

Program # 25101A - Culturally Specific Mental Health Services			Version 2/14/2005 s
Priority:	Safety Net Services	Lead Agency:	County Human
Program Offer Type:	Existing Operating	Program Contact:	Nancy Winters
<b>Related Programs:</b>			
Frameworks:	School Aged Policy Framework, Early Childho to End Homelessness	od Framework, Poverty	Framework, 10-year Plan

### Executive Summary

Five communities are underserved by the existing provider agencies. These communities are Native American, Asian American, African American, Latino, and Eastern European. This funding is designated to support culturally specific providers in expanding their infrastructure and service capacity so that these populations have greater access to culturally specific treatment.

### Program Description

The five traditionally underserved communities, Native American, Asian American, African American, Latino and Eastern European, do not typically choose to utilize mainstream mental health services. Effective mental health services for these populations must be provided by persons from that community and be integrated with public health and other social services considered acceptable to the community.

The program supports four contracts to culturally specific mental health providers. MIOS provides services to the Latino population. Treatment Not Punishment, operated by Cascadia Behavioral Healthcare, serves the African American population. Asian Health and Service Center serves the Asian and Pacific Islander population. Native American Rehabilitation Association serves the Native American population.

Each of these contracts provides funding for the expansion of culturally specific mental health services. The contracts also fund program development to increase the subcontractors' abilities to secure mainstream mental health funding to further expand services.

#### **Program Justification**

Providing easy access to culturally competent mental health treatment to those individuals whose needs are not met by the existing provider system is the goal of this program, which links to the strategies of the Basic Living Needs outcomes team. The service gaps that are barriers to getting mental health treatment are addressed by ensuring that culturally specific providers are adequately funded. If individuals feel that they have a provider who understands their specific needs, they will feel more comfortable about accessing treatment before they experience a mental health crisis that may require a costly hospital stay. This program fits into the Poverty Elimination Framework by providing adequate healthcare to underserved individuals and families. By providing competent and coordinated health services for children it aligns with the Early Childhood Framework.

#### Performance Measures

Percentage of Verity Enrolled Members in Underserved Community Who Receive Services (Penetration Rate).

### Summary of last year's program results and this year's expected results

Capacity building contracts are designed to increase the percent of enrolled Verity members from specific cultural groups that receive mental health services. This percentage is called the penetration rate. The current percentage of Native Americans enrolled in Verity who are receiving services is Adults 7.0% and 9.7% for Children. The current percentage of Asian Americans enrolled in Verity who are receiving services is 12.3% for Adults and .9% for Children. The current percentage of African Americans enrolled in Verity who are receiving services is 8.1% for Adults and 4.9% for Children. The current percentage of Eastern Europeans enrolled in Verity who are receiving services is 8.1% for Adults and 4.9% for Children. The current percentage of Hispanics enrolled in Verity who are receiving services is 4.8% for Adults and 0.1% for Children. A moderate increase in the percentage of people receiving services is anticipated as the programs develop.

# Program Mandate: 4 Program and Funding Level Choice

This is a Multnomah County Board initiative.

## Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
Program Expenses	2005	2005	2006	2006
Personnel	\$0	\$0	\$0	\$0
Contracts	\$1,000,000	\$0	\$1,000,000	\$0
Subtotal: Direct Exps:	\$1,000,000	\$0	\$1,000,000	\$0
Administration	\$0	\$0	\$31,016	\$0
Program Support	\$0	\$0	\$49,754	\$0
Subtotal: Other Exps:	\$0	\$0	\$80,770	\$0
Total GF/non-GF:	\$1,000,000	\$0	\$1,080,770	\$0
Program Total:	\$1,000,000		\$1,080,770	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Program Revenue for Admin	\$0	\$0	\$0	\$0
Total Revenue:	\$0	\$0	\$0	\$0

## Explanation of Revenues

Funded entirely with County General Funds.

Significant Program Changes