

Program # 25113 - Addictions Services Post-Detoxification Supportive Housing

Version 2/09/2007 s

Priority: Basic Needs Lead Agency: County Human Services

Program Offer Type: Existing Operating Program Contact: Susan Montgomery

Related Programs: 25080, 25090

Program Characteristics:

Executive Summary

This program provides 50 units of alcohol and drug-free supportive housing for homeless addicts who have completed detoxification at the Hooper Center and are continuing treatment. Housing Support Specialists assist residents in developing recovery resources and in accessing key services that promote health, self-sufficiency, safe and effective parenting, and the ability to maintain stable permanent housing.

Program Description

This program funds the Supportive Housing element of the Central City Concern (CCC) Mentor Program, serving severely addicted clients moving from homelessness to permanent housing by providing 50 units of transitional housing. The Mentor Program aligns housing, outpatient treatment, mentors in recovery, and leveraged health care, with the goals of increasing post-detoxification treatment retention rates and promoting addiction recovery. As a solution for homelessness, Supportive Housing addresses two interwoven challenges: without housing, clients lack the stability necessary to address the problems that led to homelessness, and without supportive services, the client is likely to remain homeless due to unaddressed addiction issues. Of the 50 Supportive Housing units, 20 are utilized by clients recovering from heroin addiction who are referred from Hooper; the balance of units are to provide housing for persons with addictions to crack cocaine, alcohol, and/or methamphetamine. Individuals in all 50 housing units access outpatient treatment services. For over 25 years, CCC has been a leader in our community by providing services focused on recovery, healthcare, employment, and ending homelessness. Program staff assist clients in accessing this full range of services, functioning as stabilizing "glue" as the client moves from active addiction, through treatment and into the recovery world; and from homelessness, through transitional housing and into permanent housing. Benefiting from clinical and housing support, 2 to 3 clients per year are stabilized in each of the 50 Supportive Housing units, most going on to permanent housing of some type.

Program Justification

Actively addicted homeless individuals have little choice but to remain in high-risk living environments that will counteract treatment and recovery efforts; Supportive Housing provides a safe place to live while working towards long-term stability. The CCC Mentor Program is nationally recognized as a model continuum of integrated services, of which this program of Supportive Housing is a key component. Supportive Housing reflects the County's Basic Living Needs Priority as well as the goals of the Ten Year Plan to End Homelessness. Treatment retention and graduation rates reflect the benefits: At CCC, approximately 80% of the clients in County-contracted outpatient treatment slots are homeless at time of enrollment; however living in Supportive Housing leads to approximately 64% of these same enrollees successfully graduating treatment; and approximately 70% graduating CCC treatment are clean and sober 12 months later. Supportive Housing is an evidence-based, low cost resource compared to other residential alternatives: Inpatient hospitalization costs \$700 or more per day, and adult residential treatment costs \$102 per client per day. We pay approximately \$17.00 per unit per day for supportive housing, allowing concurrent use of less restrictive, less expensive outpatient treatment services. This funding is matched by funds from other sources through which these clients access primary care, employment and permanent housing services.

Performance Measures

| Measure Type | Primary Measure | Previous Year Actual (FY05-06) | Current Year Purchased (FY06-07) | Current Year Estimate (FY06-07) | Next Year Offer (FY07-08) |
|-----------------|---|--------------------------------------|---|--|---------------------------------|
| 7. | Number of clients served in supportive housing | 126 | ` , | 136 | 130 |
| Outcome | Percentage of supportive housing unit utilization | 89.0% | 95.0% | 91.0% | 91.0% |

Performance Measure - Description

Measure Changed

Changes in the performance measures reflect a response to an increasingly high-risk and hard-to-treat clientele: Clients' average lenth-of-stay in Supportive Housing has increased from 12 weeks to 14-15 weeks, thus slightly reducing the total number of clients housed. This additional support has proven necessary to maintain the high likelihood these clients will successfully transition into permanent housing.

Legal/Contractual Obligation

Revenue/Expense Detail

| | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds | |
|---------------------------|--------------------------|-------------------------|--------------------------|----------------------|--|
| Program Expenses | 2007 | 2007 | 2008 | 2008 | |
| Contracts | \$259,936 | \$12,064 | \$267,734 | \$12,064 | |
| Subtotal: Direct Exps: | \$259,936 | \$12,064 | \$267,734 | \$12,064 | |
| Administration | \$10,202 | \$409 | \$16,974 | \$432 | |
| Program Support | \$29,528 | \$596 | \$40,768 | \$265 | |
| Subtotal: Other Exps: | \$39,730 | \$1,005 | \$57,742 | \$697 | |
| Total GF/non-GF: | \$299,666 | \$13,069 | \$325,476 | \$12,761 | |
| Program Total: | \$312,735 | | \$338,237 | | |
| Program FTE | 0.00 | 0.00 | 0.00 | 0.00 | |
| Program Revenues | | | | | |
| Intergovernmental | \$0 | \$12,064 | \$0 | \$12,064 | |
| Program Revenue for Admin | \$0 | \$1,005 | \$0 | \$697 | |
| Total Revenue: | \$0 | \$13,069 | \$0 | \$12,761 | |

Explanation of Revenues

\$12,064 from State Mental Health Grant Award - estimated 07-09 biennium contract.

Significant Program Changes

Last year this program was: #25113, A&D Supportive Housing
This Program Offer includes a 3% inflationary increase of \$7,798 over FY07 for the County General Fund portion of contracted client services.