

**Priority:** Basic Needs **Lead Agency:** County Human Services  
**Program Offer Type:** Existing Operating **Program Contact:** Godwin Nwerem  
**Related Programs:** 25062, 25063, 25065, 25068, 25070, 25073A, 25074, 21039, 40034

**Program Characteristics:**

**Executive Summary**

Bienestar de La Familia (Well-being of the Family) is a multi-disciplinary team serving the Latino community in Multnomah County. The program provides culturally specific and linguistically appropriate comprehensive mental health and social services including treatment and evaluation and domestic violence services. This offer does not include the drug and alcohol treatment, evaluation and prevention services considered integral to team goals (see Scaled Offer B).

**Program Description**

Historically, Latinos have limited access to services with qualified service providers. Prevention and reducing disparities in access to mental health, alcohol and drug services and social services are Bienestar goals. Two Bienestar Mental Health Consultants (MHC) are embedded in the Early Childhood program. They provide prevention and intervention services through classroom consultation, assessment, treatment, and trainings, including parenting classes. One of the positions serves Mt. Hood Community College Head Start children and families in East County. Almost 50% of the 800 families in this program are Latino. Of the four MHCs working with this program, only the Bienestar consultant is bilingual/bicultural and able to work with these families directly. Another MHC with the Early Childhood program works with the Migrant Head Start program, where 99% of the families enrolled are Latino. This position serves the Portland Public Schools Head Start program; 50% of the 631 enrollees are Latino. Another Bienestar MHC is sited full time at the Ortiz Center, which houses La Clinica de Buena Salud--a county health clinic, and social services center in the Cully Neighborhood. Services provided include individual, family and group treatment, parenting classes, consultation, assessment, referral and crisis intervention. Another MHC is sited at CARES Northwest, a specialty clinic providing child abuse assessments. In 2005, CARES provided assessments to 1333 children, of whom 17% were Hispanic. This position is the only bilingual MHC at this site and provides case management/support, assessment, referral and treatment to the Hispanic families served at CARES and to children, families and adults in East Multnomah County. Not included in this offer is the Alcohol and Drug Evaluation Services position considered essential for this team,(see Scaled Offer B).

**Program Justification**

Bienestar clearly supports the priorities identified by the Basic Living Needs Outcome Team. Bienestar receives referrals from health clinics, schools, Head Start programs, other mental health and social service providers, self-referrals of clients, and law enforcement. The multi-disciplinary team (this offer describes only the mental health aspect of the Bienestar team, which also includes staff from the DSCP) works collaboratively with other agencies and Hispanic providers in the community to provide appropriate and coordinated care for the Hispanic client and family unable to access traditional services, thus reducing health and service disparities. It provides services in a variety of settings, often in the home of the client when this is the only way in which the client can access those services. The program links closely with the School Aged Policy and Early Childhood Frameworks.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
Output	Total Unduplicated Children and Family Members Seen For MH Svcs.	81	0	95	100
Outcome	% of children and families with no insurance receiving Spanish language svcs.	68%	70%	70%	72%
Output	Consultation, Coordination and Referral and Group Child and Family Contacts	1,271	0	1,275	1,300

**Performance Measure - Description**

## Legal/Contractual Obligation

Community Mental Health Program obligations, ORS 430.620  
MHO Contract with the State of Oregon  
OAR 309-032-0950 Standards for Community Treatment Services for Children

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	2006	2006	2007	2007
Personnel	\$226,476	\$0	\$162,185	\$20,000
Contracts	\$0	\$8,000	\$8,000	\$0
Materials & Supplies	\$2,156	\$1,193	\$5,767	\$0
Internal Services	\$36,845	\$56,523	\$89,525	\$0
Subtotal: Direct Exps:	<b>\$265,477</b>	<b>\$65,716</b>	<b>\$265,477</b>	<b>\$20,000</b>
Administration	\$0	\$0	\$10,406	\$679
Program Support	\$0	\$0	\$30,118	\$988
Subtotal: Other Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$40,524</b>	<b>\$1,667</b>
Total GF/non-GF:	<b>\$265,477</b>	<b>\$65,716</b>	<b>\$306,001</b>	<b>\$21,667</b>
Program Total:	<b>\$331,193</b>		<b>\$327,668</b>	
Program FTE	0.00	0.00	1.79	0.21
<b>Program Revenues</b>				
Intergovernmental	\$0	\$65,716	\$0	\$20,000
Program Revenue for Admin	\$0	\$0	\$0	\$1,667
<b>Total Revenue:</b>	<b>\$0</b>	<b>\$65,716</b>	<b>\$0</b>	<b>\$21,667</b>

## Explanation of Revenues

\$20,000 from estimated FQHC Billings.

## Significant Program Changes

**Last year this program was:** #25067, MH Bienestar

This program offer does not include the .8 FTE ADES position that provides bilingual, culturally specific drug and alcohol treatment, evaluation and prevention services considered integral to Bienestar goals (see Scaled Offer B).