

Priority: Education
Program Offer Type: Existing Operating
Related Programs:

Lead Agency: Health Department
Program Contact: WALLINDER Janet L

Program Characteristics:

Executive Summary

First-time parents can receive a range of services, including home visits, hospital visits, classes and groups. Services begin in early pregnancy and continue through infancy to assure optimal maternal and infant health and assist parents in meeting their infant's basic health and developmental needs. 2325 parents will receive hospital Welcome Baby visits. 850 parents will receive intensive home visit services.

Program Description

This offer includes a range of services for first-time parents using evidence-based models. Nurse Family Partnership (NFP) is a nurse home visit program for first-time pregnant women that starts early in pregnancy and follows families to their child's 2nd birthday. Health Dept. nurse home visitors follow a nationally researched curriculum that focuses on mother and infant health, parenting education, and family relationships. NFP targets families at or below 185% of the Federal Poverty Level. Healthy Start (based on the Healthy Families America model) includes hospital-based Welcome Baby visits at birth to all first-time parents in Multnomah County to identify families in need. Based on risk, families are referred for intensive home visit services provided by contracts with community agencies. Young teen parent services are also provided by a contracted community agency and include home visits and support groups.

Program Justification

Helping first-time parents, who are the most inexperienced, develop the skills and abilities needed to best support their child establishes lifelong parenting patterns which benefit multiple generations. These programs focus on three major outcomes: improving pregnancy outcomes by helping women engage in good preventive health practices; improving child health and development by helping parents provide responsible and competent care; and improving the economic self-sufficiency of families.

Well-documented research on the impact of prenatal and infant home visits (David Olds, Nurse Family Partnership Program) has shown long-term benefits for children receiving home-based services. When such children reach age 15 they are more likely to be in school, and less likely to be in the criminal justice system. The women are more likely to have finished high school, be in the workforce, and not use public assistance.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY06-07)	Current Year Purchased (FY07-08)	Current Year Estimate (FY07-08)	Next Year Offer (FY08-09)
Output	# of maternity case management visits to pregnant and postpartum women	4,869	4,575	5,110	5,025
Outcome	% of mothers enrolled in NFP services who are breastfeeding at 6 months	43.0%	50.0%	44.0%	50.0%
Outcome	% of Healthy Start families reading to or with their children 3 times per week	94.0%	85.0%	94.0%	95.0%
Outcome	% of children within normal limits for development at 1 year of age	83.0%	83.0%	83.0%	85.0%

Performance Measure - Description

- The goal for % of women breastfeeding at 6 months of age is based on the Healthy People 2010 goal of 50%. Comparison data: WIC clients in Mult. Co. is 46%; NFP national rate is 29%.

Legal/Contractual Obligation

Healthy Start must comply with Healthy Families America credentialing requirements and state OCCF Healthy Start requirements.

Nurse Family Partnership (NFP) must follow the program guidelines set forth by the NFP National Service Office.

Services reimbursed by Medicaid must comply with Medicaid rules.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2008	2008	2009	2009
Personnel	\$1,240,513	\$1,755,459	\$1,336,011	\$1,988,864
Contracts	\$597,076	\$966,421	\$603,303	\$1,390,840
Materials & Supplies	\$53,636	\$76,820	\$112,239	\$24,967
Internal Services	\$138,815	\$437,821	\$21,280	\$613,194
Subtotal: Direct Exps:	\$2,030,040	\$3,236,521	\$2,072,833	\$4,017,865
Administration	\$89,022	\$0	\$87,813	\$0
Program Support	\$394,491	\$28,559	\$598,116	\$56,776
Subtotal: Other Exps:	\$483,513	\$28,559	\$685,929	\$56,776
Total GF/non-GF:	\$2,513,553	\$3,265,080	\$2,758,762	\$4,074,641
Program Total:	\$5,778,633		\$6,833,403	
Program FTE	12.36	19.49	13.50	20.70
Program Revenues				
Indirect for dep't Admin	\$188,895	\$0	\$233,576	\$0
Intergovernmental	\$0	\$3,236,521	\$0	\$4,017,865
Program Revenue for Admin	\$0	\$28,559	\$0	\$56,776
Total Revenue:	\$188,895	\$3,265,080	\$233,576	\$4,074,641

Explanation of Revenues

- Healthy Start grant, state general funds from OCCF
- Medicaid reimbursement for maternity case management, targeted case management and Healthy Start administrative claiming

Significant Program Changes

Last year this program was:

#40013A Early Childhood Svcs for First Time Parents