

**Priority:** Education  
**Program Offer Type:** Existing Operating  
**Related Programs:**

**Lead Agency:** Health Department  
**Program Contact:** Susan Kirchoff

**Program Characteristics:**

**Executive Summary**

Since 1986, MC School-Based Health Centers (SBHC) have provided significant access to comprehensive healthcare to uninsured school-aged youth, as well as youth with insurance who cannot or do not access providers. The services are confidential, culturally competent, and age-appropriate.

**Program Description**

Operates 13 fully-equipped medical clinics. Twelve clinics are located in schools and one clinic is school linked. Assures access to care by providing service times beyond regular school hours and multiple sites open during summer and school breaks to ensure continuity of care. Staffing includes a Nurse Practitioner, Registered Nurse, medical support staff, and an office assistant. Services: chronic, acute, and preventive healthcare; age-appropriate reproductive health; exams, risk assessments, prescriptions, immunizations, fitness and nutrition education/counseling, referrals. Comprehensive approach enables early identification and intervention, thereby reducing risk behaviors. Program locations are geographically diverse and all MC school aged youth are eligible to receive services (attending other schools, drop-outs, homeless, detention).

**Program Justification**

The program strives to ensure that basic physical and behavioral health needs of youth are met to help them attend, participate, and remain in school. Healthcare for school-age youth, a basic need, is provided in the most readily accessible locations. SBHCs foster academic success by early identification and management of chronic diseases such as asthma and obesity, by preventing teen pregnancy, alcohol/drug use, and other health-related barriers to education. SBHC staffs' proximity to children creates continuous, trusting relationships that can empower high-risk youth to seek help and make better life choices, including staying in school. Such positive interventions can be crucial to later independence and success in life. Parent/guardian involvement is fostered to ensure successful clinical outcomes and to support educational success.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY06-07)	Current Year Purchased (FY07-08)	Current Year Estimate (FY07-08)	Next Year Offer (FY08-09)
Output	# of youth who receive preventive & primary healthcare	6,073	6,350	7,200	7,650
Outcome	Screening for obesity: % of youth have annual BMI (Body Mass Index)	89.0%	95.0%	95.0%	95.0%

**Performance Measure - Description**

Performance measure results do not include data from School linked clinic since this is an addition to the program for FY 08-09. This will be included in FY 08-09 results.

\*Includes School Linked Clinic

\*\*Does not include School Linked clinic

Output: Represents total number of clients served

Outcome: Represents initial identification and need for intervention for youth at risk for obesity

Quality: Measures # of youth with asthma that identified as well controlled – indicates successful treatment

Outcome: Represents % of total school-age youth that are from non-SBHC locations. Indicates successful outreach to at risk youth.

## Legal/Contractual Obligation

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	2008	2008	2009	2009
Personnel	\$2,247,452	\$1,632,568	\$1,780,605	\$1,588,716
Contracts	\$40,729	\$88,869	\$45,725	\$0
Materials & Supplies	\$171,133	\$153,510	\$179,333	\$120,032
Internal Services	\$353,280	\$461,041	\$211,670	\$592,851
Subtotal: Direct Exps:	<b>\$2,812,594</b>	<b>\$2,335,988</b>	<b>\$2,217,333</b>	<b>\$2,301,599</b>
Administration	\$81,106	\$0	\$53,849	\$0
Program Support	\$935,446	\$639,189	\$942,797	\$692,190
Subtotal: Other Exps:	<b>\$1,016,552</b>	<b>\$639,189</b>	<b>\$996,646</b>	<b>\$692,190</b>
Total GF/non-GF:	<b>\$3,829,146</b>	<b>\$2,975,177</b>	<b>\$3,213,979</b>	<b>\$2,993,789</b>
Program Total:	<b>\$6,804,323</b>		<b>\$6,207,768</b>	
Program FTE	21.93	16.99	17.25	16.90
<b>Program Revenues</b>				
Indirect for dep't Admin	\$132,798	\$0	\$133,804	\$0
Fees, Permits & Charges	\$0	\$55,602	\$0	\$163,812
Intergovernmental	\$0	\$2,280,386	\$0	\$2,137,787
Program Revenue for Admin	\$0	\$639,189	\$0	\$692,190
<b>Total Revenue:</b>	<b>\$132,798</b>	<b>\$2,975,177</b>	<b>\$133,804</b>	<b>\$2,993,789</b>

## Explanation of Revenues

## Significant Program Changes

 Significantly Changed

### Last year this program was:

- #40023B East County Teen Clinic
- #40024A School Based Health Centers High Schools
- #40024B School Based Health Centers Middle & Elementary Schools
- #40024C School Based Health Centers Summer Hours
- #40024D School Based Health Centers School District "Menu" Option

The East County Teen clinic was added to the School based health program as of 2/08.

In FY09 the SBHC will be redesigning its services to provide geographic teams to provide services for elementary and middle schools.