

Lead Agency: County Human Services
Program Offer Type: Existing Operating
Related Programs: 25055

Program Contact: Len Lomash

Program Characteristics:

Executive Summary

Mental health services describe the existing continuum of mental health care for adults. Psychiatric hospitalization treats persons at immediate risk to themselves or others. Respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to over 6,800 adults annually. Primarily funded by the Oregon Health Plan, this continuum addresses the needs of adults at emergent (most acute), urgent and routine (least acute) levels of care.

Program Description

This service continuum contains three distinct service elements that contribute to a system of care for adults: psychiatric inpatient, respite and outpatient services. Psychiatric inpatient hospitalization is the most intensive level of care in the adult system. Hospital admission is carefully monitored to ensure that it is only offered where medically and clinically appropriate. Once admitted, individuals receive the full range of treatment services provided in a hospital setting. The Mental Health and Addiction Services Division (MHASD) Call Center works with the hospitals and providers to provide individuals a safety net of services as they transition into the community following discharge. This service was provided to approximately 1,328 clients.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a best practice when used in a continuum of treatment services. MHASD funds six respite beds and served approximately 300 clients with an average stay of 5.52 days.

Adult mental health outpatient services provide a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, case management, intensive outreach and medication management. Outpatient services address long and short term mental health needs and avoid more acute services. An average of 5,000 adults receive outpatient services each month, with many remaining in treatment for several months.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY08-09)	Current Year Purchased (FY09-10)	Current Year Estimate (FY09-10)	Next Year Offer (FY10-11)
Output	Total adults receiving Outpatient mental health services ¹	6,602	6,378	6,813	6,813
Outcome	Percent of adults readmitted to inpatient within 30 days of discharge ²	18.9%	18.8%	19.4%	19.4%

Performance Measure - Description

¹ Number of unduplicated Verity adult enrollees who received an outpatient mental health service during the fiscal year.

² Percent of unduplicated Verity adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period.

Legal/Contractual Obligation

State of Oregon Mental Health Organization (MHO) Contract, Statement of Work.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2010	2010	2011	2011
Personnel	\$64,760	\$131,484	\$0	\$240,877
Contracts	\$0	\$17,791,280	\$0	\$20,900,000
Materials & Supplies	\$1,682	\$3,415	\$0	\$1,891
Internal Services	\$17,662	\$35,859	\$0	\$383,818
Total GF/non-GF:	\$84,104	\$17,962,038	\$0	\$21,526,586
Program Total:	\$18,046,142		\$21,526,586	
Program FTE	1.02	0.98	0.00	2.00
Program Revenues				
Intergovernmental	\$0	\$17,962,038	\$0	\$21,526,586
Total Revenue:	\$0	\$17,962,038	\$0	\$21,526,586

Explanation of Revenues

\$21,526,586 - OHP Premium: Based on FY10 Rate per client times number of clients as of 12/31/09

Significant Program Changes**Last year this program was:** #25062, Mental Health Services for Adults

This program has not significantly changed. We will allocate additional resources to the development of Intensive Case Management (ICM) pilot projects in the coming year with the goal of decreasing hospital admissions & re-admissions. ICM provides more intensive outreach/in-community supports for high-risk individuals who are not engaging in existing treatment modalities.