

Priority: Basic Needs
Program Offer Type: Existing Operating
Related Programs:

Lead Agency: County Human Services
Program Contact: Karl Brimner

Program Characteristics:

Executive Summary

The alcohol and drug prevention program provides services to more than 700 at-risk children and families with an array of services. These include a nationally-recognized evidence-based parenting program, structured after-school activities (homework assistance, tutoring and home visits) and culturally-specific youth leadership activities. These programs promote school success, family bonding, improved parenting skills and youth life skills. The aim is to reduce youth substance abuse, school failure and juvenile crime.

Program Description

The nationally-recognized parenting program, Strengthening Families 10-14 (SFP 10-14), provides nine sessions to 300 families with children ages 10-14. This program offer will fund SFP 10-14 sessions in public housing communities as well as train facilitators from faith groups and volunteer organizations to provide sessions at a variety of family-friendly locations, such as local schools and community centers. SFP 10-14 is an evidence-based program that has been shown to cut alcohol, tobacco and drug use in half, and reduce youth methamphetamine use by 90%.

The Structured After-School Program for public housing residents, a collaboration with the Housing Authority of Portland (HAP) and the Portland Children's Investment Fund, provides after-school clubs offering on-site homework help, socializing and skill building activities to 400 public housing youth. The services at HAP housing sites include tutoring, mentoring and family-support home visits. Most of the children served by the structured after-school program are ages 8-12.

In addition, two smaller programs are supported by this offer. The Asian teen leadership program provides youth leader community service projects. The Latino program funds a youth soccer team promoting parent involvement and other community service projects.

Program Justification

The addictions prevention program supports Basic Needs Strategy 4 (promoting healthy behaviors and addressing alcohol & drug use) by providing prevention services for children and families at high risk for substance abuse, school failure and juvenile justice problems. The program links to the School Aged Policy Framework by providing supports for high-risk children and families and fostering school success. Strengthening Families 10-14 addresses such problem behaviors as: alcohol use, marijuana use, aggressive behavior, cigarette use, and conduct disorders.

By directly addressing community risk and protective factors, prevention reduces multiple problem behaviors and improves multiple outcomes for children and families. This program strengthens partnerships with geographic and culturally specific entities and uses natural helpers, volunteer organizations, professionals and cultural mentors to promote developmental assets and academic achievement.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY07-08)	Current Year Purchased (FY08-09)	Current Year Estimate (FY08-09)	Next Year Offer (FY09-10)
Output	Youth served at public housing sites ¹	253	400	400	400
Outcome	Core group ² youth w/ improved behavior based on parent/teacher observation	82.0%	75.0%	75.0%	75.0%
Outcome	Core group youth w/ improved academic achievement	90.0%	75.0%	75.0%	75.0%
Output	Total services ³ delivered (multiple services to individuals)	9,129	7,000	9,000	7,000

Performance Measure - Description

¹Public Housing measures are for the collaborative after-school program serving youth in public housing, including all after-school activities. ² Intensive core group services are provided to an average of 10 families at six sites. Outcomes of improved behavior (i.e. less disruptive, better attendance, fewer suspensions) and improved academic achievement are good predictors of reduced future substance abuse. ³ Total services delivered reflects entire prevention program and is not a count of individuals.

Legal/Contractual Obligation

Contractual obligation: This program is funded with federal substance abuse prevention resources and state general funds through the State DHS Addictions and Mental Health Division (AMH) contract. Program planning is developed based on AMH requirements and submitted in the "Biennial Implementation Plan" in conformance with the local Community Comprehensive Plan (SB555) and any other State Mental Health Grant Award requirements. Because Multnomah County accepts the State Mental Health grant, we are obligated to spend funds in accordance with regulations regarding State Service Element A-D 70, Prevention Services.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2009	2009	2010	2010
Program Expenses				
Contracts	\$0	\$309,261	\$0	\$319,259
Subtotal: Direct Exps:	\$0	\$309,261	\$0	\$319,259
Administration	\$0	\$5,757	\$0	\$13,355
Program Support	\$0	\$2,474	\$0	\$3,177
Subtotal: Other Exps:	\$0	\$8,231	\$0	\$16,532
Total GF/non-GF:	\$0	\$317,492	\$0	\$335,791
Program Total:	\$317,492		\$335,791	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$309,261	\$0	\$319,259
Program Revenue for Admin	\$0	\$0	\$0	\$0
Total Revenue:	\$0	\$309,261	\$0	\$319,259

Explanation of Revenues

State Mental Health Grant Prev & Early Interven - \$319,259

Significant Program Changes

Last year this program was: #25086, Addiction Services Alcohol and Drug Prevention

In FY10, this program offer reflects services provided in FY09 both program offers # 25086, Addiction Services Alcohol and Drug Prevention and # 25095A, Strengthening Families – Addiction Prevention.