

#### Program # 25091A - Sobering

**Priority:** 

**Basic Needs** Program Offer Type: Existing Operating

**Related Programs:** 

**Program Characteristics:** 

## **Executive Summary**

The Sobering Station provides a safe, secure holding environment for intoxicated individuals to 'sober up'. Individuals are counseled by staff about options for alcohol and drug treatment and encouraged to seek further care. This progam has over 11,000 admissions annually. Motivated individuals are often able to enter the detoxification program. Sobering is a critical public safety function picking up intoxicated individuals off the streets. This program offer funds 6 months of our existing sobering services.

### **Program Description**

The Sobering program has two goals: 1) provide a medically monitored environment in which intoxicated individuals can 'sober up' and regain their functionality, and 2) provide a point of intervention for the chemically dependent. In support of these goals, staff perform a wide range of duties that include initial evaluation by an Emergency Medical Technician (EMT), monitoring, intervention, and pre-release EMT evaluation. The staff provides information about chemical dependency and counsels clients to enter into recovery and treatment programs. The Hooper Center Sobering program includes mobile outreach (CHIERS van) to intoxicated persons through the City of Portland. The average length of stay is 5.4 hours. There are approximately 11,484 admissions to sobering annually

#### **Program Justification**

The Sobering Station directly links to the Basic Living Needs Priority by providing intervention into the lives of publicly intoxicated people brought to the program under civil hold by law enforcement, CHIERS, or as volunteers. The Sobering program serves both a public safety function to provide a medically monitored environment in which public inebriates and become sober while protected from abuse and neglect, and a behavioral health function to provide a point of intervention for the chemically dependent. Sobering directly connects to both the Poverty Framework and the 10-year Plan to End Homelessness Framework by providing persons a link to services that can help them to meet basic health and safety needs and the opportunity to break the cycle of homelessness. The program is a tremendous benefit to city police by saving them approximately 900 additional bookings (and associated care) per month.

### **Performance Measures**

Measure	Primary Measure	Previous Year Actual (FY06-07)	Current Year Purchased (FY07-08)	Current Year Estimate (FY07-08)	Next Year Offer (FY08-09)
	Total Admissions	11,200	· /	. ,	. ,
Outcome	Successful discharge	100.0%	100.0%	99.9%	100.0%

#### **Performance Measure - Description**

A successful discharge includes: 1. No deaths in sobering (The program had one death this year) 2. Clients are cognizant of surroundings and no longer in immediate danger of harm to self or others.

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Lead Agency: **Program Contact:**  **County Human Services** Ray Hudson

# **Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds	
Program Expenses	2008	2008	2009	2009	
Contracts	\$543,386	\$383,124	\$592,812	\$0	
Subtotal: Direct Exps:	\$543,386	\$383,124	\$592,812	\$0	
Administration	\$34,451	\$13,717	\$0	\$0	
Program Support	\$82,741	\$8,429	\$0	\$0	
Subtotal: Other Exps:	\$117,192	\$22,146	\$0	\$0	
Total GF/non-GF:	\$660,578	\$405,270	\$592,812	\$0	
Program Total:	\$1,065,848		\$592,812		
Program FTE	0.00	0.00	0.00	0.00	
Program Revenues					
Intergovernmental	\$0	\$383,124	\$0	\$0	
Program Revenue for Admin	\$0	\$22,146	\$0	\$0	
Total Revenue:	\$0	\$405,270	\$0	\$0	

### **Explanation of Revenues**

100% County General Fund

This Program Offer funds the Sobering program fully for six months, or funds one half of the program for 12 months. The 08-09 expected output for the full program is 10,000 total admissions.

This Program Offer includes a 3% inflationary increase of \$16,302 over FY08 for the County General Fund portion of contracted client services.

Significant Program Changes

Last year this program was: #25091, Addictions Services Sobering