

Priority:	Safety Net Services	Lead Agency:	County Human
Program Offer Type:	Existing Operating	Program Contact:	Ray Hudson
Related Programs:	25028		
Frameworks:	School Aged Policy Framework		

Executive Summary

Youth A&D outpatient treatment is an effective level of care that is the most commonly utilized and the least expensive. Youth treatment provides a different mixture of services than adult with more emphasis on family involvement and developmental issues, but maintains the continuum of individual, group, and family counseling; medication management; and relapse prevention.

Program Description

Youth outpatient services are delivered throughout the County through a network of contracted providers. These providers have specific training in the principles of adolescent development and they avoid mixing adult clients with youth clients. Intake, assessment, level of care placement, counseling (group, individual and a strong family component), relapse prevention, and referral to aftercare self-help groups are all part of the youth outpatient treatment continuum. Services are family-centered and culturally competent. Most of the providers in the network are progressing well toward moving to Evidence Based Practices, as required by State mandate. Most are using some form of Motivational Treatment or Motivational Interviewing as a basis for their treatment model. Youths typically attend treatment two to four times per week for several months. Adolescents are unique and require treatment that has been specifically designed for them. They go through unique and distinctive developmental stages. Their abuse patterns and factors that influence their use differ from adults and require different treatment approaches and components. Most adolescent substance use, for instance, is characterized by bingeing and opportunistic use. Also, young people have more trouble than adults projecting the consequences of their drinking and/or drug use. Youth treatment is designed to encompass age, gender, ethnicity, cultural background, family structure, developmental stage, peer influence, readiness for change, and education requirements. There are different developmental needs for younger adolescents than older adolescents and treatment is delivered appropriately for different age groups. Family members are involved in youth treatment because family history may play a role in the origins of the problems that lead to addiction for the youth.

Program Justification

With the right help, young people can overcome their addictions and lead a healthier life. Effective treatment for adolescents can improve not only their own lives, but the lives of their friends and loved ones. According to federal data, the average age when youth first try alcohol is 11 years for boys and 13 years for girls. Several large-scale school surveys suggest that 4 to 20% of teenagers have either a current or past diagnosis of alcohol abuse or dependence. This program directly addresses basic behavioral health (addictions) needs of young citizens who are at extremely high risk for continued addictions, physical health, and criminality problems. A recent federal study showed that substance abuse treatment for adolescents significantly reduces substance use and criminal activity and prevents future substance use-related problems as the young person transitions into adulthood.

This program fits into the School Age Policy Framework by addressing behavioral health needs of youth, providing information on and referral to other necessary social services, and helping to support and strengthen families by including family therapy.

Performance Measures

Sixty percent of clients will successfully complete treatment. Successful treatment completion has repeatedly been shown to result in reduced drug use, improved health, and reduced criminal behavior.

Summary of last year's program results and this year's expected results

Approximately 350 youth were served last year. FY 06 will be a similar number.

Program Mandate: 4 Program and Funding Level Choice

ORS 430.240 through 430.590; ORS 430.850 through 430.955; OAR 415-051-0000 through 415-051-0155; OAR 415-020-0090; OAR 415-012-0000 through 415-012-0090; and CFAC Service Description A&D 66.

Revenue/Expense Detail

	Proposed General Fund	Proposed Other Funds	Proposed General Fund	Proposed Other Funds
	2005	2005	2006	2006
Program Expenses				
Contracts	\$0	\$0	\$126,489	\$380,644
Subtotal: Direct Exps:	\$0	\$0	\$126,489	\$380,644
Administration	\$0	\$0	\$4,107	\$11,622
Program Support	\$0	\$0	\$11,746	\$13,486
Subtotal: Other Exps:	\$0	\$0	\$15,853	\$25,108
Total GF/non-GF:	\$0	\$0	\$142,342	\$405,752
Program Total:	\$0		\$548,094	
Program FTE	0.00	0.00	0.00	0.00
Program Revenues				
Intergovernmental	\$0	\$0	\$0	\$380,644
Program Revenue for Admin	\$0	\$0	\$0	\$25,108
Total Revenue:	\$0	\$0	\$0	\$405,752

Explanation of Revenues

This program is funded with State Mental Health Grant funds of \$380,644 and County General Fund of \$126,489.

Significant Program Changes

None