

Priority: Basic Needs
Program Offer Type: Existing Operating
Related Programs: 25055, 25062

Lead Agency: County Human Services
Program Contact: Karl Brimmer

Program Characteristics:

Executive Summary

Respite care services prevent inpatient stays by stabilizing individuals who are in a mental health crisis but who do not yet require treatment in a hospital setting. Respite services programs are paid for entirely with State funds. 167 adults received respite services in FY06. The average length of stay was 5.47 days.

Program Description

Community based respite is a residential setting staffed 24 hours a day by a team of clinical treatment and medical professionals. This is a safe, structured service for those not requiring hospitalization or a step-down from inpatient for any Multnomah County resident who remains at risk for psychiatric readmission. The goal of respite is to provide diversion from inpatient psychiatric admissions for individuals who may be experiencing a crisis and can safely remain in the community in a non-secure setting. Respite, which is authorized by the Mental Health Call Center (offer #25055), provides room, board, evidenced based clinical programming, personal care skills training, medication management, and other services typical of a residential care facility. Respite staff coordinates with community case managers, identifies family and community resources, liaisons with community based mutual support networks, and develops recovery oriented discharge plans to successfully transition a consumer back to the community. This service can also assist in preventing periods of homelessness by providing brief stabilization when behaviors related to a mental illness might otherwise escalate to a point of eviction from housing.

Program Justification

In line with the Basic Living Needs priorities, respite is a part of a comprehensive continuum of community based services that are used to intervene when individuals in crisis need 24 hour clinical observation out of the home to prevent symptoms from escalating to the point of hospitalization. This community-based program allows greater opportunity for service coordination and linkage with other recovery oriented supports that will facilitate long-term stability. This program also fits into the Poverty Elimination Framework by providing adequate healthcare and needed social services in a cost-effective, community-based setting.

Performance Measures

| Measure Type | Primary Measure | Previous Year Actual (FY05-06) | Current Year Purchased (FY06-07) | Current Year Estimate (FY06-07) | Next Year Offer (FY07-08) |
|--------------|---|--------------------------------|----------------------------------|---------------------------------|---------------------------|
| Output | Total Verity Members Placed In Respite For Their Mental Health Crisis. | 140 | 220 | 109 | 130 |
| Outcome | Percent of accepted placements accessing respite within 5 hours of referral. *1 | 0.0% | 90.0% | 0.0% | 90.0% |
| Outcome | Percent of all referrals accepted for crisis respite placement. *2 | 0.0% | 60.0% | 0.0% | 60.0% |

Performance Measure - Description

*1 New measure FY06/07 - Target performance 90%.

*2 New measure FY06/07 - Target performance 60%.

Provider reports have not yet been received so that current year estimates were not available at time of program offer submission.

Legal/Contractual Obligation

State of Oregon, Mental Health Organization contract, Statement of Work.

Revenue/Expense Detail

| | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|---------------------------|-----------------------|----------------------|-----------------------|----------------------|
| Program Expenses | 2007 | 2007 | 2008 | 2008 |
| Contracts | \$0 | \$700,000 | \$0 | \$700,000 |
| Subtotal: Direct Exps: | \$0 | \$700,000 | \$0 | \$700,000 |
| Administration | \$0 | \$18,358 | \$0 | \$23,819 |
| Program Support | \$0 | \$32,537 | \$0 | \$34,169 |
| Subtotal: Other Exps: | \$0 | \$50,895 | \$0 | \$57,988 |
| Total GF/non-GF: | \$0 | \$750,895 | \$0 | \$757,988 |
| Program Total: | \$750,895 | | \$757,988 | |
| Program FTE | 0.00 | 0.00 | 0.00 | 0.00 |
| Program Revenues | | | | |
| Intergovernmental | \$0 | \$700,000 | \$0 | \$700,000 |
| Program Revenue for Admin | \$0 | \$50,895 | \$0 | \$57,988 |
| Total Revenue: | \$0 | \$750,895 | \$0 | \$757,988 |

Explanation of Revenues

\$300,000 from State Mental Health Grant Award - estimated 07-09 biennium contract.

Oregon Health Plan revenue based on the Governor's budget and December premium rates with 63,605 insured members - \$400,000.

Significant Program Changes

Last year this program was: #25102, Mental Health Respite Services