

**Priority:** Basic Needs  
**Program Offer Type:** Existing Operating  
**Related Programs:** 25083, 25098, 25113

**Lead Agency:** County Human Services  
**Program Contact:** Gayle Kron

**Program Characteristics:**

**Executive Summary**

Adult Outpatient Treatment offers comprehensive, individualized alcohol and drug treatment to assist low-income individuals and families to reclaim their lives from the disease of addiction. This program serves 4,500 clients annually. Successful completion of outpatient treatment builds self-sufficiency by eliminating or reducing alcohol and drug use, increasing family stability, increasing employability and income, and reducing criminal activity. This program uses evidence-based practices to ensure effective treatment and the best possible outcomes.

**Program Description**

Adult outpatient services are delivered throughout Multnomah County by a network of ten State-licensed contracted providers. These providers are culturally competent and have multicultural, multilingual staff on-site. Counselors are certified in alcohol and drug treatment and have extensive experience, education and training in mental health. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life while receiving addictions treatment. The counselors help clients shift from ambivalence and denial to acceptance and incentive to change. Each client is treated as a unique individual. Intake assessment, level of care placement, counseling (group, individual and family), medication management, relapse prevention, and referral to aftercare self-help groups are all part of the outpatient treatment continuum. Providers also address the self-sufficiency needs of each person with assistance in: parenting skills; stress and anger management; housing issues; independent living skills; referrals for physical and mental health issues; linkages to employment services; and recreation and healthy use of leisure time.

**Program Justification**

This program promotes positive personal behaviors and links directly to the Basic Needs Priority by offering access to addictions treatment that reduces the number of adults who use and abuse alcohol and illicit drugs. This program moves a vulnerable population away from a cycle of chronic problems and crises toward greater self-sufficiency in obtaining permanent housing, increased income, adequate food, and health care.

In addition, this program links to the Poverty Elimination Framework by addressing the health needs of adults, providing information on and referral to other necessary social services, helping to support and strengthen families by including family therapy, and providing linkages to employment services. It also links to the 10-Year Plan to End Homelessness by influencing employment and earnings in a positive direction and increasing economic independence.

**Performance Measures**

| Measure Type | Primary Measure   | Previous Year Actual (FY05-06) | Current Year Purchased (FY06-07) | Current Year Estimate (FY06-07) | Next Year Offer (FY07-08) |
|--------------|---|--------------------------------|----------------------------------|---------------------------------|---------------------------|
| Output       | Number of outpatient treatment episodes. *                        | 4,694                          | 4,000                            | 4,000                           | 4,000                     |
| Outcome      | Percent of adults successfully completing outpatient treatment.** | 52.0%                          | 55.0%                            | 55.0%                           | 60.0%                     |

**Performance Measure - Description**

 **Measure Changed**

\* Number of Treatment episodes: Unique episodes of care delivered and may include more than one episode of care to same individual. The previous measure counted unique individuals and not episodes of care. \*\*Definition for successful treatment completion: the client meets clinical discharge criteria, completes at least two thirds of their treatment plan goals, and demonstrates 30 days of abstinence. This performance measure does not include clients in outpatient synthetic opiate treatment. In Oregon 59.5% of all clients completed treatment. The nationwide average is 51% (TEDS, 2003). Alcohol & drug addicts have higher rates of treatment compliance than those with hypertension, diabetes, and asthma (McClellan, PhD, Treatment Research Institute, and the National Center on Health).

## Legal/Contractual Obligation

Because Multnomah County accepts the State Mental Health Grant; we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A-D 66 is Continuum of Care Services). Also, State Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

## Revenue/Expense Detail

|                           | Proposed General Fund | Proposed Other Funds | Proposed General Fund | Proposed Other Funds |
|---------------------------|-----------------------|----------------------|-----------------------|----------------------|
| <b>Program Expenses</b>   | 2007                  | 2007                 | 2008                  | 2008                 |
| Contracts                 | \$620,000             | \$1,702,818          | \$638,559             | \$1,743,742          |
| Subtotal: Direct Exps:    | <b>\$620,000</b>      | <b>\$1,702,818</b>   | <b>\$638,559</b>      | <b>\$1,743,742</b>   |
| Administration            | \$24,334              | \$57,795             | \$40,485              | \$62,429             |
| Program Support           | \$70,429              | \$84,133             | \$97,233              | \$38,364             |
| Subtotal: Other Exps:     | <b>\$94,763</b>       | <b>\$141,928</b>     | <b>\$137,718</b>      | <b>\$100,793</b>     |
| Total GF/non-GF:          | <b>\$714,763</b>      | <b>\$1,844,746</b>   | <b>\$776,277</b>      | <b>\$1,844,535</b>   |
| Program Total:            | <b>\$2,559,509</b>    |                      | <b>\$2,620,812</b>    |                      |
| Program FTE               | 0.00                  | 0.00                 | 0.00                  | 0.00                 |
| <b>Program Revenues</b>   |                       |                      |                       |                      |
| Intergovernmental         | \$0                   | \$1,702,818          | \$0                   | \$1,743,742          |
| Program Revenue for Admin | \$0                   | \$141,928            | \$0                   | \$100,793            |
| <b>Total Revenue:</b>     | <b>\$0</b>            | <b>\$1,844,746</b>   | <b>\$0</b>            | <b>\$1,844,535</b>   |

## Explanation of Revenues

\$1,646,495 from State Mental Health Grant Award - estimated 07-09 biennium contract. \$97,247 Local 2145 Beer and Wine Tax.

## Significant Program Changes

**Last year this program was:** #25080, Adult Outpatient Addiction Treatment

This Program Offer includes a 3% inflationary increase of \$18,599 over FY07 for the County General Fund portion of contracted client services.