

Lead Agency: County Human Services
Program Offer Type: Existing Operating
Related Programs: 25156A

Program Contact: Godwin Nwerem

Program Characteristics:

Executive Summary

Bienestar de La Familia (Wellbeing of the Family) is a multidisciplinary approach serving a large Latino community. Bienestar provides culturally specific, linguistically appropriate direct mental health and addiction treatment services to children, adolescents, adults and families at sites throughout Multnomah County. Qualified mental health professionals and an Addiction Specialist served 530 Hispanic children and families in their homes and in the community last year. Service sites include schools, Headstarts, CARES NW, and La Clinica Health Clinic. About 93% of individuals served are uninsured. Bienestar strives for health equity by providing services to traditionally underserved populations of Spanish speaking Latino families who experience significant barriers to service access.

Program Description

Bienestar mental health consultants provide mental health assessments, crisis intervention, individual, family and group treatment services, referrals and consultation. Four (2.0 FTE) Bienestar mental health consultants and an addictions specialist (.88 FTE) travel across the county to serve children and families within their homes, high school based health clinics, Early Childhood Headstart (60% Hispanic), Migrant Headstart (99% Hispanic), CARES NW and La Clinica Health Clinic.

The population served by CARES NW, a child abuse evaluation program, is composed of 22% (380) Hispanic children. There is a Hispanic population of more than 850 in the area surrounding La Clinica, the anchor health care program for homeless children and families. Bienestar mental health consultants and the addiction specialist collaborate with medical practitioners, community social service providers, domestic violence and gang intervention and prevention programs as well as Portland Police to ensure children and families receive support and medical care. Families and children get assistance with their mental health, domestic violence, social support, poverty, and substance abuse issues to improve their functioning in the community.

The Bienestar program is aligned with the School Age Policy and Early Childhood Frameworks as well as the Health Equity Initiative. Every family receiving Bienestar mental health services is assessed for the presence of domestic violence. Of those receiving mental health services 88% are uninsured. Staff assist families to apply for Oregon Health Plan and other supports. The mental health staff initiate consultation and coordination efforts to build cross cultural understanding among other service providers as well as with county staff. Purchase of this program offer plus the Bienestar social services offer (25156A) brings the program to the current level of funding.

Performance Measures

| Measure Type | Primary Measure | Previous Year Actual (FY08-09) | Current Year Purchased (FY09-10) | Current Year Estimate (FY09-10) | Next Year Offer (FY10-11) |
|--------------|---|--------------------------------|----------------------------------|---------------------------------|---------------------------|
| Output | Total unduplicated children, families and adults served ¹ | 530 | 615 | 468 | 550 |
| Outcome | % of uninsured children and families receiving services in Spanish ² | 93 | 85 | 91 | 93 |

Performance Measure - Description

¹ Total unduplicated child, families and adults identified as receiving formal and informal mental health services. Data for number served by Alcohol and Drug staff not available this year due to staff changes.

² Percent of uninsured children and families from documented mental health services with a Bienestar code.

Legal/Contractual Obligation**Revenue/Expense Detail**

| | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|-------------------------|-----------------------|----------------------|-----------------------|----------------------|
| Program Expenses | 2010 | 2010 | 2011 | 2011 |
| Personnel | \$257,776 | \$0 | \$252,607 | \$0 |
| Materials & Supplies | \$4,778 | \$0 | \$4,363 | \$0 |
| Internal Services | \$0 | \$0 | \$62,577 | \$0 |
| Total GF/non-GF: | \$262,554 | \$0 | \$319,547 | \$0 |
| Program Total: | \$262,554 | | \$319,547 | |
| Program FTE | 2.80 | 0.00 | 2.80 | 0.00 |
| Program Revenues | | | | |
| Total Revenue: | \$0 | \$0 | \$0 | \$0 |

Explanation of Revenues

\$319,547 - County General Fund

Significant Program Changes

 **Significantly Changed**

Last year this program was: #25156B, Bienestar Mental Health Services
 #25156B – Bienestar Mental Health Services included in this offer.