

Priority: Basic Needs
Program Offer Type: Existing Operating
Related Programs:

Lead Agency: County Human Services
Program Contact: Karl Brimner

Program Characteristics:

Executive Summary

Gambling addiction treatment uses evidence-based treatment practices in an outpatient setting to provide treatment to persons diagnosed with problem or pathological gambling. The county's treatment providers treat approximately 550 gamblers and their family members. Countywide data in Fiscal 2007/08 shows that problem gamblers and family members seeking treatment can access services in less than five days 70% of the time.

Program Description

Multnomah County's Problem Gambling Services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy factors influencing gambling and health. It incorporates prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues, for the gambler, families, and communities. Based on community norms (3% of problem gamblers seek treatment) 436 adults can be expected to access treatment each year in Multnomah County. In FY 07/08 457 gamblers enrolled in treatment (105% of projection). As noted, family participation is important and 80 plus family members enrolled in treatment in FY 07/08.

Program Justification

Except for one Oregon county, Multnomah County has the highest per capita (18 years and older) lottery sales statewide. Approximately 74% of the total sales per capita (\$650.02 annually) come from video poker. While 74% of Lottery sales are from video poker, approximately 78% of the gamblers in treatment report video poker as their primary game of choice. Problem gambling treatment services are closely aligned to the county's Basic Living Needs priority by promoting healthy behaviors. The treatment focus is on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to a level of healthy functioning. Problem gambling treatment assists the gambler and family in managing money/finances, rebuilding trust within the family, learning gambling prevention techniques, and maintaining recovery.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY07-08)	Current Year Purchased (FY08-09)	Current Year Estimate (FY08-09)	Next Year Offer (FY09-10)
Output	Gamblers and family members accessing treatment annually	537	545	540	550
Outcome	Gambler successful completion rate	24.0%	39.0%	27.0%	27.0%
Outcome		0	0	0	0
Efficiency		0	0	0	0

Performance Measure - Description

'Gamblers accessing treatment annually' means the number of problem and/or pathological gamblers completing enrollment and entering treatment annually. Successful completion rate is defined as the gambling client having completed a minimum of 75% of the short-term treatment goals, completion of a continued wellness plan, and lack of engagement in problem gambling behaviors for at least 30 days prior to discharge.

Legal/Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant, we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A D 80 is Problem Gambling Prevention Services and Service Element A-D 81 is Outpatient Problem Gambling Treatment Services).

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2009	2009	2010	2010
Contracts	\$0	\$852,190	\$0	\$855,000
Subtotal: Direct Exps:	\$0	\$852,190	\$0	\$855,000
Administration	\$0	\$22,897	\$0	\$35,766
Program Support	\$0	\$9,841	\$0	\$8,508
Subtotal: Other Exps:	\$0	\$32,738	\$0	\$44,274
Total GF/non-GF:	\$0	\$884,928	\$0	\$899,274
Program Total:	\$884,928		\$899,274	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$852,190	\$0	\$855,000
Program Revenue for Admin	\$0	\$0	\$0	\$0
Total Revenue:	\$0	\$852,190	\$0	\$855,000

Explanation of Revenues

State Mental Health Grant Problem Gambling Prev - \$100,000
State Mental Health Grant Outpatient GambTx Svcs - \$700,000
State Mental Health Grant Prob Gamb Tx Enhance - \$55,000

Significant Program Changes

Last year this program was: #25085, Addiction Services Gambling Treatment and Prevention