

**Priority:** Basic Needs  
**Program Offer Type:** Existing Operating  
**Related Programs:** 25055A

**Lead Agency:** County Human Services  
**Program Contact:** David Hidalgo

**Program Characteristics:**

**Executive Summary**

The early psychosis intervention program (EPP) addresses the needs of young persons aged 16 - 24 who demonstrate initial symptoms of psychosis, with the goal of managing long-term problems and consequences. The EPP offers formal psychiatric treatment services as well as vocational and educational support, and will coordinate care with the young person's family. The program, funded by the State, begins offering services in March 2008. Over eighty young persons will be served annually.

**Program Description**

Research suggests that the median age for the onset of initial episodes of psychosis is under the age of 25. Research also suggests that early intervention and immediate access to treatment can reduce the incidence of psychosis' long-term disabling consequences. The EPP identifies young people experiencing the first episodes of psychosis and offers them a broad array of individualized treatment avenues and community-based care.

Because timely access to treatment is critical, Mental Health and Addiction Services Division (MHASD) will promote EPP through local mental health outreach programs and urgent care walk-in clinics, the MHASD Call Center, schools and universities, as well as through media releases coordinated with the Public Affairs Office. Personnel from these access points will put the young person in contact with EPP.

EPP's role is to coordinate treatment options. Community-based psychiatrists with experience treating transition-aged youth will provide psychiatric services. In addition, this program offer funds EPP clinician, psychiatrist, nursing, vocational, occupational, researcher, and social worker positions that offer the young person a full range of social services. Finally, EPP will place a particular emphasis on integrating family members, teachers, employers, church members and other social support mechanisms into the treatment plan.

**Program Justification**

The EPP is based on preventive psychiatric care methods that have proven successful nationally and regionally. For example, the Mid-Valley Behavioral Care Network (MVBCN) in Marion County, Oregon has implemented a highly successful EPP model. By providing early diagnosis and intervention, this innovative program will allow MHASD to address the needs of mentally ill young persons before they become acute and require more expensive care, a Basic Needs strategy.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY06-07)	Current Year Purchased (FY07-08)	Current Year Estimate (FY07-08)	Next Year Offer (FY08-09)
Output	Total individuals enrolled in program.*1	0	0	30	85
Outcome	Reduction in hospitalization rates within the first 6 months of treatment.*2	0.0%	0.0%	50.0%	60.0%

**Performance Measure - Description**

\*1 Program will begin operating in March 2008. 07-08 estimate is enrollment for first four months of operation. FY08-09 estimate is for full operating year.

\*2 Reduction in hospitalization rates is the difference between percent of enrolled individuals hospitalized immediately prior to treatment and the percent of enrolled individuals hospitalized after 6 months of treatment.

## Legal/Contractual Obligation

We receive funds from the State specifically designated for this service.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	2008	2008	2009	2009
Personnel	\$0	\$0	\$0	\$960,570
Materials & Supplies	\$0	\$0	\$0	\$17,250
Internal Services	\$0	\$0	\$0	\$54,274
Subtotal: Direct Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$1,032,094</b>
Administration	\$0	\$0	\$0	\$29,401
Program Support	\$0	\$0	\$0	\$26,035
Subtotal: Other Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$55,436</b>
Total GF/non-GF:	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$1,087,530</b>
Program Total:	<b>\$0</b>		<b>\$1,087,530</b>	
Program FTE	0.00	0.00	0.00	10.00
<b>Program Revenues</b>				
Intergovernmental	\$0	\$0	\$0	\$1,032,094
Program Revenue for Admin	\$0	\$0	\$0	\$55,436
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$0</b>	<b>\$0</b>	<b>\$1,087,530</b>

## Explanation of Revenues

State Mental Health Grant - \$774,071

Oregon Health Plan revenue based on estimated average of 64,205 insured members - \$258,023

## Significant Program Changes

Last year this program was: