

Program # 25095 - Addictions Services Youth Outpatient Assessment and Treatment **Version 2/23/2007 s**

Priority: Basic Needs **Lead Agency:** County Human Services
Program Offer Type: Existing Operating **Program Contact:** John Pearson
Related Programs: 25119A, 25143A, 25145A, 25147A, 25149, 25150A, 25151, 25154, 25145B

Program Characteristics:

Executive Summary

Youth Outpatient Assessment and Treatment unites the Department's focus on youth alcohol, tobacco, and other drug (ATOD) services in the SUN Service System with the Department's county-wide youth outpatient treatment network. These combined services will provide ATOD education, screening, assessment and outpatient treatment to strengthen the continuum of prevention and treatment for at-risk youth and their families. Youth Outpatient Assessment and Treatment will provide early intervention and outpatient treatment services to approximately 575 youth ages 12 to 17 and their families.

Program Description

Within Youth Outpatient Assessment and Treatment 6% of the services focus on prevention, outreach, and education and 94% focus on screening, assessment, linkage, and outpatient treatment of youth exhibiting early alcohol and/or drug abuse behaviors. Youth referred to outpatient treatment enter a system that uses evidence-based practices throughout all aspects of treatment including counseling (individual, group, and family) relapse prevention, and aftercare. Youth treatment is designed to competently address age, gender, ethnicity, cultural background, family structure, developmental stage, and readiness for change. For all youth, treatment is available on a sliding fee basis with efforts to leverage third party insurance.

Program Justification

Youth Outpatient Assessment and Treatment directly impacts the Basic Living Needs request for offer that calls for programs that: "prevent illicit drug and tobacco use among adolescents". Services address basic needs and behavioral health (addictions) needs of youth who are at extremely high risk for continued addictions, physical and mental health, and criminal behaviors. In the Oregon Healthy Teen 2006 survey, 31% of the County 8th graders said they drank alcohol in the previous 30 days; this is up from previous years. Early use is strongly correlated with future use; early intervention is key to preventing future abuse. This program offers early intervention through education, screening, assessment, and referral and provides an important gateway into other youth ATOD treatment programs throughout the County.

Effective treatment for adolescents can improve not only their own lives, but the lives of their friends and family. According to research, the average age when youth first try alcohol is 11 years for boys and 13 years for girls. Several large-scale school surveys suggest that 4% to 20% of teenagers have either a current or past diagnosis of alcohol abuse or dependence. The continuum of services in this program uses evidenced-based approaches to reduce youth dependence and abuse of alcohol, tobacco and other drugs.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY05-06)	Current Year Purchased (FY06-07)	Current Year Estimate (FY06-07)	Next Year Offer (FY07-08)
Output	Number of youth screened, assessed, and entering outpatient treatment	613	600	575	575
Outcome	Percent of youth that reduce use of ATOD	75.0%	70.0%	70.0%	70.0%
Output	Percent of youth successfully completing treatment	49.0%	45.0%	47.0%	60.0%

Performance Measure - Description

 **Measure Changed**

The number of youth screened, assessed, and entering treatment is a count of the youth.

The percent of youth that reduce use of ATOD is a youth and counselor evaluation of the youths ATOD use using a State Department of Human Services scale.

The percentage of youth successfully completing outpatient treatment is the number of youth completing successfully compared to all termination in the period. A successful completion is defined a meeting clinical discharge criteria, completing at least two thirds of treatment plan goals, and demonstrating 30 days of abstinence prior to leaving treatment.

Legal/Contractual Obligation

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2007	2007	2008	2008
Personnel	\$13,048	\$0	\$5,357	\$0
Contracts	\$311,347	\$380,644	\$314,224	\$421,088
Materials & Supplies	\$478	\$0	\$377	\$0
Internal Services	\$2,239	\$0	\$881	\$0
Subtotal: Direct Exps:	\$327,112	\$380,644	\$320,839	\$421,088
Administration	\$6,627	\$12,919	\$51,279	\$15,076
Program Support	\$57,282	\$18,807	\$31,739	\$9,264
Subtotal: Other Exps:	\$63,909	\$31,726	\$83,018	\$24,340
Total GF/non-GF:	\$391,021	\$412,370	\$403,857	\$445,428
Program Total:	\$803,391		\$849,285	
Program FTE	0.15	0.00	0.07	0.00
Program Revenues				
Intergovernmental	\$0	\$380,644	\$0	\$421,088
Program Revenue for Admin	\$0	\$31,726	\$0	\$24,340
Total Revenue:	\$0	\$412,370	\$0	\$445,428

Explanation of Revenues

\$389,752 from State Mental Health Grant Award - estimated 07-09 biennium contract.
31,336 Local 2145 Beer and Wine Tax.

Significant Program Changes

Last year this program was: #25095, Youth Alcohol and Drug Outpatient Services

Last year there were two separate program offers addressing youth addictions - 25153 Alcohol, Tobacco, and Other Drug Services (via Dept of School and Community Partnerships) and 25095 Youth Alcohol and Drug treatment Services. For FY 08 these two offers are combined into Program Offer 25095 and renamed Addictions Services: Youth Outpatient Assessment and Treatment.

The primary measures have been redesigned to best reflect the combined Program Offer.

This Program Offer includes a 3% inflationary increase of \$3,601 and \$5,545 (SCP) over FY07 for the County General Fund portion of contracted client services.