

Program # 50051 - Juvenile Multi-Systemic Treatment Therapy Team (MST)

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Priority:	Safety	Lead Agency:	Community Justice
Program Offer Type:	Existing Operating	Program Contact:	Wayne Scott
Related Programs:	50044, 50055		
Frameworks:	School Aged Policy Framework		

Executive Summary

Multi-systemic Therapy (MST) is an intensive mental health therapy program that has demonstrated success in reducing crime and drug use among high-risk juvenile offenders, most of whom are in gangs. In 2004, therapists worked with 81 youth and their families; 70% of those who completed MST stayed crime free. MST is a national evidence-based model program.

Program Description

The primary goals of MST are to end juvenile criminal activity and reduce drug or alcohol abuse. MST is an intensive, family-based treatment that focuses on high-risk youth who are at immediate risk of out-of-home placement (foster care or an OYA facility). Eligible youth have a significant substance abuse problem and/or they are gang involved. Therapists meet with the youth multiple times per week at home or at school, and target the problems in a youth's life -- such as drug and alcohol abuse, mental illness, anti-social peers, poor parental support -- that contribute to serious, delinquent behavior.

Program Justification

By reducing criminal activity, drug use and gang involvement, MST directly contributes to county safety principles and strategies. MST is an evidenced-based program: National and Department of Community Justice research demonstrates that MST is effective in reducing crime and drug use among chronic juvenile offenders. The federal government has rated MST as a "best practice" for reducing the number of crimes youth commit and expensive out-of-home placements, improving family functioning, and decreasing mental health problems. MST is consistent with a streams of offender model that prioritizes services to high risk offenders. MST prevents youth from re-offending using early interventions, lessening juvenile crime and the number of youth in the justice system. MST is also cost-effective, because it reduces the use of more expensive alternatives such as detention and commitments to youth correctional facilities. Because the MST therapist works with the whole family, younger siblings (who are also at risk of drug abuse and delinquency) benefit.

Performance Measures

80% of MST clients will either be successful or partially successful in their completion of the program; Of those youth who complete MST successfully or partially successfully, 75% will not commit a new criminal offense within 12 months of their discharge from MST; 80% of youth will be living at home or with another relative at the time of discharge.

Summary of last year's program results and this year's expected results

In 2003, 75% of MST clients had either successfully completed the program or were partially successful. Of those youth who completed MST successfully or partially successfully, 70% did not commit a new criminal offense within 12 months of their discharge from MST. During the same period, 75% of MST youth were either living at home or with another relative at the time of discharge. No MST youth were placed in a youth correctional facility. Next year, we expect that the goals for successful program completion and re-offending will be maintained and the proportion of youth living within a 'family setting' will be increased by 5 points from 75% to 80%.

Program Mandate: 2 Mandated Program with Funding/Service Level Choice

ORS 419C.001: "The [juvenile] system shall provide a continuum of services that emphasize prevention of further criminal activity by the use of early and certain sanctions, reformation and rehabilitation programs and swift and decisive intervention in delinquent behavior."

MST adheres to the Mental Health Division standards governing mental health programs and services, including: 309-014-0000 through -0040; OAR 309-039-0500 through -0790; OAR 309-016-0000 through -0430; OAR 415-051-0000 through -0155.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2005	2005	2006	2006
Personnel	\$108,130	\$274,873	\$238,755	\$166,438
Contracts	\$101,208	\$107,327	\$138,159	\$12,316
Materials & Supplies	\$8,750	\$3,455	\$9,150	\$1,800
Internal Services	\$10,597	\$24,705	\$16,375	\$12,614
Subtotal: Direct Exps:	\$228,685	\$410,360	\$402,439	\$193,168
Administration	\$0	\$0	\$34,139	\$5,260
Program Support	\$0	\$0	\$99,955	\$22,381
Subtotal: Other Exps:	\$0	\$0	\$134,094	\$27,641
Total GF/non-GF:	\$228,685	\$410,360	\$536,533	\$220,809
Program Total:	\$639,045		\$757,342	
Program FTE	0.00	0.00	2.80	2.00
Program Revenues				
Indirect for dep't Admin	\$14,272	\$0	\$7,722	\$0
Intergovernmental	\$0	\$581,775	\$0	\$193,168
Program Revenue for Admin	\$0	\$0	\$0	\$0
Total Revenue:	\$14,272	\$581,775	\$7,722	\$193,168

Explanation of Revenues

MST is funded through a collaborative arrangement between DCHS (Verity), CareOregon, and DCJ (County General Fund), which allows the County to offset general fund expenditures by billing Medicaid for treatment services for eligible delinquent youth \$95,287. The program also includes State Gang Transition Services funds \$85,565 and a Byrne Grant that expires in September 2005 \$12,316.

Significant Program Changes

Proposed reductions in Gang Transition Services funding may require increased general fund support to maintain current service level.