

### Program # 25105 - Mental Health Services for Transition Aged Youth

Version 2/17/2006 s

Priority: Basic Needs Lead Agency: County Human Services

Program Offer Type: Existing Operating Program Contact: Godwin Nwerem

Related Programs: 25062, 25068

**Program Characteristics:** 

#### **Executive Summary**

Upon reaching the age of eighteen, individuals are no longer considered children and must transition into adult mental health services. This program ensures an appropriate transition into from the children's system of care to the adult system of care so that the gains made in treatment can be maintained.

### **Program Description**

This program is geared towards individuals ages 18 – 21 (transition aged youth) who are enrolled in the County's mental health organization, Verity. The service is an intensive case management model designed to serve youth with significant and persistent mental health issues. It can be challenging to transition from children's services to adult mental health treatment, so this program is the bridge between the treatment the youth received in the children's system of care, and the treatment that he or she will need in the adult system of care. In addition to treatment for their mental illness, identified youth are likely to need assistance with basic living skills they will need for a successful adulthood, such as housing (some may have been in foster care), daily living skills, vocational pursuits, maintaining positive relationships and other aspects critical to healthy, stable living. Services for these transition-aged youth are connected to the intensive adult case management model so that there is 24/7 response availability for youth who are at risk of experiencing a crisis after hours. Acute care, respite care and residential care are available to those who require it to intervene or prevent a crisis or to stabilize symptoms. Because many individuals struggling with mental illness also struggle with addiction, Alcohol and Drug expertise is available for youth who are dually diagnosed and need assistance in staying clean and sober.

#### **Program Justification**

This program links with the priorities identified by the Basic Living Needs outcome team. By providing access to healthcare services to youth struggling with mental illness who might otherwise fall through the cracks once they leave children's services, potential crises can be prevented. In addiction to prevention and crisis intervention, it also provides service coordination so that the transition to adult services is a safe and successful one and that stability can be maintained.

## **Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
1 '	Total number of 18-21 year old youths receiving intensive services.	0	0	2	7
	Percent of youth with a 2nd outpatient visit within 14 days of the first visit.	47%	0%	47%	79%
Outcome	Percent of youth (16-21) with four visits within 44 days.	28%	0%	28%	60%

#### **Performance Measure - Description**

Specialized Children's System of Care program starting in Spring 2006.

# **Legal/Contractual Obligation**

State of Oregon Mental Health Organization (MHO) contract, Statement of Work. Services to Verity enrollees are required by the terms of this contract

# Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds	
Program Expenses	2006	2006	2007	2007	
Contracts	\$0	\$0	\$0	\$150,000	
Subtotal: Direct Exps:	\$0	\$0	\$0	\$150,000	
Administration	\$0	\$0	\$0	\$3,066	
Program Support	\$0	\$0	\$0	\$6,643	
Subtotal: Other Exps:	\$0	\$0	\$0	\$9,709	
Total GF/non-GF:	\$0	\$0	\$0	\$159,709	
Program Total:	\$0		\$159,709		
Program FTE	0.00	0.00	0.00	0.00	
Program Revenues					
Intergovernmental	\$0	\$0	\$0	\$150,000	
Program Revenue for Admin	\$0	\$0	\$0	\$9,709	
Total Revenue:	\$0	\$0	\$0	\$159,709	

# **Explanation of Revenues**

Oregon Health Plan revenue based on December premium rates and assuming 66,970 insured members - \$150,000.

# Significant Program Changes

Last year this program was: #25074, Child Out of Home MH Services

This program was included in the Child Out of Home MH Services program offer last year and has been separated out this fiscal year for the sake of clarity.