

**Program # 50020 - Juvenile Multi-Systemic Treatment Therapy Team (MST)**

**Version 2/17/2006 s**

**Priority:** Safety  
**Program Offer Type:** Existing Operating  
**Related Programs:** 50011, 50014, 50015

**Lead Agency:** Community Justice  
**Program Contact:** Wayne Scott

**Program Characteristics:**

**Executive Summary**

The Multi-Systemic Therapy (MST) team serves approximately 50 high-risk youth, half of whom meet the state definition of "chronic offenders" (the 8% of probation youth who commit 50% of new crimes). Considered a national "blueprint program," MST is an intensive family-based treatment program that has demonstrated success in reducing crime and drug use among high-risk probation youth. Arrests for MST youth declined 33% in the year after treatment.

**Program Description**

The primary goals of MST are to end juvenile criminal activity and reduce drug or alcohol abuse. MST is an intensive, family-based treatment that focuses on high-risk youth who are at immediate risk of out-of-home placement (foster care or an OYA facility). Eligible youth have a significant substance abuse problem and/or they are gang involved. Therapists meet with the youth multiple times per week at home or at school, and target the problems in a youth's life—such as drug and alcohol abuse, mental illness, anti-social peers, poor parental support—that contribute to serious, delinquent behavior. The cost of providing MST services to youth is substantially lower than the average cost of a youth's stay in foster care or an OYA correctional facility.

**Program Justification**

MST is an effective mental health and drug abuse intervention that keeps high-risk youth from committing new crimes, using drugs, becoming further involved in gangs and becoming more deeply involved in the justice system. MST is an evidenced-based program: National and Department of Community Justice research demonstrates that MST is effective in reducing crime and drug use among chronic juvenile offenders. The federal government has rated MST as a "best practice" for reducing the number of crimes youth commit and expensive out-of-home placements, improving family functioning, and decreasing mental health problems. MST is consistent with a streams of offender model that prioritizes services to high risk offenders. MST is also cost-effective, because it reduces the use of more expensive alternatives such as detention and commitments to youth correctional facilities. Because the MST therapist works with the whole family, younger siblings (who are also at risk of drug abuse and delinquency) benefit.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
Output	Number of youth served by MST.	34	50	52	50
Outcome	Percent reduction in recidivism one yr pre/post program participation.	33%	0%	72%	35%
Outcome	Percent of youth who did not recidivate one year post program exit.	52%	0%	50%	50%

**Performance Measure - Description**

New outcome measures developed to provide consistent measurement across programs. Recidivism is measured by new criminal referral.

### Legal/Contractual Obligation

ORS 419C.001 mandates county juvenile systems to provide "a continuum of services that emphasize the prevention of further criminal activity by the use early and certain sanctions, reformation and rehabilitation programs and swift and decisive intervention in delinquent behavior."

### Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	2006	2006	2007	2007
Personnel	\$238,755	\$166,438	\$222,066	\$228,943
Contracts	\$138,159	\$12,316	\$91,827	\$0
Materials & Supplies	\$9,150	\$1,800	\$7,411	\$3,345
Internal Services	\$16,375	\$12,614	\$0	\$17,282
Subtotal: Direct Exps:	<b>\$402,439</b>	<b>\$193,168</b>	<b>\$321,304</b>	<b>\$249,570</b>
Administration	\$0	\$0	\$33,517	\$9,062
Program Support	\$0	\$0	\$99,126	\$0
Subtotal: Other Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$132,643</b>	<b>\$9,062</b>
Total GF/non-GF:	<b>\$402,439</b>	<b>\$193,168</b>	<b>\$453,947</b>	<b>\$258,632</b>
Program Total:	<b>\$595,607</b>		<b>\$712,579</b>	
Program FTE	0.00	0.00	2.20	2.60
<b>Program Revenues</b>				
Indirect for dep't Admin	\$7,722	\$0	\$11,568	\$0
Intergovernmental	\$0	\$193,168	\$0	\$249,570
Program Revenue for Admin	\$0	\$0	\$0	\$0
<b>Total Revenue:</b>	<b>\$7,722</b>	<b>\$193,168</b>	<b>\$11,568</b>	<b>\$249,570</b>

### Explanation of Revenues

MST is funded with county general fund \$321,304 and State Oregon Youth Authority Gang Transition Services \$187,864. In accordance with the Children's Mental Health Redesign, MST receives funds through a collaborative arrangement between Verity, CareOregon and county general fund, which enables the county to increase federal financial participation (Medicaid) in funding treatment services for delinquent youth \$61,706.

### Significant Program Changes

**Last year this program was:** #50051, Juvenile Multi-Systemic Treatment Therapy Team (MST)