

**Priority:** Basic Needs  
**Program Offer Type:** Existing Operating  
**Related Programs:**

**Lead Agency:** County Human Services  
**Program Contact:** Karl Brimner

**Program Characteristics:**

**Executive Summary**

The Sobering Station provides a safe, secure holding environment for intoxicated individuals to "sober up." Individuals are counseled by staff about options for alcohol and drug treatment and encouraged to seek further care. This program has more than 11,000 admissions annually. Motivated individuals are often able to enter the detoxification program, leading to further treatment. Sobering is a critical public safety function picking up intoxicated individuals off the streets.

**Program Description**

The Sobering program has two goals: 1) provide a medically monitored environment in which intoxicated individuals can "sober up" and regain their functionality, and 2) provide a point of intervention for the chemically dependent. In support of these goals, staff perform a wide range of duties that include initial evaluation by an Emergency Medical Technician (EMT), monitoring, intervention and pre-release EMT evaluation. The staff provides information about chemical dependency and counsels clients to enter into recovery and treatment programs. The Hooper Center Sobering program includes the CHIERS (Central City Concern Hooper Inebriate Emergency Response Service) mobile outreach van, funded by the city of Portland, to transport intoxicated persons to the program. The average length of stay is 5.4 hours. There are over 11,000 admissions to sobering annually.

**Program Justification**

The Sobering Station directly links to the Basic Living Needs Priority by providing intervention into the lives of publicly intoxicated people brought to the program under civil hold by law enforcement, CHIERS or as voluntary admissions. The Sobering program serves both a public safety function to provide a medically monitored environment in which public inebriates can become sober while protected from abuse and neglect, and a behavioral health function to provide a point of intervention for the chemically dependent. Sobering directly connects to both the Poverty Framework and the 10-year Plan to End Homelessness by providing persons a link to services that can help them to meet basic health and safety needs and the opportunity to break the cycle of homelessness. The program is a tremendous benefit to city police by saving them approximately 900 additional bookings (and associated costs) per month.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY07-08)	Current Year Purchased (FY08-09)	Current Year Estimate (FY08-09)	Next Year Offer (FY09-10)
Output	Total Admissions	11,000	11,484	11,000	11,000
Outcome	Percentage of clients that successfully discharge <sup>1</sup>	99.0%	100.0%	100.0%	100.0%

**Performance Measure - Description**

<sup>1</sup> A successful discharge includes: a. no deaths in sobering (The program had one death two years ago.) b. clients are cognizant of surroundings and no longer in immediate danger of harm to self or others.

**Legal/Contractual Obligation****Revenue/Expense Detail**

	<b>Proposed General Fund</b>	<b>Proposed Other Funds</b>	<b>Proposed General Fund</b>	<b>Proposed Other Funds</b>
<b>Program Expenses</b>	2009	2009	2010	2010
Contracts	\$592,812	\$0	\$468,812	\$0
<b>Subtotal: Direct Exps:</b>	<b>\$592,812</b>	<b>\$0</b>	<b>\$468,812</b>	<b>\$0</b>
Administration	\$0	\$0	\$0	\$0
Program Support	\$0	\$0	\$0	\$0
<b>Subtotal: Other Exps:</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>
<b>Total GF/non-GF:</b>	<b>\$592,812</b>	<b>\$0</b>	<b>\$468,812</b>	<b>\$0</b>
<b>Program Total:</b>	<b>\$592,812</b>		<b>\$468,812</b>	
Program FTE	0.00	0.00	0.00	0.00
<b>Program Revenues</b>				
Program Revenue for Admin	\$0	\$0	\$0	\$0
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>

**Explanation of Revenues**

County General Fund (MVRT)- \$468,812

**Significant Program Changes**

**Last year this program was:** #25091A, Sobering

County General Fund was reduced by \$289,000 based on City of Portland's funding commitment to the program.