

**Priority:** Basic Needs **Lead Agency:** County Human Services  
**Program Offer Type:** Existing Operating **Program Contact:** Karl Brimmer  
**Related Programs:** 25055A, 25056A, 25063A, 25065, 25078A, 25056B

**Program Characteristics:**

**Executive Summary**

This program offer describes the existing continuum of mental health care for adults. Psychiatric hospitalization treats persons at immediate risk to themselves or others. Respite services provide intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient treatment services provide a range of care matched to diagnosis and acuity to over 6,300 adults annually. Primarily funded by the Oregon Health Plan, this continuum addresses the needs of adults at emergent, urgent and routine levels of care.

**Program Description**

This program offer contains three distinct service elements that contribute to a system of care for adults. Psychiatric inpatient hospitalization is the most intensive level of care in the adult system. Hospital admission is carefully monitored to ensure that it is only offered where medically and clinically appropriate. Once admitted, individuals receive the full range of treatment services provided in a hospital setting. The Mental Health and Addiction Services Division (MHASD) Call Center works with the hospitals and providers to provide individuals a safety net of services as they transition into the community following discharge.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a best practice when used in a continuum of treatment services. MHASD funds six respite beds with an average stay of 5.47 days.

Adult mental health outpatient services provides a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, case management, intensive outreach and medication management. Outpatient services address long and short term mental health needs and avoid more acute services. An average of 5,000 adults receive outpatient services each month, with many remaining in treatment for several months.

**Program Justification**

This program offer fits the Basic Living Needs priority by providing the appropriate level of mental health service to each Verity-enrolled adult in the county. It conserves resources by authorizing high-cost inpatient and residential treatment only for individuals whose mental illness has become acute, channeling individuals with less critical symptoms to outpatient care.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY07-08)	Current Year Purchased (FY08-09)	Current Year Estimate (FY08-09)	Next Year Offer (FY09-10)
Output	Total adults receiving Outpatient mental health services <sup>1</sup>	6,395	6,432	6,378	6,378
Outcome	Percent of adults readmitted to inpatient within 30 days of discharge <sup>2</sup>	19.3%	19.5%	18.8%	18.8%

**Performance Measure - Description**

<sup>1</sup> Number of unduplicated Verity adult enrollees who received an outpatient mental health service during the measurement period.

<sup>2</sup> Percent of unduplicated Verity adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period.

**Legal/Contractual Obligation**

State of Oregon Mental Health Organization (MHO) contract, Statement of Work.

**Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2009	2009	2010	2010
<b>Program Expenses</b>				
Contracts	\$0	\$15,250,000	\$0	\$17,791,280
Subtotal: Direct Exps:	<b>\$0</b>	<b>\$15,250,000</b>	<b>\$0</b>	<b>\$17,791,280</b>
Administration	\$0	\$536,384	\$0	\$631,353
Program Support	\$0	\$1,022,475	\$0	\$1,235,559
Subtotal: Other Exps:	<b>\$0</b>	<b>\$1,558,859</b>	<b>\$0</b>	<b>\$1,866,912</b>
Total GF/non-GF:	<b>\$0</b>	<b>\$16,808,859</b>	<b>\$0</b>	<b>\$19,658,192</b>
Program Total:	<b>\$16,808,859</b>		<b>\$19,658,192</b>	
Program FTE	0.00	0.00	0.00	0.00
<b>Program Revenues</b>				
Intergovernmental	\$0	\$15,250,000	\$0	\$17,791,280
Program Revenue for Admin	\$0	\$0	\$0	\$0
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$15,250,000</b>	<b>\$0</b>	<b>\$17,791,280</b>

**Explanation of Revenues**

OHP Premium - \$17,791,280

**Significant Program Changes**Last year this program was: #25062, Mental Health Services for Adults