

Priority: Basic Needs
Program Offer Type: Existing Operating
Related Programs:

Lead Agency: County Human Services
Program Contact: John Pearson

Program Characteristics:

Executive Summary

Treatment for problem gambling is a free service (funded by Lottery proceeds) to any Oregonian. The county providers are Cascadia Behavioral Health Care, Lifeworks NW, and OHSU Behavioral Health Clinic. Problem gambling treatment takes place in an outpatient setting and includes services for clients and their family. Gambling treatment services include assessment, individual and group treatment, and continuing care after discharge from regular treatment. Family members are an important part of treatment with the client. In cases where a client is not ready or willing to participate in treatment, free services are available to family members.

Program Description

Multnomah County's problem Gambling Services are guided by a public health approach that takes into consideration biological, behavioral, economic, cultural, and policy determinants influencing gambling and health. It incorporates prevention, harm reduction and multiple levels of treatment by placing emphasis on quality of life issues, for the gambler, families and communities. Multnomah county has the highest lottery sales statewide (\$274,555,496) with 67% of the total coming from video poker. While 67% of Lottery sales are from video poker, 78% of the gamblers in treatment report video poker as their primary game of choice.

Program Justification

Problem gambling treatment services are closely aligned to the county's Basic living Needs priority by promoting healthy behaviors. Treatment focus's on relieving initial client stress and crisis, supporting the client and family members in treatment, and assisting the family to return to some level of health functioning. Problem gambling treatment assists the gambler and family in managing money, rebuilding trust in the family, learning gambling prevention techniques. Based on industry norms (3.0% of problem gamblers seeking treatment) 366 adults can be expected to access treatment each year in Multnomah County. But, in FY 05 460 gamblers enrolled in treatment (126% of projection). As noted, family participation is important and 119 family members enrolled in treatment as well.

Performance Measures

Measure Type	Primary Measure	Previous Year Actual (FY04-05)	Current Year Purchased (FY05-06)	Current Year Estimate (FY05-06)	Next Year Offer (FY06-07)
Output	Gamblers accessing treatment annually(1)	460	460	425	425
Outcome	Successful completion rate.	34%	34%	34%	34%
Outcome	Positive retention rate.	47%	47%	47%	47%

Performance Measure - Description

(1) Enrollment goal of 366 or more annually is based on state determined penetration rate; (2) Statewide average successful completion rate is 28.8%; and (3) Statewide average retention rate is 35.6%. In addition to the performance measures listed above, county performance (compared to statewide minimums) is evaluated in the areas of: 1) access wait time; 2) engagement rate; 3) consumer satisfaction; 4) data reporting; and 5) average number of encounters per gambler. Information on these additional measures will be available.

Legal/Contractual Obligation

Contractual Obligations: Because Multnomah County accepts the State Mental Health Grant; we are obligated to spend funds in accordance with regulations regarding State Service Elements (i.e. Service Element A-D 81 is Outpatient Problem Gambling Treatment).

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2006	2006	2007	2007
Program Expenses				
Contracts	\$0	\$794,324	\$0	\$864,000
Subtotal: Direct Exps:	\$0	\$794,324	\$0	\$864,000
Administration	\$0	\$0	\$0	\$29,325
Program Support	\$0	\$0	\$0	\$42,689
Subtotal: Other Exps:	\$0	\$0	\$0	\$72,014
Total GF/non-GF:	\$0	\$794,324	\$0	\$936,014
Program Total:	\$794,324		\$936,014	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$794,324	\$0	\$864,000
Program Revenue for Admin	\$0	\$0	\$0	\$72,014
Total Revenue:	\$0	\$794,324	\$0	\$936,014

Explanation of Revenues

\$864,000 from State Mental Health Grant Award per 05-07 biennium contract.

State definition of successful completion: The percent of engaged problem gambling affected individuals receiving Outpatient Problem Gambling Treatment Services who successfully complete treatment must not be less than one standard deviation below the mean for all providers of Outpatient Problem Gambling Treatment Services in the State of Oregon as determined by the State. A successful problem gambling treatment completion is defined as the individual's: 1) achievement of at least 75% of short-term treatment goals; 2) completion of a continued wellness plan (i.e. relapse prevention plan); and 3) lack of engagement in problem gambling behaviors for at least 30 days prior to discharge from Outpatient Problem Gambling Treatment Services.

Significant Program Changes

Last year this program was: #25034, Gambling Addiction Treatment