

Priority: Basic Needs

Lead Agency: County Human Services

Program Offer Type: Existing Operating

Program Contact: Ray Hudson

Related Programs:

Program Characteristics:

Executive Summary

Through the combination of youth outpatient and residential treatment MHASD has a continuum of adolescent specific treatment that accounts for gender, ethnicity, family structure, readiness for change, and developmental stage. This system of services comprises the residential and outpatient services for drug and alcohol affected youth including specific and separate service packages for Latino and African American youth. Rent assistance coordinated with a broad range of ancillary services for low income families in early recovery from alcohol and drug abuse is provided for 90 families. A Federally funded Native American family focused relapse prevention and recovery support project is also part of the system.

Program Description

Culturally competent services are delivered to individuals 18 years of age and younger through a continuum of individual counseling, group therapy, and relapse prevention with a strong family involvement. The Latino specific outpatient services has a strong connection to school referral sources and Juvenile Justice services while the African American specific services includes both a foster care component and an intensive outpatient component. The Family Housing Assistance Services assists clients in developing skills to regain their physical and mental health, maintain affordable housing, and gain employment at a living wage. The Family Circle grant is a holistic model addressing the whole family, that begins at treatment intake and follows the client into the aftercare phase of recovery including the use of peer mentors. It is a family centered, community oriented, strengths based, and highly individualized process aimed at helping parents and their children achieve and sustain recovery goals.

Program Justification

Youth alcohol and drug treatment addresses the behavioral health care needs of some of the most vulnerable and at-risk county adolescents. Effective treatment for adolescents can improve not only their lives, but the lives of their friends and family. The 2007 Portland Profile states "adolescents who drink before age 15 are four times more likely to develop alcohol dependence than those who begin drinking at age 21. Studies also show regular alcohol use by youth can lower overall brain function and learning ability.

A key component to the success of the treatment continuum is early intervention and prevention. The Family Circle grant and Family Housing Assistance assist vulnerable men, women, and children to move away from a cycle of chronic problems and crises and toward greater self-sufficiency in obtaining permanent housing, increased income, adequate food, and healthcare. These two services are effective due to the combination of competent case management and peer mentor services.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY06-07)	Current Year Purchased (FY07-08)	Current Year Estimate (FY07-08)	Next Year Offer (FY08-09)
Output	Number of treatment episodes (residential and outpatient)	275	275	290	290
Outcome	Percent of youth successfully completing treatment	45.0%	49.0%	47.0%	47.0%
Output	Number of households served annually by the Family Housing Assistance Services	90	90	90	99

Performance Measure - Description

This program offer combines five previously separate offers into one offer titled Family and Youth Addictions Treatment Continuum. Youth residential and outpatient services (including specialized services for Latino and African American youth) are combined into the first Output and Outcome primary measures. The second output measure is for rent assistance services.

Legal/Contractual Obligation

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2008	2008	2009	2009
Personnel	\$0	\$19,533	\$0	\$6,708
Contracts	\$391,295	\$1,685,374	\$403,034	\$1,346,544
Internal Services	\$0	\$12,206	\$0	\$0
Subtotal: Direct Exps:	\$391,295	\$1,717,113	\$403,034	\$1,353,252
Administration	\$68,248	\$61,476	\$30,764	\$35,672
Program Support	\$72,495	\$37,777	\$68,172	\$15,332
Subtotal: Other Exps:	\$140,743	\$99,253	\$98,936	\$51,004
Total GF/non-GF:	\$532,038	\$1,816,366	\$501,970	\$1,404,256
Program Total:	\$2,348,404		\$1,906,226	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Indirect for dep't Admin	\$3,418	\$0	\$0	\$0
Intergovernmental	\$0	\$1,717,113	\$0	\$1,353,252
Program Revenue for Admin	\$0	\$99,253	\$0	\$51,004
Total Revenue:	\$3,418	\$1,816,366	\$0	\$1,404,256

Explanation of Revenues

State Mental Health Grant - \$1,196,917; County General Funds - \$403,034
 Federal/State - \$124,999; Local 2145 Beer & Wine Tax - \$31,336

Significant Program Changes

✔ Significantly Changed

Last year this program was:

In FY08 this was a joint program offer between School and Community Partnerships (program offer 25153 Alcohol, Tobacco, and Other Drug Services) and Mental Health & Addictions Services Division (offer 25095 Youth Alcohol and Drug Outpatient Services). The offer became 25095 Addictions Services Youth Outpatient Assessment and Treatment. For FY09 the program offer has been split into 25094A "Family and Youth Addictions Treatment Continuum" for MHASD and 24094B "Family and Youth Addiction Treatment Continuum SUN SS Scale" for School and Community Partnerships.

25094A Family and Youth Addictions Treatment Continuum is comprised of: FY08 program offers 25094 Addictions Services Youth Residential Treatment, 25095 Addictions Services Youth Outpatient Assessment and Treatment, 25096 Addictions Services African American Youth Specialized Treatment, 25099 Addictions Services Family Housing Assistance Services, 25112 Addictions Services Family Circle Project.

This Program Offer includes a 3% inflationary increase of \$11,739 FY08 for the County General Fund portion of contracted client services.