

Priority: Basic Needs
Program Offer Type: Existing Operating

Lead Agency: County Human Services
Program Contact: Karl Brimmer

Related Programs:

Program Characteristics:

Executive Summary

Detoxification, a medically monitored inpatient service, is the primary entrance point into addiction services for many severely addicted and low-income persons. The program serves over 2,500 persons annually with a successful completion rate of 75%. Supportive housing is available for homeless addicts who have completed detoxification and are continuing treatment. Housing support specialists assist access to key services that promote health, recovery, permanent housing stability and self-sufficiency.

Program Description

Alcohol and drug detoxification medically stabilizes a highly vulnerable and diverse client population and prepares individuals for further treatment. Detoxification beds provide services 24 hours a day, seven days a week. All clients receive prescribed medication to ease withdrawal symptoms and acupuncture to reduce the physiological stress during detoxification so that they are more likely to complete the process. The program includes an integrated medical clinic with primary care and dual-diagnoses services. Detoxification is provided in a culturally competent manner that includes a variety of services: counseling and case management, health care services (physical, mental, and residential/outpatient addiction treatment), housing resources (permanent housing, rent assistance, eviction prevention), food and transportation, and economic independence (job training, employment referrals, benefits eligibility screening). There are approximately 2,500 admissions to detoxification annually with an average successful completion rate of 75%.

After detoxification, homeless clients who are entering outpatient treatment are referred to supportive housing services. Each of the 50 supportive housing units can house two to three clients per year (three to four month stays). The supportive housing increases post-detoxification treatment retention rates and promotes recovery. Supportive housing addresses two interwoven challenges: without housing, clients lack the stability necessary to address the problems that lead to homelessness, and without supportive services, the client is likely to remain homeless due to unaddressed addiction issues. Clients are helped by housing support specialists to access key services that promote health, recovery, permanent housing stability, and self-sufficiency. Benefiting from clinical and housing support, clients move from active addiction, through treatment and into the recovery world; and from homelessness, through supportive housing and int

Program Justification

Detoxification and supportive housing are two vital steps to working towards long-term recovery and stability. This program links to the Basic Needs priority by addressing the addiction to alcohol and other drugs in a highly vulnerable and diverse client population. This program connects to the Poverty Framework by addressing the healthcare and employment needs of adults. It also links to the 10-Year Plan To End Homelessness by connecting vulnerable persons completing detoxification to the treatment, health care, housing, and other services needed to resolve their homelessness. Supportive housing (\$16 per unit per day) is an evidence based, low cost resource when compared to inpatient hospitalization (\$700 or more per day) or adult residential treatment (\$106 per client per day) and we can provide less restrictive and less expensive outpatient treatment services while the individual is in supportive housing.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY07-08)	Current Year Purchased (FY08-09)	Current Year Estimate (FY08-09)	Next Year Offer (FY09-10)
Output	Number of admissions annually to detoxification ¹	2,065	2,530	2,314	2,530
Outcome	Percentage of supportive housing unit utilization ²	97.0%	91.0%	97.0%	91.0%

Performance Measure - Description

¹ A person who completes the enrollment process and enters detoxification is an admission. There can be multiple admissions for a person annually. ² Average length-of-stay in supportive housing is 14-15 weeks. Supportive housing increases post-detoxification treatment retention rates, so it is important that the supportive housing units are utilized to their fullest extent. Our outcome measures the annual utilization rate.

Legal/Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A D 66 is Continuum of Care Services). Also, State/Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2009	2009	2010	2010
Contracts	\$482,376	\$2,086,706	\$682,376	\$1,878,359
Subtotal: Direct Exps:	\$482,376	\$2,086,706	\$682,376	\$1,878,359
Administration	\$55,912	\$50,692	\$59,747	\$78,575
Program Support	\$123,900	\$21,787	\$131,162	\$18,690
Subtotal: Other Exps:	\$179,812	\$72,479	\$190,909	\$97,265
Total GF/non-GF:	\$662,188	\$2,159,185	\$873,285	\$1,975,624
Program Total:	\$2,821,373		\$2,848,909	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$2,086,706	\$0	\$1,878,359
Program Revenue for Admin	\$0	\$0	\$0	\$0
Total Revenue:	\$0	\$2,086,706	\$0	\$1,878,359

Explanation of Revenues

State Mental Health Grant - \$1,459,442
County General Funds - \$696,023
Local 2145 Beer & Wine Tax - \$405,270

Significant Program Changes

Last year this program was: #25090, Addictions Detoxification and Post-Detoxification Housing

The FY09 Adopted Budget for program offer #25090 included projected revenue of \$100,000 each from Washington and Clackamas counties. When it was clear that these funds would not be received, in August of 2008, the Board of County Commissioners increased County General Fund support of this program offer by \$200,000 to keep services at the current level.