

Priority: Basic Needs
Program Offer Type: Existing Operating
Related Programs:

Lead Agency: County Human Services
Program Contact: Ray Hudson

Program Characteristics:

Executive Summary

The treatment continuum consists of: Outpatient addictions treatment to include various counseling options, medication management, relapse prevention; residential treatment which is intensive addictions services in a 24 hour setting; community recovery which is aftercare programming for clients learning to live sober; and a specialized program for severely addicted & multi-diagnosed, homeless clients. The continuum serves 4,500 clients a year, 65% of clients successfully complete treatment.

Program Description

The overall goal of the treatment continuum is to have as many clients as possible successfully complete treatment and maintain sobriety. (Current Statewide average is about 50%. Continuum services are delivered throughout Multnomah County by a network of State-licensed contracted providers. These providers are culturally competent and many have multilingual staff on-site. Counselors are certified in alcohol and drug treatment and many have extensive experience, education and training in mental health. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life. The counselors help clients shift from ambivalence and denial to acceptance and incentive to change.

Residential treatment provides intensive A&D services in a 24-hour setting with clients living in the treatment center during their course of treatment, usually for two to six months. Clients needing this level of care often have multiple failures in outpatient treatment, usually related to the severity and length of their addiction, as well as risk factors like chronic unemployment and housing problems. Clients address issues that are barriers to recovery, and develop strategies and skills to overcome them. Intake assessment, level of care placement, counseling (group, individual and family), medication management, relapse prevention, and referral to aftercare self-help groups are all part of the treatment continuum. Providers also address the self sufficiency needs of each person with assistance in: parenting skills; stress and anger management; housing issues; independent living skills; referrals for physical and mental health issues; linkages to employment services; and recreation and healthy use of leisure time. Community recovery programming provides a variety of sober social support normalizing activities for clients and their families, utilizing a community sited 'clubhouse' model.

Program Justification

This program promotes healthy behaviors and links directly to the Basic Needs Priority by offering access to addictions treatment that addresses the negative consequences of the use of alcohol and other drugs. Successful completion of treatment has been repeatedly shown to help move people toward greater self-sufficiency by increasing their employability/income and reducing their criminal activities. This program moves a vulnerable population away from a cycle of chronic problems and crises toward greater self-sufficiency in obtaining permanent housing, increased income, adequate food, and health care. In addition, this program links to the Poverty Framework by addressing the health needs of adults, providing information on and referral to other necessary social services, helping to support and strengthen families by including family therapy, and providing linkages to employment services. It also links to the 10-Year Plan to End Homelessness by influencing employment and earnings.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY06-07)	Current Year Purchased (FY07-08)	Current Year Estimate (FY07-08)	Next Year Offer (FY08-09)
Output	Number served in treatment	4,500	4,000	4,500	4,500
Outcome	Successful completions in treatment	55.0%	65.0%	65.0%	65.0%

Performance Measure - Description

✔ **Measure Changed**

Number served combine all treatment levels.

Legal/Contractual Obligation**Revenue/Expense Detail**

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2008	2008	2009	2009
Contracts	\$2,480,427	\$7,189,614	\$2,554,840	\$7,551,649
Subtotal: Direct Exps:	\$2,480,427	\$7,189,614	\$2,554,840	\$7,551,649
Administration	\$157,260	\$257,401	\$195,014	\$199,063
Program Support	\$377,693	\$158,178	\$432,143	\$85,557
Subtotal: Other Exps:	\$534,953	\$415,579	\$627,157	\$284,620
Total GF/non-GF:	\$3,015,380	\$7,605,193	\$3,181,997	\$7,836,269
Program Total:	\$10,620,573		\$11,018,266	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$7,189,614	\$0	\$7,551,649
Program Revenue for Admin	\$0	\$415,579	\$0	\$284,620
Total Revenue:	\$0	\$7,605,193	\$0	\$7,836,269

Explanation of Revenues

State Mental Health Grant - \$7,401,902
County General Funds - \$2,554,840
Local 2145 Beer & Wine Tax - \$149,747

Significant Program Changes**Last year this program was:**

Fiscal Year 2008-09 25080 Adult Addictions Treatment Continuum is comprised of: Fiscal Year 2007-08 program offers 25080 Addictions Services Adult Outpatient Treatment, 25083 Addictions Services Community Recovery Support, 25092 Addictions Services Severely Addicted Multi-Diagnosed Homeless, and 25093 Addictions Services Adult Residential Treatment.

This Program Offer includes a 3% inflationary increase of \$74,413 over FY08 for the County General Fund portion of contracted client services.