381 preventative consultation contacts with school based health center staff and others that averted need for higher level of care. Sustainability efforts has been focused on improving the program's OHP billing reimbursement, which increased 30% in the last year.

### Program Description

Mental health treatment is provided in schools to decrease barriers such as stigma, cost and transportation for 924 underserved families. This program reaches youth who have not accessed services in a mental health center and 47% of those served were children of color. Approximately 95% of the children served were uninsured or insured by the Oregon Health Plan.

School based mental health consultants provide crisis intervention, mental health assessment, individual, group and family treatment and clinical case management as well as interventions with schools to help manage a child's mental health disorder. Consultation on children's mental health is provided to school and school based health clinic staff as well as community providers. Mental health consultants are co-located in School Based Health Clinics when possible to provide seamless services. About 60% of the families receive linkage services of mental health screenings and referral to community mental health centers.

Locating mental health services in schools is a best practice and Multnomah County has been a leader in the nation by providing this program since 1967. Through this program children and teens who are at risk of harming themselves or others are identified and receive intervention. This is important because, in Oregon, suicide is the number two cause of death among young people. Earlier identification and treatment can divert children from needing higher cost and more restrictive services. This program meets a child's basic need for mental health and is congruent with the goals of the School Age Policy Framework. It is also a part of the Children's Mental Health Redesign.

### Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY08-09)	Current Year Purchased (FY09-10)	Current Year Estimate (FY09-10)	Next Year Offer (FY10-11)
Output	Total unduplicated children receiving mental health services.	800	825	924	950
Outcome	% of children receiving services showing improved school behavior & attendance <sup>1</sup>	80.0%	80.0%	87.0%	80.0%

### Performance Measure - Description

<sup>1</sup> Improvements in school behavior and attendance are measures that reflect a child's overall success at home, in school and in the community.

## Legal/Contractual Obligation

Revenue Contracts exist with Parkrose School District for \$10,000 and Centennial School District for \$75,000. All revenue contracts have expectations for School Based Mental Health Consultant FTE's to be provided.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	2010	2010	2011	2011
Personnel	\$190,686	\$1,114,683	\$437,529	\$912,485
Materials & Supplies	\$4,209	\$22,091	\$6,565	\$25,008
Internal Services	\$117,716	\$114,748	\$87,820	\$45,947
Total GF/non-GF:	<b>\$312,611</b>	<b>\$1,251,522</b>	<b>\$531,914</b>	<b>\$983,440</b>
Program Total:	<b>\$1,564,133</b>		<b>\$1,515,354</b>	
Program FTE	2.23	11.01	4.02	9.22
<b>Program Revenues</b>				
Intergovernmental	\$0	\$1,251,522	\$0	\$983,440
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$1,251,522</b>	<b>\$0</b>	<b>\$983,440</b>

## Explanation of Revenues

\$575,176 - State Mental Health Grant Child/Adoles MH Svc: Based on FY09-11 projected State Biennial Budget  
\$158,708- FQHC  
\$164,556- FFS Service Receipts  
\$10,000- Parkrose School District  
\$75,000- Centennial School District  
\$531,914 - County General Fund

## Significant Program Changes

**Last year this program was:** #25075, School Based Mental Health

Contract with the Multnomah Educational Service District for \$78,710 ended on 6/09.

Loss of \$49,164 funding from the Health Department School Based Clinics is expected to occur as of July 1, 2010. This currently funds a .8 FTE.