

**Priority:** Education  
**Program Offer Type:** Existing Operating  
**Related Programs:**  
**Program Characteristics:** Backfill State/Federal/Grant

**Lead Agency:** Health Department  
**Program Contact:** NORMAN Kathy M

**Executive Summary**

This program supports the education team strategy designed to breakdown barriers to educational success. Teen parents face significant challenges to success in school. Research indicates young people who delay sexual involvement until the age of 16.5 are more likely to protect themselves from pregnancy and disease. This program gives students the skills and confidence to delay sexual involvement. It also improves health and access to information and resources for 10,000 students in 6th, 8th, and 10th grade in five of the six school districts (49 schools total) in Multnomah County. The program uses three strategies: youth development and leadership training; parent involvement; and classroom sexuality education.

**Program Description**

The STARS Pregnancy Prevention Program for 6th graders is designed to delay early sexual activity by training older teens to provide five sexuality education sessions that focus on media influences, correcting misconceptions about teen sexual activity, and building skills to refuse peer pressure. The program for 6th, 8th, and 10th grade students uses three proven strategies: 1) Youth Development and Leadership Training: The peer education and support approach, provided in a school setting, further contributes to ensuring and developing success in school. The program engages teens in discussions and activities allowing them to build skills and confidence in healthy decision making, planning for the future, self-risk assessment, and talking to supporting adults about sexuality. 2) Parent Involvement: provides resource information, current teen trends and tips for talking to their child about sex. Prevention of teen pregnancy helps kids succeed by avoiding the barriers to success that teen parenting can pose. 3) Classroom Sexuality Education: STARS is culturally and developmentally appropriate and delivered in the schools, focusing on healthy relationships, the effect of drugs and alcohol on sexual behavior, access to sexual health services, and the skills needed to resist pressure. The three components of the program are research-based, involve parents, are age appropriate, medically accurate, and provide the required abstinence component mandated by Oregon State Law.

**Program Justification**

Research shows that teens who delay sexual activity are more likely to have fewer partners and take action to protect them against pregnancy and sexually transmitted infections (STIs). Since 1995, statewide evaluations have consistently shown that students who received STARS out-performed students in the control schools on measures of knowledge about sexuality and attitude toward sexual abstinence. The teen pregnancy rate is one of the primary health indicators for a community. In Multnomah County the teen pregnancy rate has continued to decline since the mid-1990s. However, the Multnomah County teen pregnancy rate remains higher than the state's rate and is significantly higher for Hispanic teens. STARS serves the two school districts with the highest Hispanic student population in Multnomah County and has begun delivering the program in Spanish.

**Performance Measures**

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
Output	Number of trained teen leaders trained as mentors	256	250	256	256
Outcome	Increase of the number of students who receive the program.	10,272	9,082	11,500	11,500

**Performance Measure - Description**

1) Positively impact outcomes known to decrease teen pregnancy: knowledge of the risk and impact of teen pregnancy and sexually transmitted infections (STIs) and attitude towards delaying sexual activity. 2) Number of trained teen leaders. 3) Number of students receiving sexuality education annually.

## Legal/Contractual Obligation

Contractual agreement with Northwest Family Services (NWFS) indicates that 3,459 8th grade and 1,840 10th grade students must be served. Contractual agreement with Oregon State Department of Human Services (OSDHS) indicates that Multnomah County must serve all schools that request participation in the 6th grade program. ORS 336.455 states that schools shall promote abstinence for school-age youth as the safest and most responsible sexual behavior yet it shall not be taught to the exclusion of other material and instruction on contraceptive and disease reduction measures.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
<b>Program Expenses</b>	2006	2006	2007	2007
Personnel	\$0	\$397,070	\$2,392	\$373,647
Materials & Supplies	\$0	\$10,929	\$112	\$17,529
Internal Services	\$0	\$106,848	\$594	\$92,586
Subtotal: Direct Exps:	<b>\$0</b>	<b>\$514,847</b>	<b>\$3,098</b>	<b>\$483,762</b>
Administration	\$0	\$0	\$7,777	\$0
Program Support	\$0	\$0	\$26,344	\$1,842
Subtotal: Other Exps:	<b>\$0</b>	<b>\$0</b>	<b>\$34,121</b>	<b>\$1,842</b>
Total GF/non-GF:	<b>\$0</b>	<b>\$514,847</b>	<b>\$37,219</b>	<b>\$485,604</b>
Program Total:	<b>\$514,847</b>		<b>\$522,823</b>	
Program FTE	0.00	0.00	0.05	5.02
<b>Program Revenues</b>				
Indirect for dep't Admin	\$27,594	\$0	\$21,340	\$0
Intergovernmental	\$0	\$497,694	\$0	\$461,446
Other / Miscellaneous	\$0	\$17,154	\$0	\$22,316
Program Revenue for Admin	\$0	\$0	\$2,500	\$1,842
<b>Total Revenue:</b>	<b>\$27,594</b>	<b>\$514,848</b>	<b>\$23,840</b>	<b>\$485,604</b>

## Explanation of Revenues

\$ 394,497 Federal grant revenue received through NWFS. Currently in year 3 of the 3-year grant with possible continuation funding.

\$ 66,949 STARS Project funded by the OSDHS likely to be reduced in 2007.

\$ 22,316 STARS Foundation funding likely to be increased in 2007.

## Significant Program Changes

✔ Significantly Changed

**Last year this program was:** #40007, Students Today Aren't Ready for Sex (STARS)

We expect to serve an additional 1000 students and parents in FY07. There is no budget growth expected for FY07.

The STARS program is requesting general fund backfill of operating costs on a one-time-only basis. The granting agency changed its funding cycle in FY07, causing a 3-month gap in revenue. The one-time-one general fund backfill will allow the program to sync up with the new funding cycle and the revenue gap shouldn't be repeated in the future.