

Priority: Basic Needs
Program Offer Type: Existing Operating
Related Programs: 25083, 25098, 25113A

Lead Agency: County Human Services
Program Contact: Gayle Kron

Program Characteristics:

Executive Summary

Outpatient treatment is an effective level of care and the least expensive in addictions treatment. Services include individual, group, and family counseling; medication management; and relapse prevention. Individuals can hold jobs and for some, medication helps them participate more fully in treatment and lead more stable lives during their recovery.

Program Description

Outpatient services are delivered throughout Multnomah County by a network of State-licensed contracted providers. These providers are culturally sensitive and many have multilingual staff on-site. Counselors are certified in alcohol and drug treatment and many have extensive experience, education and training in mental health. Outpatient treatment allows a client to work, go to school, attend job training, socialize, and otherwise carry on a normal life. The counselors help clients shift from ambivalence and denial to acceptance and incentive to change. Each client is treated as a unique individual. The providers help clients address issues that are barriers to recovery, and develop strategies and skills to overcome them. Intake assessment, level of care placement, counseling (group, individual and family), medication management, relapse prevention, and referral to aftercare self-help groups are all part of the outpatient treatment continuum. Providers also address the self-sufficiency needs of each person with assistance in: parenting skills; stress and anger management; housing issues; independent living skills; referrals for physical and mental health issues; linkages to employment services; and recreation and healthy use of leisure time.

Program Justification

This program promotes healthy behaviors and links directly to the Basic Needs Priority by offering access to addictions treatment that addresses the negative consequences of the use of alcohol and other drugs. Successful completion of treatment has been repeatedly shown to help move people toward greater self-sufficiency by increasing their employability/income and reducing their criminal activities. This program moves a vulnerable population away from a cycle of chronic problems and crises toward greater self-sufficiency in obtaining permanent housing, increased income, adequate food, and health care.

In addition, this program links to the Poverty Framework by addressing the health needs of adults, providing information on and referral to other necessary social services, helping to support and strengthen families by including family therapy, and providing linkages to employment services. It also links to the 10-Year Plan to End Homelessness by influencing employment and earnings in a positive direction and increasing economic independence.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
Output	Number of adults served in outpatient treatment	4,119	4,000	4,576	4,000
Outcome	Percent of adults successfully completing outpatient treatment	42%	55%	43%	55%

Performance Measure - Description

Definition for successful treatment completion: the client meets clinical discharge criteria, completes at least two thirds of their treatment plan goals, and demonstrates 30 days of abstinence. Statewide average for successful completion is about 45%.

Legal/Contractual Obligation

Contractual Obligations: Because Multnomah County accepts the State Mental Health Grant; we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A-D 66 is Continuum of Care Services). Also, State Local 2145 Beer and Wine tax revenues are provided to counties on a dedicated formula basis and are restricted to alcohol and drug services.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2006	2006	2007	2007
Contracts	\$620,000	\$1,702,818	\$620,000	\$1,702,818
Subtotal: Direct Exps:	\$620,000	\$1,702,818	\$620,000	\$1,702,818
Administration	\$0	\$0	\$24,334	\$57,795
Program Support	\$0	\$0	\$70,429	\$84,133
Subtotal: Other Exps:	\$0	\$0	\$94,763	\$141,928
Total GF/non-GF:	\$620,000	\$1,702,818	\$714,763	\$1,844,746
Program Total:	\$2,322,818		\$2,559,509	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$1,702,818	\$0	\$1,702,818
Program Revenue for Admin	\$0	\$0	\$0	\$141,928
Total Revenue:	\$0	\$1,702,818	\$0	\$1,844,746

Explanation of Revenues

Funding provided by \$1,605,571 from the State Mental Health Grant, \$97,247 from Local 2145 Beer & Wine Tax Revenues, and \$620,000 ITax funds.

Significant Program Changes

✔ Significantly Changed

Last year this program was: #25031, A&D Adult Outpatient ITAX

Last the year the county eliminated county funding support for one type of outpatient treatment, Synthetic Opiate Replacement (methadone) Treatment. This resulted in a reductions of approximately 120 treatment slots for heroin users.