

Priority: Basic Needs **Lead Agency:** County Human Services
Program Offer Type: Existing Operating **Program Contact:** David Hidalgo
Related Programs: 25055A, 25056A, 25063A, 25065, 25078

Program Characteristics:

Executive Summary

This program offer describes the existing continuum of mental health care for adults. Psychiatric Hospitalization treats persons at immediate risk to themselves or others. Respite Services provides intervention when an individual's symptoms have risen beyond the scope of outpatient treatment. Outpatient Treatment Services provide a range of care matched to diagnosis and acuity. Primarily funded by the Oregon Health Plan, this continuum addresses the needs of adults at emergent, urgent and routine levels of care.

Program Description

This program offer contains three distinct service elements that contribute to a system of care for adults. Psychiatric inpatient hospitalization is the most intensive level of care in the adult system. Hospital admission is carefully monitored to ensure that it is only offered where medically and clinically appropriate. Once admitted, individuals receive the full range of treatment services provided in a hospital setting. The Mental Health and Addiction Services Division (MHASD) Call Center works with the hospitals and providers to provide individuals a safety net of services as they transition into the community following discharge.

Mental health respite services are a community-based approach to stabilize individuals whose symptoms have exceeded the scope of outpatient treatment. The goal is to prevent hospitalization through early intervention with short-term, intensive residential treatment. Respite care contains a range of treatment options, including medication management, clinical treatment and post-discharge transition planning. It has been defined as a Best Practice when used in a continuum of treatment services. MHASD funds six respite beds with an average stay of 5.47 days.

Adult mental health outpatient services provides a comprehensive array of treatment options that address the needs of each individual, including several categories of individual and group therapy, case management, intensive outreach and medication management. Outpatient services address long and short term mental health needs and avoid more acute services. An average of 5,000 adults receive some form of outpatient care monthly.

Program Justification

This program offer fits the Basic Living Needs priority by providing the appropriate level of mental health service to each Verity-enrolled adult in the County. It conserves resources by authorizing high-cost inpatient and residential treatment only for individuals whose mental illness has become acute, channeling individuals with less critical symptoms to outpatient care.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY06-07)	Current Year Purchased (FY07-08)	Current Year Estimate (FY07-08)	Next Year Offer (FY08-09)
Output	Total unduplicated Verity adults receiving OP mental health services. *1	6,454	0	6,432	6,432
Outcome	Percent adults readmitted to inpatient within 30 days of discharge. *2	18.9%	0.0%	19.5%	19.5%

Performance Measure - Description

 **Measure Changed**

*1 - Number of unduplicated Verity adult enrollees who received an outpatient mental health service during the measurement period.

*2 - Percent of unduplicated Verity adult enrollees who were readmitted to inpatient hospitalization within 30 days of discharge during the measurement period.

Legal/Contractual Obligation

State of Oregon Mental Health Organization (MHO) contract, Statement of Work.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2008	2008	2009	2009
Program Expenses				
Contracts	\$0	\$15,257,355	\$0	\$15,250,000
Subtotal: Direct Exps:	\$0	\$15,257,355	\$0	\$15,250,000
Administration	\$0	\$483,434	\$0	\$531,682
Program Support	\$0	\$1,003,031	\$0	\$1,020,454
Subtotal: Other Exps:	\$0	\$1,486,465	\$0	\$1,552,136
Total GF/non-GF:	\$0	\$16,743,820	\$0	\$16,802,136
Program Total:	\$16,743,820		\$16,802,136	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$15,257,355	\$0	\$15,250,000
Program Revenue for Admin	\$0	\$1,486,465	\$0	\$1,552,136
Total Revenue:	\$0	\$16,743,820	\$0	\$16,802,136

Explanation of Revenues**Significant Program Changes****Last year this program was:**

This program offer includes three FY07 program offers:

25062 Adult Mental Health Outpatient Treatment Services (Verity)

25102 Mental Health Respite

25103 Inpatient Hospitalization (Verity)