

## Program # 25076A - County Operated School Based Mental Health Services

Version 6/29/2006 s

Priority: Education Lead Agency: County Human Services

Program Offer Type: Existing Operating Program Contact: Godwin Nwerem

Related Programs: 25067, 25068, 25069, 25070, 25072A, 25073A, 25074, 21030A, 21032A, 40038A, 40038B, 25076B

**Program Characteristics:** 

#### **Executive Summary**

Children and teens with serious emotional or behavioral problems often have trouble safely participating in and completing school. Since 1967 this Multnomah County program has paid for School Based Mental Health (11.14 FTE) to provide culturally specific, culturally competent and family focused consultation and direct mental health services for vulnerable children and their families in schools and school health clinics across the County.

### **Program Description**

One in five school aged children and teens experience a significant mental health problem. This offer increases student access to direct mental health services in 6 underserved school districts of Multnomah County. Suicide is the number two cause of death among young people in Oregon. Master's level clinicians also provide accessible crisis services in schools for children and teens who are at risk for suicide or harm to others. Consultation and outreach is provided for additional students and the community with families, students, school staff, School Health Clinic staff, County Touchstone, SUN School and community providers. An average of 60% of children served have experienced abuse in their lives. Of the children served last year 36% had Oregon Health Plan and 52% of the children had no insurance. Mental Health Consultants also help families enroll in services such as the Oregon Health Plan. More than a third of the children referred also need help coping with parental substance abuse. Of students served last year, 23% were Latino, 16% were African American, 5% were Asian, 2% were Native American. Families are reconnected to their child's school. This program has demonstrated that when providing direct mental health services, 84% of students improved in academics and 99% stayed in a school program.

#### **Program Justification**

The School Based Mental Health program meets the Education Priority by preparing children to learn at all ages by meeting their basic need for mental health. This program helps implement the School Age Policy Framework and the Child & Family System of Care Children's Mental Health Redesign. Students with mental health needs are identified and receive earlier intervention. Access to mental health services in 6 underserved Multnomah County school districts is improved. Because it is County-wide, this program is able to serve families who have high mobility between school districts. The stigma of using mental health services is reduced by seeing students and families in schools and School Health Clinics. With school based mental health services, students are more likely to complete school and avoid poverty by becoming healthy, self-sufficient adults with full employment.

#### **Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
Output	Total Unduplicated Children Receiving Direct Mental Health Svs.	943	950	950	950
Outcome	Percent of Children Receiving Direct Services With Improved School Behavior	95%	95%	95%	95%
Outcome	Percent Of Children Receiving Direct Services With Improved School Attendence.	89%	90%	90%	90%
Output	Total Number Of Additional Consultation, Support and Outreach Contacts Made.	11,386	11,000	11,000	11,000

#### **Performance Measure - Description**

Clinical consultation with school, health and other agency staff is provided about students in addition to those receiving direct services. Additional students and families receive outreach or group support. Contacts represent duplicated individuals.

## **Legal/Contractual Obligation**

Community Mental Health Program obligations, ORS 430.620 MHO Contract with the State of Oregon OAR 309-032-0950 Standards for Community Treatment Services for Children

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds	
Program Expenses	2006	2006	2007	2007	
Personnel	\$463,438	\$519,160	\$500,000	\$557,279	
Materials & Supplies	\$0	\$0	\$0	\$22,947	
Internal Services	\$36,562	\$130,071	\$0	\$158,220	
Subtotal: Direct Exps:	\$500,000	\$649,231	\$500,000	\$738,446	
Administration	\$0	\$0	\$20,260	\$6,279	
Program Support	\$0	\$0	\$58,637	\$9,144	
Subtotal: Other Exps:	\$0	\$0	\$78,897	\$15,423	
Total GF/non-GF:	\$500,000	\$649,231	\$578,897	\$753,869	
Program Total:	\$1,149,231		\$1,332,766		
Program FTE	0.00	0.00	5.17	5.97	
Program Revenues					
Intergovernmental	\$0	\$649,231	\$0	\$738,446	
Program Revenue for Admin	\$0	\$0	\$0	\$15,423	
Total Revenue:	\$0	\$649,231	\$0	\$753,869	

# **Explanation of Revenues**

\$100,000 from estimated FQHC Billings and \$85,000 from east county school districts.

\$300,989 of MH22 (Child and Adolescent Mental Health Services) as part of FAAA Reference NO. 027, dated 3/6/06 of SMHG Contract #113012.

\$250,530 of insurance fee for service payments based on anticipated increase in the number of OHP eligible claims. The program plans to access new billable code for screening and referral contacts that were previously not reimburseable.

#### Significant Program Changes

Last year this program was: #25077A, School Mental Health ITAX

Last year's program funding resulted in a loss of four staff members equaling 2.84 FTE for the fiscal year. This significantly decreased the amount of time School Based Mental Health professionals are available to students, families and staff in underserved school districts across the County. Please see scaled program offer requesting additional 2.17 FTE.