

### Program # 25076B - County Operated School Based Mental Health Services Scaled

Version 3/28/2006 s

Priority: Education Lead Agency: County Human Services

Program Offer Type: New Program Program Contact: Godwin Nwerem

Related Programs: 25067, 25068, 25069, 25070, 25072A, 25073A, 25074, 25076A, 21030A, 21032A, 40038A, 40038B

**Program Characteristics:** 

#### **Executive Summary**

This scaled program pays for an additional 2.17 FTE Master's level Mental Health Consultants to increase culturally specific, culturally competent and family focused consultation and mental health services by 13 staff days a week during the school year for vulnerable children and their families in six underserved school districts in Multnomah County, expecially in mid and east county.

#### **Program Description**

One in five school aged children and teens experience a significant mental health problem. The School Based Mental Health Program offer increases student access to mental health services in underserved school districts of Multnomah County. Suicide is the number two cause of death among young people in Oregon. Master's level clinicians also provide accessible crisis services in schools to help children and teens who are at risk for suicide or harm to others. Consultation and outreach is provided with families, students, school staff, school health clinics, Touchstone and SUN School and community providers. For children served by School Based Mental Health last year: 36% had Oregon Health Plan and 52% of the children had no insurance. An average of 60% of children served have experienced abuse in their lives. More than a third of the children referred for mental health problems also need help coping with parental substance abuse. Mental Health Consultants help families enroll in services such as the Oregon Health Plan. Of students served last year 23% were Latino, 16% were African American, 5% were Asian, 2% were Native American and 53% were Caucasian. Families are reconnected to their child's school. This program has demonstrated when providing direct services, 84% of students improved in academics and 99% stayed in a school program.

#### **Program Justification**

The School Based Mental Health program meets the Education Priority by preparing children to learn at all ages by meeting their basic need for mental health. This program helps implement the School Age Policy Framework and the Child & Family System of Care Children's Mental Health Redesign Students with mental health needs are identified and receive earlier intervention. Access to mental health services in six underserved school districts in Multnomah County is improved. Because it is county-wide this program is able to serve families who have high mobility between school districts. Mental Health Consultants bridge gaps in mental health service access for students and families. The stigma of using mental health services is reduced by seeing students and families in schools. With school based mental health services, students are more likely to complete school and avoid poverty by becoming healthy, self-sufficient adults with full employment.

### **Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
Output	Total Unduplicated Children Receiving Direct Mental Health Services	164	0	0	175
Outcome	Percent Of Children Served With Increased School Attendence	89%	0%	0%	90%
Outcome	Percent Of Children Served With Improved School Behavior.	95%	0%	0%	95%
Output	Total Consultation and Outreach Contacts.	1,594	0	0	1,600

## **Performance Measure - Description**

No figures in 05-06 columns because these FTE currently not funded. Clinical consultation, outreach and group support contacts are with additional students and families. Contact number is for duplicated individuals.

# Legal/Contractual Obligation

# Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2006	2006	2007	2007
Personnel	\$0	\$0	\$168,257	\$0
Materials & Supplies	\$0	\$0	\$4,471	\$0
Internal Services	\$0	\$0	\$4,233	\$0
Subtotal: Direct Exps:	\$0	\$0	\$176,961	\$0
Administration	\$0	\$0	\$6,945	\$0
Program Support	\$0	\$0	\$20,102	\$0
Subtotal: Other Exps:	\$0	\$0	\$27,047	\$0
Total GF/non-GF:	\$0	\$0	\$204,008	\$0
Program Total:	\$0		\$204,008	
Program FTE	0.00	0.00	2.17	0.00
Program Revenues				
Program Revenue for Admin	\$0	\$0	\$0	\$0
Total Revenue:	\$0	\$0	\$0	\$0

# **Explanation of Revenues**

# Significant Program Changes

Last year this program was: