

Program # 50019A - Juvenile Multi-Systemic Therapy (MST)

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Priority: Safety Lead Agency: Community Justice

Program Offer Type: Existing Operating Program Contact: Wayne Scott

Related Programs: 50013A, 50014, 50016, 50017, 50018, 50022A, 50022B

Program Characteristics:

Executive Summary

The Multi-Systemic Therapy (MST) Program annually serves approximately 50 high-risk youth, half of whom meet the State definition of "chronic offender" - the 8% of probation youth who commit 50% of new crimes. Considered a national "blueprint program," MST is an intensive family-based treatment program that has demonstrated success in reducing crime and drug use among high-risk probation youth. Last year 52% of MST clients had not re-offended 12 months after completing MST services.

Program Description

The primary goals of MST are: to end juvenile criminal activity and to reduce drug and alcohol abuse. MST is an intensive, family centered treatment model that focuses on high-risk youth who are at immediate risk of out-of-home placement into foster care or an Oregon Youth Authority (OYA) youth correctional facility (YCF). Eligible youth have a significant substance abuse problem and/or they are gang involved. Therapists meet with the youth and their family multiple times per week at home or at school, targeting the problems or "criminogenic factors" in a youth's life such as drug and alcohol abuse, mental illness, anti-social peers, poor parental support, etc. that contribute to serious, delinquent behavior. Two therapeutic foster care beds are available to MST clients as needed, helping address the issue of declining numbers of State foster care for delinquent youth. The cost of providing MST services to youth is substantially lower than the average cost of a youth's stay in foster care or a correctional facility.

Program Justification

MST is an effective mental health and drug abuse intervention that keeps high-risk youth from committing new crimes, using drugs, becoming further involved in gangs and becoming more deeply involved in the justice system. MST is an evidence-based program: national and DCJ research demonstrates that MST is effective in reducing crime and drug use among chronic juvenile offenders. The federal government has rated MST as a "best practice" for reducing the number of crimes youth commit; addressing institutional minority over-representation; reducing the need for expensive out-of-home placements; improving family functioning and decreasing mental health problems. MST is consistent with a Streams of Offender model that prioritizes services to high risk offenders. MST reduces the use of more expensive alternatives such as detention and commitments to correctional facilities. Because the MST therapist works with the whole family, MST serves as an early intervention strategy for younger siblings who are also at risk for drug abuse and delinquency.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY05-06)	Current Year Purchased (FY06-07)	Current Year Estimate (FY06-07)	Next Year Offer (FY07-08)
Output	Number of youth served by MST.	44	50	55	50
	Percent of youth who did not recidivate one year post program exit.	52.0%	50.0%	50.0%	50.0%
Outcome		0	0	0	0

Performance Measure - Description

Recidivism is based on new criminal referral.

Legal/Contractual Obligation

ORS 419C.001 mandates county juvenile systems to provide "a continuum of services that emphasize the prevention of further criminal activity by the use of early and certain sanctions, reformation and rehabilitation programs and swift and decisive

intervention in delinquent behavior." ORS 419.441 authorizes the juvenile court to "order that the youth offender undergo psychiatric, psychological or mental health evaluation. If warranted by the mental condition of the youth offender, the court may order that the youth offender undergo appropriate care or treatment." State Senate Bill 267 mandates youth programs receiving State funding e.g. Juvenile Crime Prevention (JCP) to be validated and evidence-based. This is a phase-in program that will require 75% of programs funded by the State to be evidence-based by 2008.

Revenue/Expense Detail

	Proposed General	Proposed Other	Proposed General	Proposed Other Funds	
Program Expenses	2007	2007	2008	2008	
Personnel	\$219,787	\$228,943	\$10,775	\$497,402	
Contracts	\$91,827	\$0	\$118,094	\$38,517	
Materials & Supplies	\$7,411	\$3,345	\$0	\$11,046	
Internal Services	\$0	\$17,282	\$0	\$43,976	
Subtotal: Direct Exps:	\$319,025	\$249,570	\$128,869	\$590,941	
Administration	\$33,517	\$9,062	\$48,052	\$11,770	
Program Support	\$99,126	\$0	\$129,998	\$0	
Subtotal: Other Exps:	\$132,643	\$9,062	\$178,050	\$11,770	
Total GF/non-GF:	\$451,668	\$258,632	\$306,919	\$602,711	
Program Total:	\$710,300		\$909,630		
Program FTE	2.20	2.60	0.16	5.14	
Program Revenues					
Indirect for dep't Admin	\$11,568	\$0	\$31,450	\$0	
Intergovernmental	\$0	\$249,570	\$0	\$590,941	
Program Revenue for Admin	\$0	\$0	\$0	\$0	
Total Revenue:	\$11,568	\$249,570	\$31,450	\$590,941	

Explanation of Revenues

County General Fund \$128,869; State Oregon Youth Authority Gang Transition Services (OYA GTS)\$194,217; State Juvenile Crime Prevention (JCP) \$332,832. In accordance with the Children's Mental Health Redesign, MST receives funds through a collaborative arrangement between Verity, CareOregon and County General Fund, which enables the County to increase federal financial participation (Medicaid) in funding treatment services for delinquent youth \$63,892.

Significant Program Changes

Last year this program was: #50020, Juvenile Multi-Systemic Treatment Therapy Team (MST) This program offer includes a 3% contract inflation adjustment of \$1,758.