

**Priority:** Education  
**Program Offer Type:** Existing Operating  
**Related Programs:**

**Lead Agency:** Health Department  
**Program Contact:** NORMAN Kathy M

**Program Characteristics:**

**Executive Summary**

This program supports the education team strategy designed to breakdown barriers to educational success. Teen parents face significant challenges to success in school. Research indicates young people who delay sexual involvement until the age of 16.5 are more likely to protect themselves from pregnancy and disease. This program gives students the skills and confidence to delay sexual involvement and build healthy relationships. It also improves health, access to information, and resources for 11,000 students in 6th, 7th, 8th, and 10th grade and their parents in five school districts (49 schools total) in Multnomah County, and offers services to community-based organizations. The program uses three strategies: youth development and leadership training; parent involvement; and classroom healthy relationship and sexuality education.

**Program Description**

The STARS Pregnancy Prevention Program is designed to delay early sexual activity in 6th graders by training high school students to teach five sexuality education sessions that focus on media influences, correcting misconceptions about teen sexual activity, and building skills to refuse peer pressure. The program for 6th, 7th, 8th, and 10th grade students uses three proven strategies: 1) Youth Development and Leadership Training: The peer education and support approach, provided in a school setting, further contributes to ensuring and developing success in school. The program engages teens in discussions and activities allowing them to build skills and confidence in healthy decision making, planning for the future, self-risk assessment, and talking to supporting adults about healthy relationships and sexuality. 2) Parent Involvement: provides resource information, current teen trends and tips for talking to their child about healthy relationships and sex. Prevention of teen pregnancy helps kids succeed by avoiding the barriers to success that teen parenting can pose. 3) Health Relationships and Sexuality Education sessions: STARS is culturally and developmentally appropriate and delivered in schools and community-based organizations, focusing on healthy relationships, the effect of drugs and alcohol on sexual behavior, access to health services, and the skills needed to resist pressure.

**Program Justification**

Research shows that teens who delay sexual activity are more likely to have fewer partners and take action to protect them against pregnancy and sexually transmitted infections (STIs). Since 1995, statewide evaluations have consistently shown that students who received STARS out-performed students in the control schools on measures of knowledge about sexuality and attitude toward sexual abstinence. The teen pregnancy rate is one of the primary health indicators for a community. In Multnomah County the teen pregnancy rate has continued to decline since the mid-1990s. However, the Multnomah County teen pregnancy rate remains higher than the state's rate and is significantly higher for Hispanic teens.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY05-06)	Current Year Purchased (FY06-07)	Current Year Estimate (FY06-07)	Next Year Offer (FY07-08)
Output	Number of trained high school teen leaders trained	256	256	270	320
Outcome	Increase the pct.of trained HS/College students that participate as leaders	0.0%	0.0%	55.0%	65.0%
Output	Increase of the number of students and their parents who receive the program	10,272	9,082	11,500	12,000

**Performance Measure - Description**

✔ **Measure Changed**

1) Positively impact outcomes known to decrease teen pregnancy: knowledge of the risk and impact of teen pregnancy and sexually transmitted infections (STIs) and attitude towards delaying sexual activity. 2)Number of students/parents receiving healthy relationship and sexuality sessions annually. 3)Percentage of trained teen leaders that participate for more than one year.

## Legal/Contractual Obligation

(STARS) Contractual agreement with Northwest Family Services (NWFS) to serve 3,087 10th grade students and their parents with outreach to the faith-based African American(AA) community.; Oregon State Department of Human Services (OSDHS) indicates Multnomah County must serve all schools that request participation in the 6th grade program; Administration for Children and Families indicates that 7000 middle school students and their parents will be served with special outreach to the (AA) and Latino community.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2007	2007	2008	2008
<b>Program Expenses</b>				
Personnel	\$2,366	\$373,647	\$0	\$665,114
Contracts	\$0	\$0	\$0	\$71,500
Materials & Supplies	\$310	\$17,529	\$0	\$48,396
Internal Services	\$396	\$92,586	\$0	\$133,336
Subtotal: Direct Exps:	<b>\$3,072</b>	<b>\$483,762</b>	<b>\$0</b>	<b>\$918,346</b>
Administration	\$7,777	\$0	\$15,459	\$0
Program Support	\$26,344	\$1,842	\$45,844	\$4,209
Subtotal: Other Exps:	<b>\$34,121</b>	<b>\$1,842</b>	<b>\$61,303</b>	<b>\$4,209</b>
Total GF/non-GF:	<b>\$37,193</b>	<b>\$485,604</b>	<b>\$61,303</b>	<b>\$922,555</b>
Program Total:	<b>\$522,797</b>		<b>\$983,858</b>	
Program FTE	0.05	5.02	0.00	8.82
<b>Program Revenues</b>				
Indirect for dep't Admin	\$21,340	\$0	\$53,597	\$0
Intergovernmental	\$0	\$461,446	\$0	\$851,400
Other / Miscellaneous	\$0	\$22,316	\$0	\$66,946
Program Revenue for Admin	\$2,500	\$1,842	\$0	\$4,209
<b>Total Revenue:</b>	<b>\$23,840</b>	<b>\$485,604</b>	<b>\$53,597</b>	<b>\$922,555</b>

## Explanation of Revenues

\$ 551,400 Federal grant revenue received Oct. 2006. Currently in year 1 of the 5 year grant.

\$ 300.00 Federal Grant revenue received through Northwest Family Services. Currently in year 1 of the 5-year grant.

\$ 66,946 STARS Project funded by OSDHS likely to be reduce in 2008

## Significant Program Changes

**Last year this program was:** #40017, Students Today Aren't Ready for Sex (STARS)

We are expanding our services by adding additional interventions at the middle school level, providing education session to the faith-based African American and Latino community, outreach to the siblings of pregnant and parenting teens, and training and mentoring services with collage aged students.

Other funds revenue increased 47% due to the addition of the Community Based Abstinence Project (CBAE)grant (\$551,400) & FTE increased by 3.75 primarily because of two lateral transfers and an additional CHS.